

**PROGRESS REPORT AND PLAN OF ACTION**  
of  
**National Sahaja Agriculture Project**



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Editors

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**Sahaja Yoga National Trust, New Delhi**

# सहज कृषि प्रदर्शनी की झलकियां



## IMPACT OF SAHAJA YOGA VIBRATION ON LIVING THINGS



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# 1. Preface

In developing countries, most of the people live in the villages and are dependent on Agriculture for their livelihood. For example, in India about 65% people live in the villages and 46% farmers only have half hectare of land. Therefore, on one hand most of the farmers are marginal and practice of modern agriculture has become unsustainable due to use of expensive inputs. Further, situation of the farmers has been further compounded by use of chemical fertilizers and pesticides, which are polluting the soil and water and even harmful to human health.

At a time of when modern agriculture has become very expensive and unsustainable especially for marginal farmers and polluting the agro ecosystems, a great new hope has emerged in the form of application of Sahaja Agriculture with the blessings of Her Holiness Shree Mataji Nirmala Devi, the founder of Sahaja yoga.

Her Holiness Shree Mataji, Nirmala Devi, founder of Sahaja yoga, shared her experience of Sahaja Agriculture, with out any expenditure, in improving the yield of sun flower crop during her interaction with the scientists of Rahuri Agricultural Univesrity in 1985. On the suggestions of Shree Mataji, National Sahaja Agriculture Project was launched in 2011 to start scientific research and adoption of Sahaja Agriculture in various parts of the country. The utility of Sahaja Agriculture techniques, which can be described as “Zero Budget Organic Agriculture” has been proven by scientific studies of scientists of various state agriculture Universities and research Institutes of Indian Council of Agricultural Research. The greatest verification came by the practical experiences of thousands of farmers themselves, who have adopted Sahaja Agriculture and benefited tremendously. However, we need to continue to validate these claims through further scientific studies by involving several research organizations; at the same time, we need to upscale the spread of Sahaja Agriculture throughout the country with the help of department of Agriculture, which will also improve the purity of agroecosystems in the region even improving overall economy and health of the farmers and even consumers. While, scientific studies have validated the usefulness of Sahaja yoga in improving the productivity of Agriculture, there is a need to use these techniques of Sahaja yoga in other allied fields like Horticulture, Forestry, medicinal plants, Animal Husbandry, Fisheries, bees etc., which will greatly benefit especially the marginal farmers and create more job opportunities and also further improve the quality of environment.

Priority is to the inner transformation of our awareness, however. It is essential to understand that the purpose of Realisation is not to cure or bring about improvement; these are only the side-effects. The purpose of Realisation is, and always will be, to achieve our union with the Divine. Therefore, the most miraculous of all the benefits made accessible to us is this new dimension to our awareness. Shri Mataji explains that in this way, the human being becomes universal: *"Gradually, the person no longer identifies with whatever is false or artificial. Thus, he notices the intrinsic beauty of things, and not their material value as belongings. With full knowledge, he identifies with the truth."* As the subtle centres open, their qualities begin to manifest in us. Innocence, forgiveness,

detached generosity, satisfaction, peace, security, diplomacy and humility will spread like the scent of a flower that blossoms, as our meditation grows deeper and more sincere.

I appreciate the efforts of many Sahajayogi, Sahjayogini and scientists in India and abroad for their hard work and cooperation in making the Sahaja Agriculture a big success. However, we all need to join hands and make it a national and global movement to serve and save humanity and mother nation with the blessing of Adsiskahti. I also appreciate Shri Chand Choudhary, Dr. M.B.Kulkarni , Shri Jagpal Singh Choudhary, Sh. G.D. Pareek, Sahaja Agriculture Expert and Member Secretary of National Sahaja Agriculture Project and Prof. Virendra Singh, Sahaja Agriculture Expert, for the valuable efforts in the compiling and editing the work done under National Sahaja Agriculture Project and Plan of Action for expansion of Sahaja agriculture during next ten years.

**Sh. Dinesh Rao**  
**The Vice-President**  
**Shree Mata Ji Nirmala Devi Sahaja yoga National Trust**  
**New Delhi**

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## 2. Summary

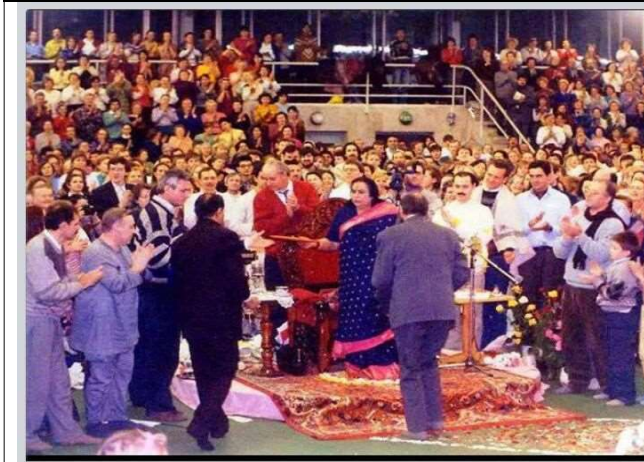
Her Holiness Shree Mataji, Nirmala Devi, founder of Sahaja yoga, shared her experience of Sahaja Agriculture, with out any expenditure, in improving the yield of sun flower crop during her interction with the scientists of Rahuri Agricultural Univesrity in 1985. Consequently, a team of agriculture experts conducted trials and observed very promising results on the effects of sahaja vibrataions on the yields of vibrated crops as compared to non-vibrated crops in several farmers's field in Maharashtra.

Learning from the success of Model of Sahaja Agriculture in Maharashtra, National Sahaja Agriculture Project was launched by National Sahaja yoga Trust in 2011 in the rural areas of various parts of the country. Several hundreds programmes on awareness creation, exhibitions and training camps etc on Sahaja Agriculture were organized under Sahaja Agriculture National Project. More than 3 Lakh farmers in 32 states of India adopted Sahaja Agriculture and reported significant improvement in crop yield and protection from diseases and pests. The promsing results were also reported in animal husbandry and fisheries etc. A number of agriculture Universities and scientists verified the effect of divine vibration on the yields of several crops.

The officials of National Sahaja Agricultural Project convened the officials of Indian Council of Agricultural Research to conduct the scientific experiments at 10 National Agriculture Research Centres in Rajasthan, Maharashtra, Gujarat and andhra Pradesh. The majority of ICAR institutes have also reported positive results of sahaja Agriculture. The results of findings on sahaja Agriculture are being discusssed in the National Seminars on Sahaaj Agrictures. On average basis, the farmers reporetd 10-30% higher yields in vibrated crops like wheat, rice, joawar, pulses, cotton and soyabean than their non-vibrated control crops. The milk prodcution also increased in domestic animals fed with vibrated fodder. The experiences of farmers on sahaja Agriculture needed to be shared with farmers in other parts of the country and globally and practice of Sahaja Agriculture should be upscalled in the country with the help of policy makers and departments of Agriculture etc. after policy intervention. There is also need to use the experience of sahaja Agriculture to expand to other allied sectors like horticulture, medicinal plants, forestry, animal husbandry, fisheries and bee keeping etc. with the help of respective departments of the government and other stake holders.

### 3. About Her Holiness Shree Mataji Nirmala Devi

Mrs. Nirmala Srivastava (née Nirmala Salve) (March 21, 1923-February 23, 2011), also known as “Shri Mataji Nirmala Devi” or only Shri Mataji, was born in Chindwara, Madhya Pradesh, India. In her youth, she stayed in the ashram of Mahatma Gandhi. Like her parents, she was involved in the struggle for Indian independence and, as a youth leader, was jailed for participating in the Quit India Movement in 1942. Shri Mataji married Chandrika Prasad Srivastava, a high-ranking Indian civil servant, who later on served the then Prime Minister late Lal Bahadur Shastri, as Joint Secretary, and was bestowed upon the prestigious honorary KCMG by the queen Elizabeth II and also honoured with “Padma Vibhushan” by Government of India for his dedicated service to the nation. Shri Mataji, an incarnation of Adisakhti “Goddess Durga” opened her “Sahasrar” through awakening of Kundalini divine power on 5<sup>th</sup> May 1970 and established “Sahaja yoga” for the mass self-realization of common man, who are truth seekers. She travelled more than 120 countries, gave self-realization to millions of people globally.



USA. A letter of welcome was granted from the mayor Richard Riordan, on behalf of the people of Los Angeles, 1993



Shri Mataji receives award from Claes Nobel, Chairman of United Earth Organization and grandnephew of Alfred Nobel, creator of the Nobel Foundation



Sahaja Meditation, Albert Hall, London



USA. A letter of welcome was granted from the mayor Richard Riordan, on behalf of the people of Los Angeles, 1993

Shree Mataji Honoured in USA

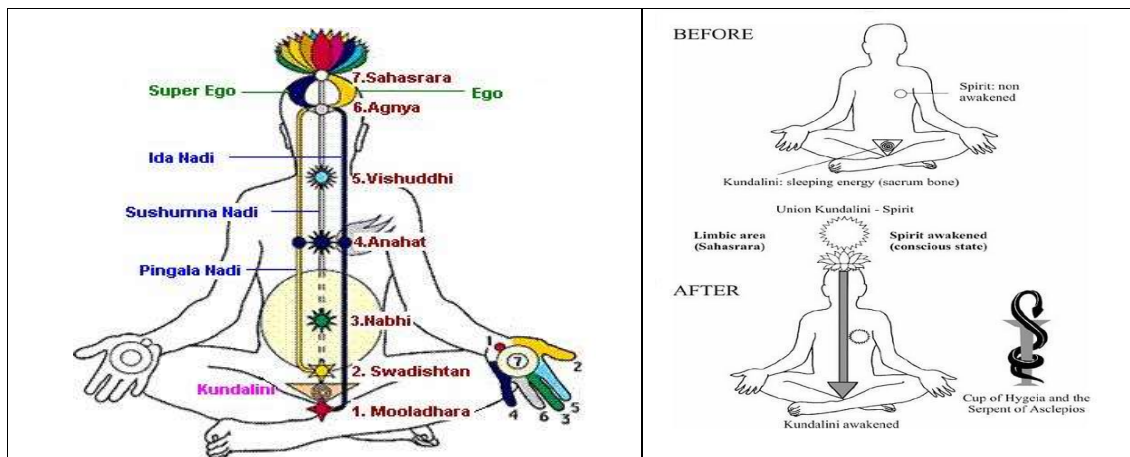
Medical research by various institutes globally has proved her techniques of “Sahaja yoga meditation” effective in improvement of health conditions of men or women, who practice her simple techniques of meditation. She established the International Sahaja Yoga



Health and Research Centre in Mumbai in 1996. In the year 2003, a charity house for the rehabilitation of destitute women and orphan children was set up in Greater Noida (the NGO, Vishwa Nirmala Prem Ashram). The Shri P.K. Salve Kala Pratishthan in Nagpur was also set up as an international music school in the same year by Shri Mataji, to promote Indian classical music and fine art. Until 2004, during her travels, Shri Mataji gave numerous public lectures, and interviews to newspapers, television and radio [1]. Shri Mataji has been honoured with 14 international awards and also nominated twice for noble prize for her service to the humanity.

## 4. About Sahaja yoga

She introduced the concept of Sahaja Yoga in the year 1970 for providing a method of rebirth to the human beings as described in various ancient scriptures and saints like Patanjali, Adi Shankaracharya and Kabirdas. The subtle chakra system in human beings has already been described in Indian ancient spirituality and the same has been incorporated in Sahaja Yoga with broader and enhanced descriptions. Sahaja Yoga is a spiritual procedure which facilitates to feel all pervading vibrations called Chaitanya of 'Primordial power' or Adishakti/Param chaitanya. Shri Mataji described that there is a power behind all functioning in this universe and this primordial power is named as Adishakti. When this all pervading power under the blessings of Shri Mataji gets connected with its own form i.e. kundalini, sitting in dormant condition in the sacrum bone of a human being, this power starts flowing from the human body in the form of vibrations.



### Energy chakra and Awakening of Kundalini power through Sahaja yoga meditation

Uniqueness of Sahaja Yoga is that kundalini awakening can be felt at the physical level in the form of vibrations passing on palms and on limbic area of head. It may look strange to a person who has not yet experienced it but this experience has been felt by the thousands

of Sahaja Yogis spread over the world in about 140 countries [2]. By applying the meditation and practices of Sahaja Yoga, the awakening of Kundalini is strengthened and stabilised in the form of thoughtless (Nirvichar), then doubtless (Nirvikalp) and then selfless (Nirakar) awareness state of the being. These vibrations have positive effect on living and non-living beings of the world. These effects have been checked and tested on water, plants, human beings and domestic animals. The medical research on effect of Sahaja yoga meditation has already been documented by Dr. U.C. Rao in his book “Medical Science enlightened by Sahaja yoga” and global clinical studies on effect of Sahaja yoga meditation on human health have been documented by Dr. Ramesh Manocha of New Zealand.

## 5. Concept of Sahaj Agriculture



Shri Mataji experimented with sunflowers in her farmhouse in Pune, in the late 1980's, and produced tremendously big ones, 50-100% bigger than normal size. This was also reported in the newspaper. The photo shows Shri Mataji with outsized sunflowers [3].



**Fig. Shree Mataji showing the results of divine vibrations on sunflowers**

As every Sahaja Yogi knows, as the vibrations flow through our body, the body temperature cools down. If they have the same effect on water then this means that automatically the temperature of water comes down. This means that cool water, as is well known, has more capacity to dissolve air oxygen than warm water. This extra oxygen at the root of the plants enables better plant growth. Every atom spins at a certain speed and within a certain distance from each other. Every atom in water molecules are spinning at a certain speed and with a certain distance between them. Our interpretation is that the vibrations do nothing else but: – (a) change the speed (b) bring the atoms nearer to each other. This means that the water can stay at the same angle i.e.  $105^\circ$  and  $28^\circ$  but through the nearing of Hydrogen atoms to Oxygen make a big negative field in Oxygen, which in turn gives water the capacity to dissolve insoluble elements and also the capacity to dissolve e.g.  $\text{NH}_4$  or other N-containing elements. This is the reason vibrations give plants a nice green colour. We know from every sort of experiment that the plants which use too much nitrogen become dark green. For the scientifically hard-minded researchers, our interpretation would certainly need further verification; however, for us the most important question is not what changes in the water, but how we can use this wonder water to solve our problems.

The vibrated water also has shown changes in the molecular structure and change in bondage of hydrogen and oxygen, by which more absorption of what is possible by water. Vibrated water doesn't get spoiled when stored for a very long time, like several months.

When this vibrated water is provided to plants, it gives additional effect on plants and animals, if applied along with the direct Vibrations. Vibrated plants remain greener, more vital and show significant lead in their growth over the non-vibrated plants, as researched by Lyudmila Tkachenko, Dr. of Chemistry, Kiev, Ukraine [4] and Dr. Hamid Mehrani-Mylany, Austria [5]. The synopsis of whole text related to Vibrated Water is published in proceedings of the International Scientific Conference “Moral, Health, peace: East-West”, St. Petersburg, 19-20 September 1995, page 119 (Novgorod, Publishing Center of Economics College).

(Source:<http://www.sahaja-yoga-sl.org/benefits-of-sahaja-yoga/agricultural-benefits/research-on-the-effect-of-vibrations-on-water/>)

Sahaja Yoga offers a simple and easy solution. The teachings of SHRI MATAJI NIRMALA DEVI, makes it possible to deal with the living process, and not only to solve the problems of the developed countries, but also offers a great opportunity to solve the problems of the third world. The vibrations are a living thing, as SHRI MATAJI NIRMALA DEVI explains, “They think and act”. The action of vibrations can be compared with a magnetic field with iron. Just as iron atoms react to magnetic fields, the earth, water, fauna and flora, including human beings react to the vibrations flowing from SHRI MATAJI NIRMALA DEVI. Scientifically it can be proven that vibrations radiate from Shri Mataji herself and from Her photograph.

## 6. Vision and Mission of Sahaj Agriculture



**Vision - Mission**



Spread Sahaja Yoga and Sahaj Agriculture in rural area..  
Work for overall prosperity.



Enhanced peace and prosperity among rural community,  
Increased Agriculture, live stock production through Sahaja Meditation.



**Think Global | Act Global**



**Sahaj Agriculture Mission**

Think Global | Act Global




**VISION**




**Enhanced peace & prosperity among Rural Community, Increased Agriculture , Live Stock production through Sahaja Meditation to bring about second Green Revolution.**

**Sahaj Agriculture Mission**  
Think Global | Act Global




**MISSION**



**Spread Sahaja Yoga and Sahaj Agriculture in rural areas.**

To perpetuate, document and facilitate the spreading of the teachings of Shri Mataji Nirmala Devi and the practice of Sahaja Yoga - a meditation founded by Her, and Sahaj Agriculture in rural areas.



## 7. Shri Mataji Nirmala Devi's saying about Agriculture



**Shri Mataji's  
quotes on  
Sahaj Agriculture**



1. Ganesh Puja 1989 – Vibrate water means enlighten power of Ganesha within when we used Vibrated water in agriculture, miracles take place like increase in production, size of flower, bigger size of vegetable even quality improves. Size of flower in sahaja yoga centre became outer sized (bigger size) and very fragrance.  
Excite the principle of Ganesha, seed production increases 10 times or sometimes 100 times (Tip of seed contain Ganesha Tattawa). Even Sahaja Yogi go by feet in ground ( farmer field) get vibrated the earth.
2. CD Pubic Programme Lucknow (UP) 1986  
Excellent work done by Scientists of Rahuri Agriculture Unviersity where 2 feet big size Sunflower received through Sahaja Yoga vibratios. (An ordinary man cannot lift, feel difficulty). It was also reported that wheat and sunflower production increased, become doubled.
3. Mahadevi Pooja Kolkatta 1986  
Shakambhari devi power enlightening in Kolkatta resulting greenery (greenness around us) appearing nearby. Nature has given us beautiful flower, 40 types of flowers found, counting the names..... spreading fragrance in surrounding area.
4. State coordinator seminar, Ganpati Phulle 8 Jan, 2002  
Excellent work being done in Rajasthan on Sahaja Krishi Project.
5. Gudi Padva Puja 5<sup>th</sup> April 2000, Noida India  
During Navratra, Shakambari Devi enlightened their powers by blessing in the form of increasing agriculture production. Their impact appears in agriculture, vegetable resulting big size Brinjal, Tomato and cucumbers.
6. Sankranti & importance of Suryadev dated 14.12.1996.

This is duty of Sahaja Yogi to Plant trees and establish orchard. Sahaja Yogi can spread vibrations through his hand if he will irrigate the field, being more prosperity, greenery and increased agriculture production.

7. **Punya, Value system Gana (PUNE) 1988**

S. Yoga has to be spread in village rather than city. In city it will spread automatically city sahaji spread sy in villages so that problems, sorrow of farmers will be solved. Even we can bring revolution by spreading sahaja Yoga in rural areas.

8. **Chit Apani aur CD 5.3.1975 Mumbai**

Experiment on flower by using vibrated water.

Big sized rose flower received.

9. **CD 23.1.1975 - Importance of Agriculture**

10. **Trigunatimka Puja 1985 – Farmers have common sense, sprinkle eye (Mother earth).**

11. In Sahaja Yoga, you take the ordinary seeds and you vibrate them. If you vibrate them, then what happens that you start getting seeds which are even better than hybrid. I tried an experiment with a sunflower; so I developed a sunflower about 2 kilo weight, about one foot diameter and such big, big seeds, that you can't make them out to be sunflower seeds, so the collective was so amazed at it and they felt that this kind of seed will solve all of our oil problem. (Shri Ganesha Puja, Madrid, Spain, 6/11/87)

12. Material development is much faster and in balance when you get Self Realization. These vibrations help agriculture very much. We have a scientist, Dr. Hamid, in Austria, who has experimented with vibrations and has found out that even non-hybrid seeds give you greater than



hybrid seeds. In my own field I sowed about 60 kilos of rice in one acre of land. And they told me: "It's a special rice. It won't grow here." But it turned out to be 1700 kilos. One of the best rices. And even the sunflower was so big, two feet diameter. You could not lift; one person could not lift. Giving oil six to ten times more! (Press Conference, Sofia, Bulgaria, 25/7/90)

13. If people are saintly they will be always protected by Mother Earth. She will always try to give them whatever they want. You can see in the minute way, that supposing now, in our Cabella here, the roses are of such a big size, such a big size roses, you won't find such big size in the whole world but we have here, such big ones. In Pratisthan we had flowers of sunflower so big as that. One man could not lift it. Now, how is it all this is happening in particular places? It is the Mother Earth who knows who is living here, who is walking on Her back we should say, or on Her soil, because Mother Earth understands vibrations. (Shri Adi Shakti Puja, Cabella, Italy, 25/5/97)

14. **Published on Apr 19, 2012**

From education to agriculture, Shri Mataji explains how Sahaja Yoga experimentation has proven beneficial. She describes the achievements of Sahaj schools in Australia. At Delhi University, Sahaj knowledge can be accredited with doctorate degree.

With regard to agriculture, research shows that crops treated with vibrated water, using Sahaj techniques, produce abundant yields. Shri Mataji also explains the value of using non-hybrid products

15. **Published on Jan 1, 2014**

I mean, look at the flowers, look at the leaves. They are on a tree, supposing. Automatically they will open out to the Sun. Automatically. You don't have to take a leaf towards the sun, not at all. Automatically it opens out. You have seen it everyday. Automatically. Because it requires sun.

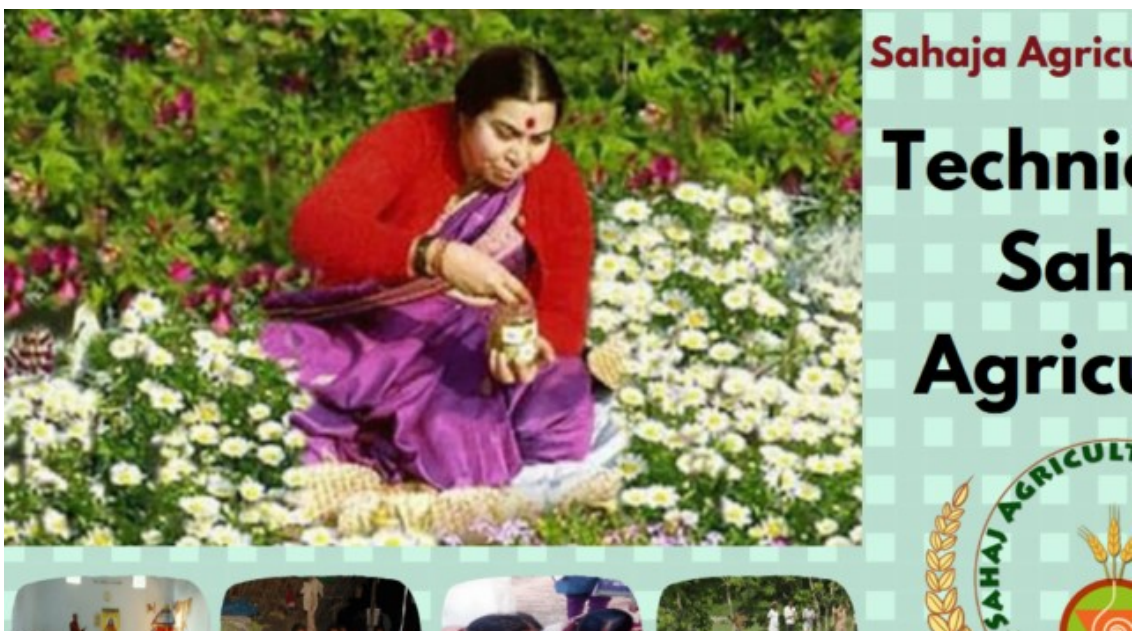
Now you want to have spirit in yourself. You want to get to spirit. So automatically you should, really automatically, if that is your desire, you should be with your own desire, only you should get to the light of the spirit. And should grow in that spirit to know that this is what we have to achieve.

16. Vibrations Water Agriculture Farming Love Growth (Mother Nature Earth) - HH Shri Mataji Nirmala Devi founder of Sahaja Yoga Meditation. "Because he has experimented with vibrated water. I have also shown the experiments in Puna, that I sowed about 60 kilos of rice in 1 acre of area and we got about 1400 kilos of such beautiful rice that I sent it to the university at -- Phule University in Rahuri -- and they said they have never seen such rice. Then they came all the way to see what I was experimenting with, and also the sunflower we got was about, say, two, two feet at least minimum, and so full of big, big seeds. I mean they never looked like the seed of the sunflower, and you had two, at least two persons to lift it, it was so heavy. Now the main thing is we have not used hybrid seeds, because if you use hybrid seeds, you have to take them from some organization, and can be a kind of enslavement, but this is non-hybrid seeds, ordinary seeds. Once you vibrate them..." (HH Shri Mataji Nirmala Devi, Jan 13th 1990)

17. "If people are saintly they will be always protected by Mother Earth. She will always try to give them whatever they want. You can see in the

minute way, that supposing now, in our Cabella here, the roses are of such a big size, such a big size roses, you won't find such big size in the whole world but we have here, such big ones. In Pratisthan we had flowers of sunflower so big as that. One man could not lift it. Now, how is it all this is happening in particular places? It is the Mother Earth who knows who is living here, who is walking on Her back we should say, or on Her soil, because Mother Earth understands vibrations." (Shri Adi Shakti Puja, Cabella, Italy, 25/5/97)

## 8. The Techniques of Sahaja Agriculture

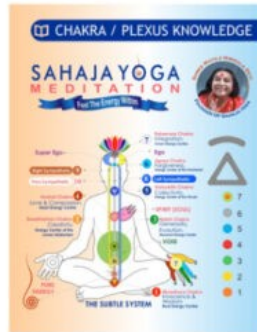


While Shree Mataji guided many Sahajayogi in their experiments during the visit at Rahuri university and also spoke about the importance of Sahaja Agriculture, some dedicated Sahajayogi and Yogini standardized the Sahaja Agriculture techniques with the Shree Mataji:

## Simple Steps to follow Sahaj Agriculture

### STEP I

Learn Sahaja Yoga Meditation, Knowledge of Subtle System, Chakra clearing techniques, Balancing, Manoeuvring Kundalini Shakti



### STEP II

Vibrating seeds, water, coconuts by keeping in front of Shri Mataji's picture overnight. Drawing auspicious Swastik sign on coconut



### STEP III

Bhoomi Pujan, Havan, Burying of auspicious vibrated coconut in the fields,



## 1. General Instructions

1. Use vibrated water in every irrigation.
2. Collective vibration to plants.
3. Four corner of field, dig pit about 1-1½ feet and take coconut, make swastic & laydown in Pit by chanting Ganesh Arthawashesh in each corner of field.
4. Ajwain Dhuni in entire field.
5. Give vibration to earth/ water / crop or living things collectively to develop Ganesh tatwa or electro magnetic power.
6. Chanting of Shakambhari Mantra.
7. May do Havan collectively.

## *Agricultural crops*

1. Take quantity of seed of the crop selected for the expt. enough for the trial area and divide the same into two equal portions (e.g. for groundnut trial, if you take 10 Kg seed for the experimented area divide it in 5 Kg lots). A small lot of one of the portions be kept in an iron container or any appropriate pot and placed before the lotus feet of H.H. Shri Mataji.
2. Put an enlightened lamp before the photo of Shri Mataji.

3. Request the Sahaja Yogis from that house or from the neighboring houses to assemble for a collective prayer & meditation.
4. This collectivity should humbly request Shri Mataji for bringing them in spiritual balance. Meditate for a while and putting the entire attention an Sahastrara the collective has to pray as:

***“H.H. Shri Mataji we pray humbly at your lotus feet that the seeds/feeds/fertilizers, manure/planting material/water place at your divine lotus feet be vibrated with your divine love.”***

- Thereafter, the collective has to chant the Shri Ganesh Atharwashirsh 5 times & at the end Chant the mantra “Shri Shakhambhari Sakshat”
- This vibrated material be then mixed with one of the two lots & kept as vibrated material to be used for the ‘E’ part of experimental field. The other lot be sown without any treatment of Sahaja Yoga in ‘C’ part.
- The tow portions E & C of seeds be utilized for sowing that crop in the field on appropriate time of sowing after the rains/watering as done usually by all farmers.
- The sowing/planting operation can be done by any person, labourer in the farmers/ house not necessarily by the Sahaja Yogis only.
- Simultaneously, 100 seeds of the crop from E & C lots be sown in earthen pots filled with the soil or in a shallow perforated trays filled with the soil and watered. After a few days, the seeds will germinate. On complete germination take a count of the plants germinated both in E & C pots and record this number as germination percentage (e.g. If out of 100 seeds in E pot, 85 germinate as seedlings it is 85% germination & if in C pot 60 seedlings germinate it is 60% germination) Record this observation in the charts in appropriate column.
- The crop in the field in E & C parts should then be cared for as usual giving both the lots exactly similar treatments, watering, spraying of insecticides etc. making not bias at all.
- In both E & C plots, we may get thousands of plants growing. Select 10 (ten plants each from E & C parts at random and tag them. These are the experimental sample plants to be used for recording all observations as given in the charts from time to time. Observations of individual 10 plants each from E & C be recorded meticulously. While recording any observation, take one person with you who is a non-Sahaja Yogi & record necessary observation, in his presence. This would help eliminate the doubt of biasness in experimentation.

- Record & fill in the observation charts & forward the information to the Agril. Committee through “Nodal Sahaja Yogi”. Also snap photos of the experimental plants, crop, ear heads, fruits etc. during the period of experiments photos should depict both crops E & C simultaneously so as to notice differences.
- After completion of the crop period, the total yield of the crop both in E & C portions be carefully recorded & noted down to calculate differences.
- One very important observation is also to be noted. In the recent years, there are number of climatic changes occurring suddenly affecting the crops adversely e.g. sudden heavy rains, long dry spells, storms, damaging winds etc. If by chance, such incidences occur in the area of experiments, please not specifically the influence of these on vibrated and non-vibrated plants/trees.



Fig. Learning and doing meditation and regular visit to Sahaja Meditation Centre is a must



Fig. Vibrating Naryal before placing them in pits on four corners of a field



Fig. Putting vibrated naryals on 4 corners of field



Fig. Vibrating of the field by Sahaja farmers before sowing of crops



Fig. Placing seeds and water before the photo of Shree Mataji over night



Fig. Spraying vibrated water in crop field 4-5 times during the crop season

## *Horticultural/Forestry crops*

1. The basic principles and methods explained above, remain the same for horticultural crops also.
2. If a farmer chooses an orchard already established for the expt he should select, at random 14 trees each in E & C parts & record observations. For such gardenns, it is advisable to use vibrated water or manure, fertilizers for experimentation.
3. If a new plantation is to be undertaken, the procedure of vibrating seeds/planting material & the procedure thereafter will apply here also.

## *Animals*

As far as possible select small animals such as rabbits, IMU Calves or birds like poultry birds etc. for these expts.

1. Select 14 animals/birds under each E & C treatments. The breed, age, kweight etc of these samples both from E & C should be approx similar.
2. Animal science experiments should preferably be conducted on feeding vibrated feeds, water etc.
3. The feed be got vibrated as explained earlier & should be used for samples in E lot, the other being fed with non-vibrated but the similar feed.
4. Start feeding the animals but do not record observations for the first 8 days of experimentation. This is treated as "Pre-experimental period." Thereafter, record all necessary observations carefully & fill in the

charts. At a time, an experiment for 56 days is to be completed., Thereafter, the birds/animals from 'E' are to be shifted to 'C' & those of 'C' to be shifted to 'E' feeding regimes. (i.e. crisscross). This trial will continue for another 56 days.

Please use all the above tips while conducting the Sahaja Agriculture Experiments Also see the pictures in the attached sheet for guidance in recording various observations such as plant height, breadth or spread, germination test etc.

## *Summary of techniques of Sahaja Krishi*

S.No.	Crops/Animals	Method
1	Crops seed (Foodgrain, pulses, Oil Seed, Fibre, Spices, Medicinal Plant , Fodder), Bulbs (Onion, turnip, Sugar beat, garlic, turmeric, flowers etc.) Cuttings (Sugar cane, rose other flower), Seedling (Paddy, vegetable)	<b>Before showing</b> – Put seed and one bucket of water in front of Shri mataji praying them to vibrate or fill your energy / love for 24 Hrs. Next day, spray the water around field to sow the seed. <b>Standing Crop-</b> Regularly take round of field and give vibrations time to time. Pray Collectively and give vibrations. Irrigate the crop through vibrated water. Tagged Shri mataji photograph at suitable place.
2	Vermi compost / Green Manuring / FYM /Composting	Use vibrated water, earthworm may be vibrated in front of Shri Mataji.
3	Vegetable /Horticulture / Floriculture Crops Pine apple, Coco, Coconut, Strawberry, Jack fruit, Arecanut	Use vibrated seeds / cutting, seedling along with vibrated water as mentioned above. Use vibrated water while irrigating crops. Establish Shri Mataji Photograph in Orchard at suitable place. Collective Meditation
4	Tea Garden	Vibrate seedling of tea and water for 24 Hrs. Vibration at the time of Prunings / Plucking of Tea Leaf. Collective Medication Establish SHri mataji Photograph at suitable place and chanting of









		Shakhambari Mantra.
5	Rubber	Use vibrate seed / seedling and water as per procedure given above. Collective Meditation, give vibration to Rubber tree. Give vibration to liquid (sap) of rubber.
6	Black Pepper	Use vibrated water in cutting (vegetable propagation). Use vibrated bulbs. (nodules) for further propagation.
9	Cardamon	Use vibrated seedlings / water. As mentioned above.
7	Kitchen Gardening	Use vibrated seed / seedling and water. Give vibration to plant daily, use vibrated water in pots. Tagging shri Mataji Photograph in suitable place.
8	Fisheries	Put seed of fish and water in bucket in front of Shri mataji, praying them to vibrate it for 24 hour. Pour seed of fish and vibrated water in the pond. Establish shri Mataji Photograph nearby pond. Collective meditation / Give vibration. Pour vibrated water time to time or water element mantra.
9	Poultry	Use vibrated fodder, water as mentioned above.

# 9. Scientific research studies on Sahaj Agriculture in India and abroad

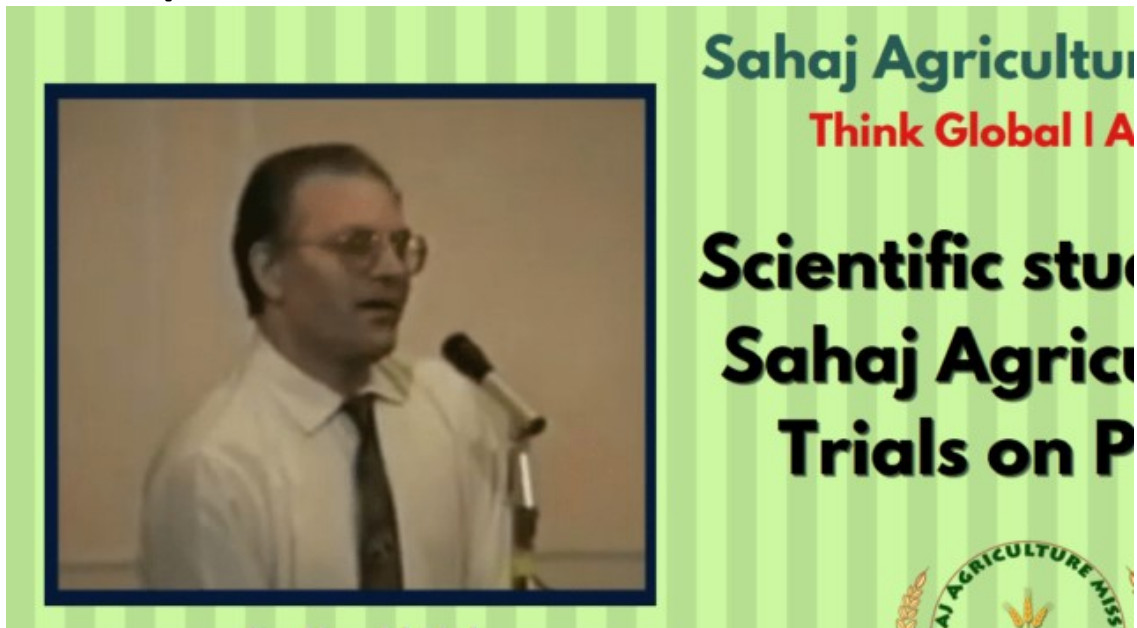
Here is a Pictorial Representation of Scientific Research Studies done on Sahaja Agriculture :

<p><b>Scientific Research Studies on Sahaja Agriculture</b> Dr. Hymid Mylany Vienna, Austria, E</p>  	<p><b>Scientific Research Studies done on Sahaja Agriculture</b> Dr Hymid Mylany Vienna, Austria, E</p> 
<p><b>Scientific Research Studies done on Sahaja Agriculture</b> Dr Hymid Mylany Vienna, Austria, Eur</p> 	<p><b>Scientific Research Studies on Sahaja Agriculture</b> Mahatma Phule Agriculture Vidyapeeth</p> <ul style="list-style-type: none"> <li>● Increased growth in plants 0 - 42.9 %</li> <li>● Increase in germination 0 - 20.0 %</li> <li>● Improvement in different product character 4 - 80 %</li> <li>● Increased Yield of crops 14.7 - 50 %</li> <li>● Improvement in body weight gain in birds</li> <li>● Improvement in egg laying capacity</li> </ul>
<p><b>Scientific Research Studies on Sahaja Agriculture</b> Mahatma Phule Agricultural Vidyapeeth Pune</p>  <p><b>Improvement in egg capacity</b></p>	<p><b>Scientific Research Studies on Sahaja Agriculture</b> Mahatma Phule Agricultural Vidyapeeth, Pune</p>  <p><b>Improvement in body gain in Birds</b></p>
<p><b>Scientific Research Studies on Sahaja Agriculture</b> Mahatma Phule Agricultural Vidyapeeth, Pune</p>  <p><b>Increased Yield from 14.7 - 50 %</b></p>	<p><b>Scientific Research Studies on Sahaja Agriculture</b> Mahatma Phule Agricultural Vidyapeeth, Pune</p>  

<p><b>Scientific Research Studies on Sahaja Agriculture</b> Mahatma Phule Agricultural Vidyapeeth, Pune</p>  <p>Incr germinati</p>	<p><b>Scientific Research Studies on Sahaja Agriculture</b> Mahatma Phule Agricultural Vidyapeeth, Pune</p> 
<p><b>Scientific Research Studies on Sahaja Agriculture</b> Mustard Research Station Bharatpur (Raja</p>  <p>Directorate of</p>	<p><b>Scientific Research Studies on Sahaja Agriculture</b> Central Arid Zone Research Institute Jodhpur (Rajasthan)</p> 
<p><b>Scientific Research Studies on Sahaja Agriculture</b> Central Arid Horticulture Institute Bikaner (Raj</p>  <p>CENTRAL INSTITUTE</p>	<p><b>Scientific Research Studies on Sahaja Agriculture</b> Krishi Vigyan Kendra Dahigaon Ahmednag (Maharashtra)</p> 
<p><b>Scientific Research Studies on Sahaja Agriculture</b> Sahaja Yoga Centre Jaipur ( G.D Pareek, Joint Director Agriculture, Rajasthan G</p> 	<p><b>Scientific Research studies on Sahaja Agriculture</b> Maharana Pratap Agriculture University &amp; Tec Udaipur (Rajasthan)</p> 
<p><b>Scientific Research studies on Sahaja Agriculture</b> Crop Research Centre Gaghara - Ghat District Bahrai Dev Agriculture University Faizabad U</p> <ul style="list-style-type: none"> <li>● Paddy yield increased by 29 %</li> <li>● Wheat yield increased by 28 %</li> <li>● Papaya 1.5 times big size, lustrous without any disease</li> </ul> 	<p><b>Scientific Research studies on Sahaja Agriculture</b> Crop Research Centre Gaghara - Ghat District Bahrai Narendra Dev Agriculture University Faizabad</p> 

<p><b>Scientific Research studies on Sahaja Agriculture</b> Crop Research Centre Gaghara - Ghat District B U.P Narendra Dev Agriculture University Faizab</p> 	<p><b>Scientific Research studies on Sahaja Agriculture</b> Crop Research Centre Gaghara - Ghat District I U.P Narendra Dev Agriculture University Faiza</p> 
<p><b>Scientific Research studies on Sahaja Agriculture</b> Govind Ballabh Pant University Of Agriculture A Technology, Pantnagar, Uttarakhand</p> 	<p><b>Scientific Research studies on Sahaja Agriculture</b> Govind Ballabh Pant University Of Agriculture A Technology, Pantnagar, Uttarakhand</p> 
<p><b>Scientific Research studies on Sahaja Agriculture</b> Govind Ballabh Pant University Of Agriculture A Technology, Pantnagar, Uttarakhand</p> 	<p><b>Scientific Research studies on Sahaja Agriculture</b> Govind Ballabh Pant University Of Agriculture A Technology, Pantnagar, Uttarakhand</p> <ul style="list-style-type: none"> <li>• The gourd is 2.5 to 3 feet long while the control is 1.5 feet long.</li> <li>• Tomato yields</li> <li>• Attractive, enchanting large size flowers yield</li> </ul> 

## 10. Scientific studies on Sahaj Agriculture – Trials on plants



The first study on Sahaj Agriculture was done by **Dr. Hamid Mylany, Vienna, Austria, 1986**, to test the effect of vibrated water on sunflower and maize and it started on May 27<sup>th</sup> 1986. The experiment was conducted on a 300 sq.m piece of land with the foundations of a building nearby. This small farm is situated about 15 km east of Vienna/ Austria. He was able to use the electricity supply from this building to construct an automatic watering system.

### 1. Climate

The weather data were provided by the weather observation station in Enzesfeld, the local town nearby. It was a rainy summer with an average rainfall of 54 mm during the test period. The average temperature during the test period was 24.5 Centigrade and there was a quite' strong north-west wind blowing in this area which dries the soil very rapidly.

### 2. Preparation of the soil.

The soil type was brown earth i.e. sandy, with clay and loam. Because the test area was set up late in the year. it was heavily overgrown with annual and perennial weeds. Therefore, the field was sprayed with Gesparim on 25th May, 1986. For this experiment the soil was not analyzed in more detail because it was not relevant or helpful. As we began late it was not possible to apply any sort of fertilization.

### 3. Pattern of the experiment

As the pattern shows the test area was divided into four strips. each 4 m x 20 m =80 sqm in size. Each strip was subdivided into four plots. each 4 x 5m = 20 sq.m. He selected sunflowers and corn, next to other typical plants of this area 10 be used for this experiment.

### 4. Irrigation

The **Drip Irrigation-system** of the company Salen in Vienna was chosen. The drinking water was brought from the building to the field 3 half-inch hoses were connected. In order to cut out the possibility of human error, the irrigation equipment was working fully automatic with the help of 1 seven-day-timer, two 24 hour timers and three magnetic valves. Seven days after setting up the test area, on June 4th 1986. the irrigation was put to operation. The test area (vibrated and unvibrated strip) was irrigated for 1 1/2 hours from 11.30 am to 2.30 am every night. After 30 days the irrigation was reduced to once a week, again for 1 1/2 hours. On Oct. 26th, 1986 the irrigation was suspended. The water was vibrated at the point.

### 5. Results

As shown in the attached graphics demonstrating different stages of development the vibrated plants were greener. More vital and showed significant lead in their growth over the non-vibrated plants. The vibrated water not only activates the growth of the plants, it also enlarges and improves the sprouting-potential of the seeds. For example, the sprouting ratio of sunflowers rates normally was between 75 and 80%. Through the use of vibrated water, the ratio was increased to 95-100%. Because of the high germination ratio and the strong growth of the plants in the vibrated part of the test area you can well imagine that this caused a severe competition for space, water and light. Such strong competition normally inhibits the growth of plants, but despite the mentioned density in the vibrated area, its yield was 20-25% better than the control plots.

### 6. Discussion

As we all know, there is a tendency for scientists at present time to investigate smaller and smaller areas of flora and fauna very precisely. As a result of these studies there have been written many books on the same matter, but the wider understanding of the interdependence of all living things got lost. Most of our scientific experiments only enlarge the gap between science and nature. Because of these scientists are constantly confronted with new and insolvable problems, such as the slow death of the fields and forests on a large part of our planet.

Prof. Dr. Felix Kreissler from the University of Hannover/Germany and Prof. Kurt Zuckriegel from the University of Agriculture in Vienna/Austria, have reported on the contamination of barely-fields between Hannover and Vienna. Every year the farmers have to use tons and tons of manure to fertilize the farms, in order to keep the increase of the harvest at about 5%. The most successful increase in Vienna is about 5-7%.

A large number of scientists are reporting in alarming statements about the dying forests in Europe. USA and Canada. Most of the scientists have given up further research in this matter, because they cannot understand it. We have difficulty to understand a living process. A great portion of our knowledge is based on dead matter. We are able to produce daily thousands of cars, but no one can create on small living cell; We all know how the ozone-layer in the atmosphere is dissolving and what danger that is to humanity, but our politicians are busy with themselves and have no time for all of us.

We scientists should not be egotistical about our technical achievements – what we praise as a great success today can turn into a great danger for humanity tomorrow – see our arsenals of atomic bombs, chemical weapons and so on.

In contrast the philosophy of SAHAJA YOGA offers a cheap, simple and easy solution for all these problems. **The teachings of SHRI MATAJI NIRMALA DEVI make it possible not only to understand the living process and deal with them but also to solve many problems of the developing countries.**

Vibrations are a living thing as Shri Maja Ji Nirmala Devi explains, **“they think and act”**. The action of vibrations can be compared to the action of a magnetic field on iron. Just as iron atoms react to a magnetic field, in the same way earth. **Water, flora and fauna- including human beings – react to the vibrations that flow from Shri Mataji Nirmala Devi. It has been scientifically proved and accepted that this vibrations radiate from Shri Mataji Nirmala Devi herself as well as from her photograph.**



As you know the connecting angle of the water molecule is 105 degrees and 28 minutes between the Oxygen and the Hydrogen. This angle is very stable and does not change under the influence of physical experiments of pressure, temperature and the like. The capacity of this angle is to dissolve various chemicals in the water. As vibrations are a living thing, our understanding is that through the action of vibrations on water-molecules this connecting angle gets changed to improve the dissolving capacity of water, positively and negatively for chemical substances.

Everyone that practices SAHAJA YOGA can experience that as the vibrations flow through his body the body-temperature cools down. If vibrations have the same effect on water then also water should cool down when vibrations are applied. That means that cool water as it is well known, has more capacity to dissolve an oxygen than warm water. **This extra oxygen at the roots of plants enables better plant-growth.**



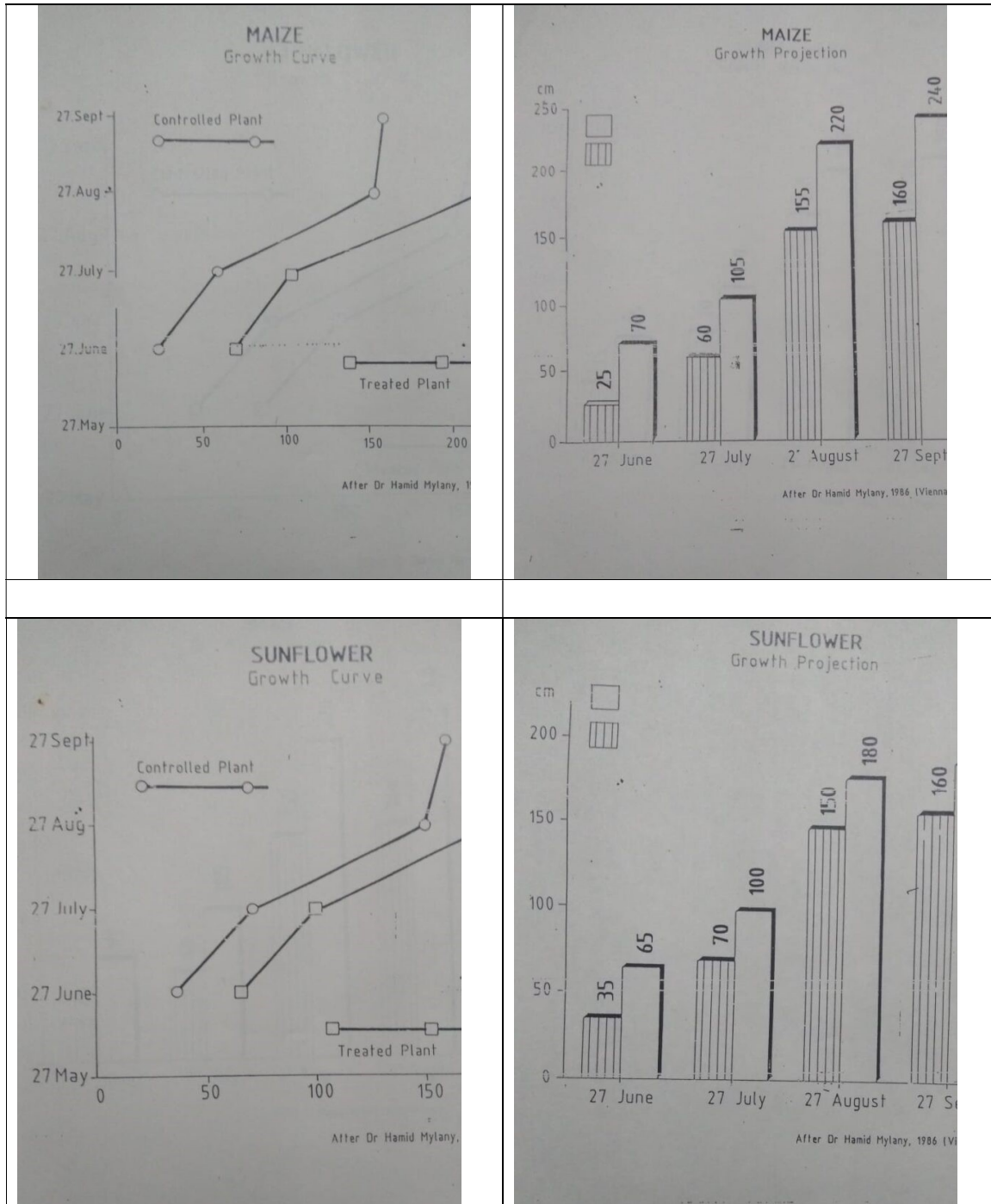
Every atom spins at a certain speed and within a certain distance from each other. Therefore also every atom in water spins at a certain speed and within a certain distance from each other. The interpretation of the action of vibrations on water is that vibrations.

1. Change the speed of the spin of the atoms and
2. Bring the atoms nearer to each other.

That means that the connecting angle within the water-molecule remains unchanged, but a strong, negative field is created through the nearing of oxygen to hydrogen, which in turn gives water the capacity to dissolve (normally un-dissolvable) elements such as  $\text{NH}_4$  and other nitrogen containing elements. This is the reason why vibrations give to plants such a nice green color. As we know from many experiments, it is the nitrogen that gives to plants the dark-green color the more it is applied.

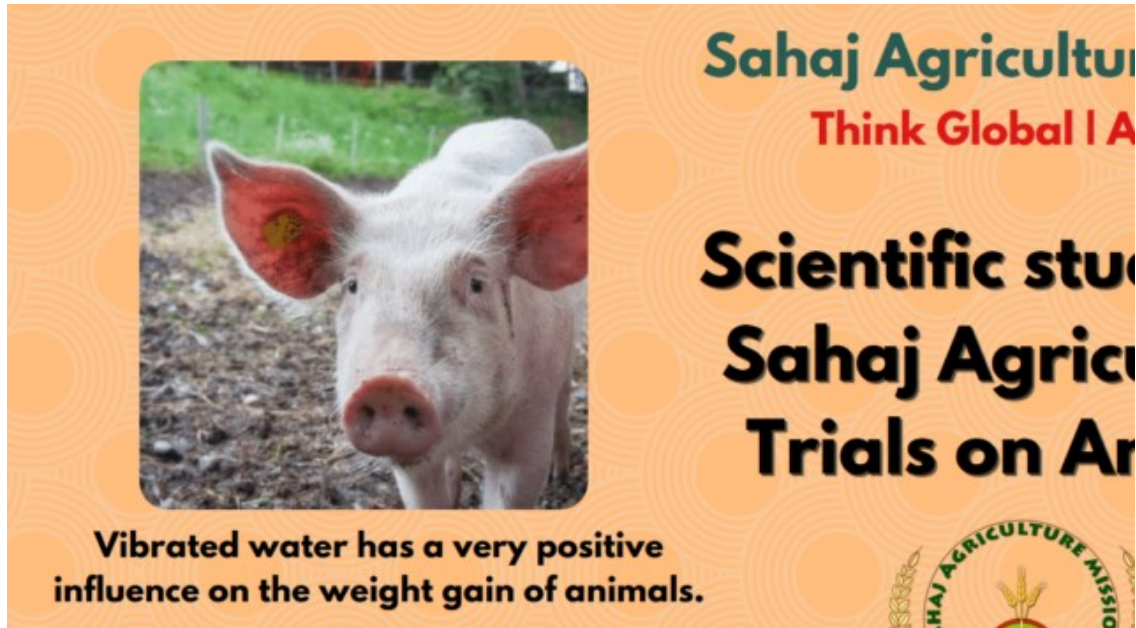
For the scientifically hard-minded researcher our interpretation would certainly need further verification. However, for us the most important-thing is that this vibration really exists and how they act is shown in the attached graphics. We leave the research of what actually changes in the water through vibrations to other scientists. For us it is important to research, how we can use this tremendous potential to solve many of our current problems' not only in agriculture, but throughout the flora and fauna of our planet.

**Dr. Mylany was working in an International Plant Breeding Company in Germany.** He tried a small experiment with vibrated water on tomato plants. He found that the tomatoes watered with vibrated water were much bigger, a better colour and even the taste was excellent compared to the ones watered with normal water. Sowed an area with 6 repeats of **maize** and 6 of **sunflowers** and did the same for the non-vibrated block. Each area was approximately 2 sq. meters. I sowed the field on 27th May, which was much later than the farmers in this area. I didn't have a lot of time to take care to irrigate daily so I made up an automatic irrigation system. This had several advantages in that it was independent from me, if the field was watered by someone they could give more water to vibrated crops. So, as it was run by computer the crops received water at exactly the same intervals. The results of this experiment were that the vibrated field produced much greener plants and were about 1 ft. higher. The average weight of the plants were 25% heavier. With the sunflowers we measured the diameter of the flower to be 2 inches more than the non-vibrated.



Source :<http://www.sahaja-yoga-sl.org/benefits-of-sahaja-yoga/agricultural-benefits/the-effect-of-vibrated-water-on-plant-growth/>

## 11. Scientific studies on Sahaj Agriculture – Trials on Animals



After having had great success with the experiment on vibrated water and its effect on different sorts of plants, Dr. Hamid Mylany, Vienna, Austria, felt encouraged to start a new experiment with vibrated water, this time to research its effect on animals. After all, the plant, animal and human kingdoms are made up from the same elements to begin with, originating all from the Mother Earth.

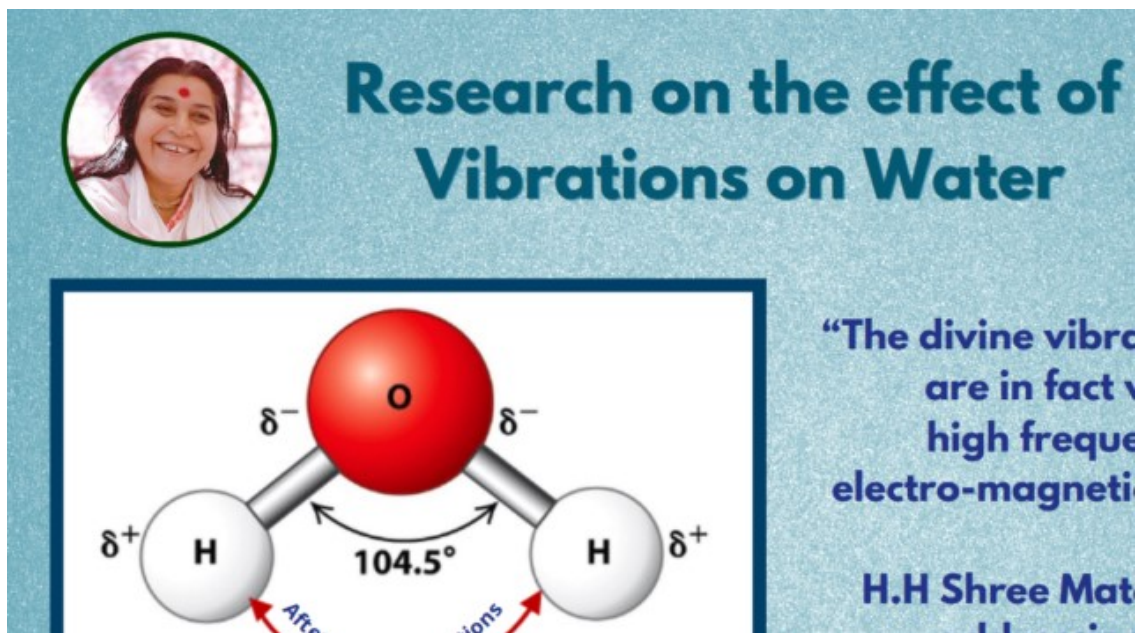
To implement this idea, he made a test with a group of pigs to study the effect of vibrated water on the animals weight-increase. For this experiment he chose a farm in Austria for pig-breeding and pig-fattening. Three litters, crossbreeds of Edelpig-sows and a Pietran-boar and all born within one week, were observed during their fattening period. Each litter was kept in a 3,6 sqm stall. Each stall had a fully automatic feeding- and drinking system.

He fed all the animals upto 20 kg with 25% Soya: 31% barley, 30% corn and 14% vitamins and minerals. After they reached a weight of 20 kg we changed the fodder to 213 corn mash and 113 mixture of 87% Soya, 4% vitamins and minerals and 4% fish meal. After the pigs reached a weight of 30 kg they were put into bigger stalls. The automatic drinking-

system supplied to one of the stalls vibrated water, the other two stalls were supplied with normal drinking water.

The test group of pigs being supplied with vibrated water showed about 15% weight gain as compared to the other two control groups. From this result, it was clear that vibrated water has a very positive influence on the weight gain of animals.

## 12. Research on the effect of vibrations on water



With the spreading of Sahaja Yoga, it became well known that water can be vibrated by Shri Mataji, directly by her personal impact or in the presence of her photograph. Many people experienced medicinal properties of such water. Vibrated water doesn't get spoiled when stored for a very long time, like several months. For estimating the quality of the water Dr. Hamid Mylany, Austria, used standard, worldwide accepted, sanitary chemical characteristics, which indirectly characterize the degree of water contamination. We performed several experiments with various sources of water. Water taken from a tap in Kiev was placed near Shri Mataji's photograph. Obtained results (Table) show that the effect of vibrations has changed all the characteristics. Effect of purification comprised from 10% to 70%. It is remarkable that the strongest effect occurred for the limited characteristics exceeding the permissible allowance, such as the content of iron and ammonia, the water turbidity.

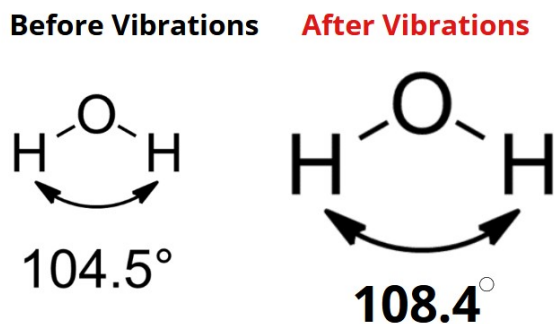
**Table. Experiment on effect of vibrations on water characteristics (Purification from 10 to 70%)**

Characteristics	Initial water	Vibrated water
Permanganate oxidability, mg/1	6.3	5.9
Turbidity, mg/1	1.8	0.7
Chromaticity, deg.	60	47
Iron, mg/1	0.69	0.18
Ammonia, mg/l	0.9	0.6
Active reaction of medium, pH	7.45	7.55
Alkalinity, mg-ekv./1	2.4	2.3

**Source: Dr. Hamid Mylany, Vienna/Austria 1988.**

In the next experiment (Table 2), the water was vibrated by adding to it some water vibrated by Shri Mataji personally. The 15 ml vibrated water were added to 1.5 liters of water taken from the tap. As one can see from the data, Shri Mataji's vibrations had an effect on all the characteristics studied. In this case the change in the values is not large, but the quality of the tap water was good to start with (the initial values were within the norm accepted for drinking water).

#### CHANGE OF ANGLE IN VIBRATED WATER MOLECULE



Many Sahaja Yogis know the fact that the river Barbera in the town of Cabella in Italy was extremely polluted, the local people could not use it. Now there is even trout in this river. The scientists performed an analysis of the water from Barbera river, and also after adding to it some amount of water vibrated by Shri Mataji (5 milliliters in half a liter). The results, presented in Table, clearly show that the quality of the water in the river is now much better than in many sources of purified drinking water. But even here Shri Mataji's vibrations improved all the characteristics. **Vibrations are manifestation of the all-pervading cosmic power a yogi is connected to after getting his self-realization. While vibration express the spiritual power, they also have material manifestations which can be studied by scientific methods.**

**Table. Experiment of effect of vibrations on water characteristics by adding vibrated water (15 ml vibrated water in 1.5 litre tap water)**

Characteristics	Initial water	Vibrated water
Permanganate oxidability, mg/1	3.6	3.4
Iron, mg/1	0.12	0.10
Hardness, mg-eq/1	3.8	3.4
Ammonia, mg/l	0.27	0.09 Nitrides, mg/1
Nitrates, mg/1	1.0	0.9
Chlorides, mg/1	49.0	46.9

Source: Dr. Hamid Mylany, Vienna/Austria 1988.

**Table. Experiment of effect of vibrations on water characteristics by adding vibrated water 5 ml in half litre water of river Barbera (Extremely Polluted)**

Characteristics	Initial water	Vibrated water
Permanganate oxidability, mg/1	1.46	1.84
Iron, mg/1	0.08	0.12
Hardness, mg-eq/1	2.8	2.9
Ammonia, mg/l	0.015	0.018
Nitrates, mg/1	8.5	10

Source: Dr. Hamid Mylany, Vienna, Austria 1988; Lyudmila Tkachenko 1995, Doctor of Chemistry, Kiev, Ukraine.

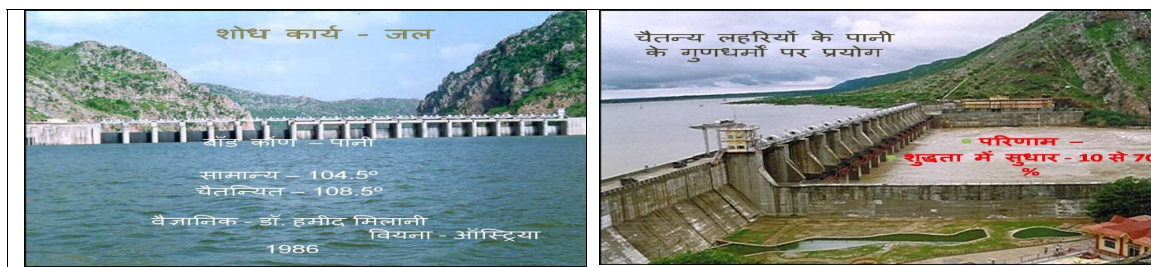




Fig. Experiment adding 5 ml Vibrated Water in half litre of river Barbera (extremely polluted). Result – Quality of water in the river is now much better.

### 13. Sahaja Agriculture Experiments in Maharashtra

Shree Mataji visited Rahuri Agricultural University in 1984-85 and shared her experience of improving the size and yield of sunflower at Pune through using vibrations of Sahaja yoga. Shree Mataji suggested scientists to use Sahaja yoga meditation techniques to start experiments on agriculture and animal husbandry and place the results before the government and farming community of the country. Since then, some scientists and farmers experimented on the effect of vibrations on various agricultural crops.

However, first large scale experiment using Sahaja Yoga techniques on agriculture was set up by a Sahaja agricultural committee formed in Maharashtra in 2010. To start Sahaja Krishi programme in the country, Maharashtra Sahaja Krishi Samiti constituted at MPKV, VC Camp Office, Pune, on 28<sup>th</sup> Dec 2011 as below:

**Table . Constitution of Agricultural Sub-Committee, Maharashtra, 2010**

Name	Department	Committee
Dr. M. B. Kulkarni	Retired HOD, MPKV, Rahuri	Coordinator
Mr. B. D. Kumbhojkar	Retired Prof, MPKV, Rahuri	Member
Dr. Mangesh Deshmukh	Asso. Prof (Hort), Agriculture College, Pune	Member
Mr. Bhaskar Thorat	B.Sc. (Agri), Adviser – Horticultural Services, Pune	Member
Dr. Raj Purohit	Dy. Director (Agriculture), Gujarath	Member
Mr. Ramdas Jadhav	Progressive Farmer, Nashik	Member

#### Methodology

The whole experiments were conducted in the state of Maharashtra as below.

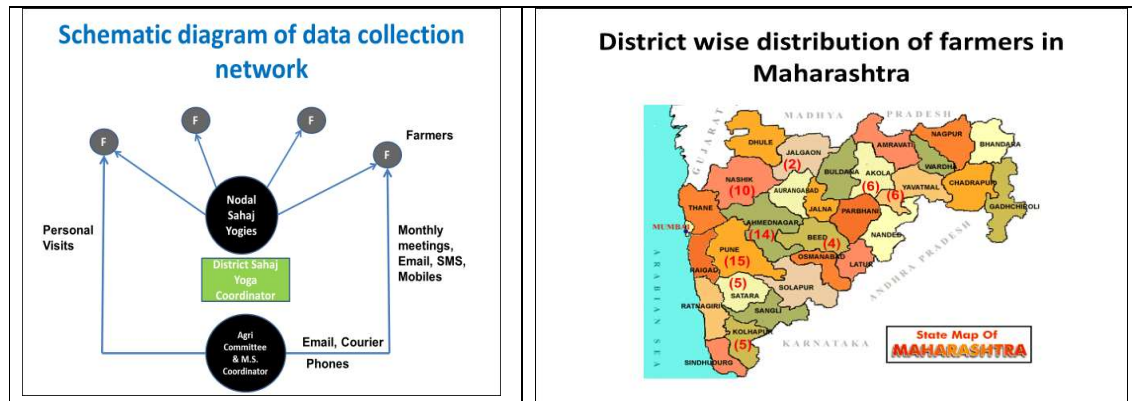


Fig. Scheme of data collection and data collection from farmers in Maharashtra.

- Field experiments were done on Kharif crops which are domesticated plants cultivated and harvested during the rainy or monsoon season
- Systematic data was collected from 66 farmers who reported their observations from time to time
- Comparison was made of 2 lots/groups, namely vibrated (E) and non- vibrated (C); data was compiled , tabulated and compared for the following observations:
  - Germination of seeds
  - Plant growth
  - Crop product characteristics
  - Yield of crops

**Layout of Experiments:** Experiments were divided into 3 categories:

- Agricultural
- Horticultural
- Animal Science
- Scientific methodology for all experiments
- Observation charts formulated
- Precautions in experiments spelled out
- Booklet on guidelines in marathi prepared



- Selection of nodal Sahaj Yogies
- Training to nodal Sahaj Yogies
- Farmer's awareness camps
- Selection of farmers
- Replying farmer's queries
- Detailed instructions to farmers
- Commencement – Kharip 2011

## Findings of experimentations on Sahaja Agriculture

**Table. Crops/Animals/Birds for experiments**

Sr.No.	Crop	Variety/Breed
1.	Soya bean	GS 385, Mahabeej, 9305, JS 335
2.	Sugarcane	C0265
3.	Cotton	BT (Ganesh) (Dhruv)
4.	Jowar	Hybrid
5.	Maize	Dhanya 8255, CP828, DK984
6.	Bajara	No. 163
7.	Onion	Prashant Red
8.	Chavali	Local
9	Geese / Turkey (Immu)	Australian

## Results

Rahuri Agriculture University in Maharashtra has been in forefront of doing research on sahaja Agriculture since long. The germination rate increased in vibrated plants by 12.2% in soyabean, 20% in cotton, 16.6% in maize and 20% in Sorghum as compared to their respective control trials under lab conditions, although there was improvement in case of Bajra and Onion.



**Fig. Drying of seeds of experimental crops**



**Fig. Vibrated and non-vibrated Seeds germination test in seed germinator at IIOR.**



**Fig. Results recording by ICAR Lab at IIMR**

There was an increase in height of various crops, 33.3% in Soya bean, 18% in Cotton, 20% in Maize, 7.7% in Bajra and no improvement in Onion, as compared to their respective control trials. In Sugarcane, the increase was 34.2% in number of nodes after 6 months (Ratoon) and 42.9% increase in average node girth (cm) as compared to non-vibrated control.

There was tremendous improvement of economic characteristics of various crops. In cotton, boll weight increased by 42% (from 3.5 to 5 g), in vibrated Bajra, ear head size increased by 6.5%, weight of 100 grains increased by 39.2% as compared to non-vibrated plants. In vibrated maize, the cob size increased by 7.6% (from 15.4 to 16.6) and weight of 100g increased by 29.1% as compared to control. In vibrated chavali, pod size increased by 25%, (from 16 cm to 20 cm) and weight of 100g increased by 80%, as compared to non-vibrated plants.

**Table. Effect of vibrations on the growth of crops, Maharashtra.**

Crop	No	Parameter	Experimental E (Vibrated)	Control (Non Vibrated) C	% increase over Control
Soya bean	70	Height (cm)	57.5	43.2	33.3
Sugar Cane	20	No of nodes after 6 mths (Ratoon)	23.5	17.5	34.2
		Av. Node girth (cm)	5	3.5	42.9
Cotton	60	Height (cm)	32.8	27.9	18
Maize	70	Height (cm)	180	150	20
Bajara	10	Height (cm)	84	78	7.7
Onion	10	Height	7.5	7.5	

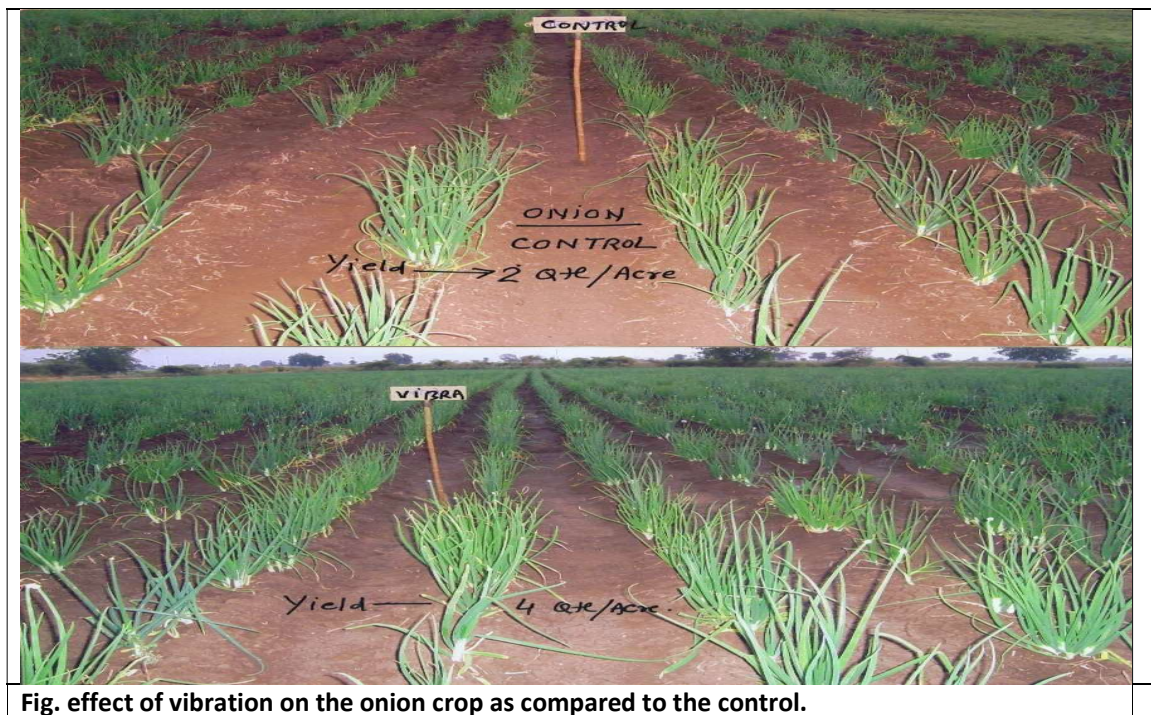
**Table. Effect of vibration on the yields of crops**

Crop	No	Yield / acre Experimental E (Vibrated)	Yield / acre Control C (Non Vibrated)	% increase over Control
Soya bean	70	9.71	7.82	24.2
(Quintal)				
Cotton (Q)	60	11.1	8.0	37.8
(in 2 pickings)				
Maize (Q)	70	26	20	30
Hy. Sorghum (Q)	20	15	10	50
Bajara (Q)	10	16	14	14.3
Onion	10	15	11	36

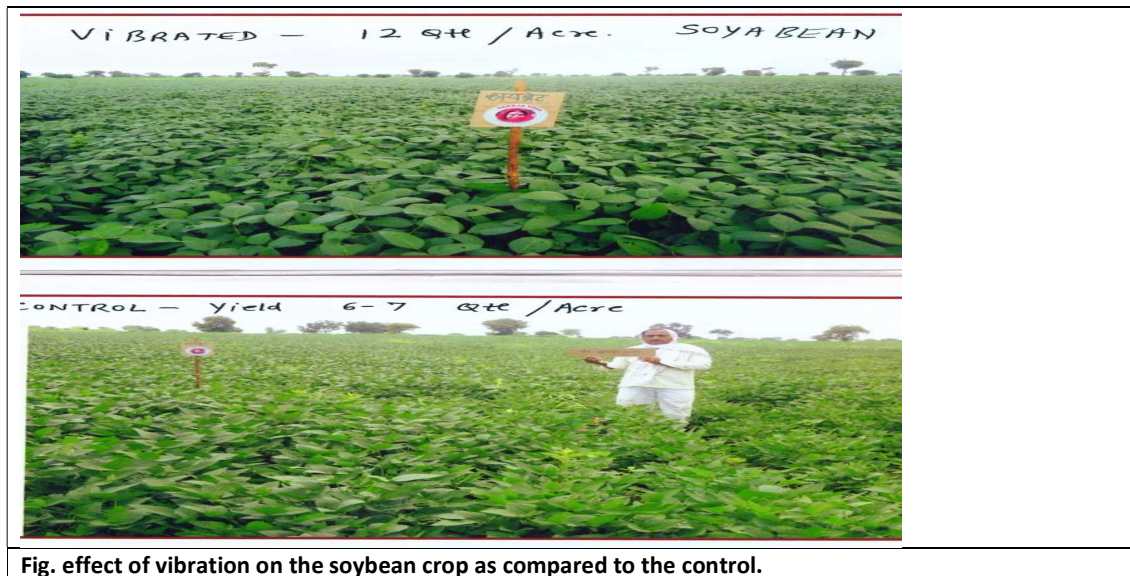
There was tremendous improvement in the yields of vibrated crops as compared to non-vibrated control. In vibrated soybean the yield increased (24.2%) to 9.7 quintals/acre from 7.8 quintals in non-vibrated. In vibrated cotton, the yield increased (37.8%) to 11.1 quintals/acre from 8.0 quintals in non-vibrated. In vibrated maize, the yield increased (30%) to 26 quintals/acre from 20 quintals in non-vibrated. In vibrated maize, the yield increased (30%) to 26 quintals/acre from 20 quintals in non-vibrated control. In vibrated

Hy. Sorghum, the yield increased (50%) to 15 quintals/acre from 10 quintals in non-vibrated control. In vibrated Hy. Sorghum, the yield increased (50%) to 15 quintals/acre from 10 quintals in non-vibrated control. In vibrated Bajara (Q), the yield increased (14.3%) to 16 quintals/acre from 14 quintals in non-vibrated control. In vibrated onion, the yield increased (36%) to 15 quintals/acre from 11 quintals in non-vibrated control.

In other trials, the onion yield increased to 4 quintals/ acre in vibrated crop as compared to 2 quintals/ acre in non-vibrated crop (Fig).

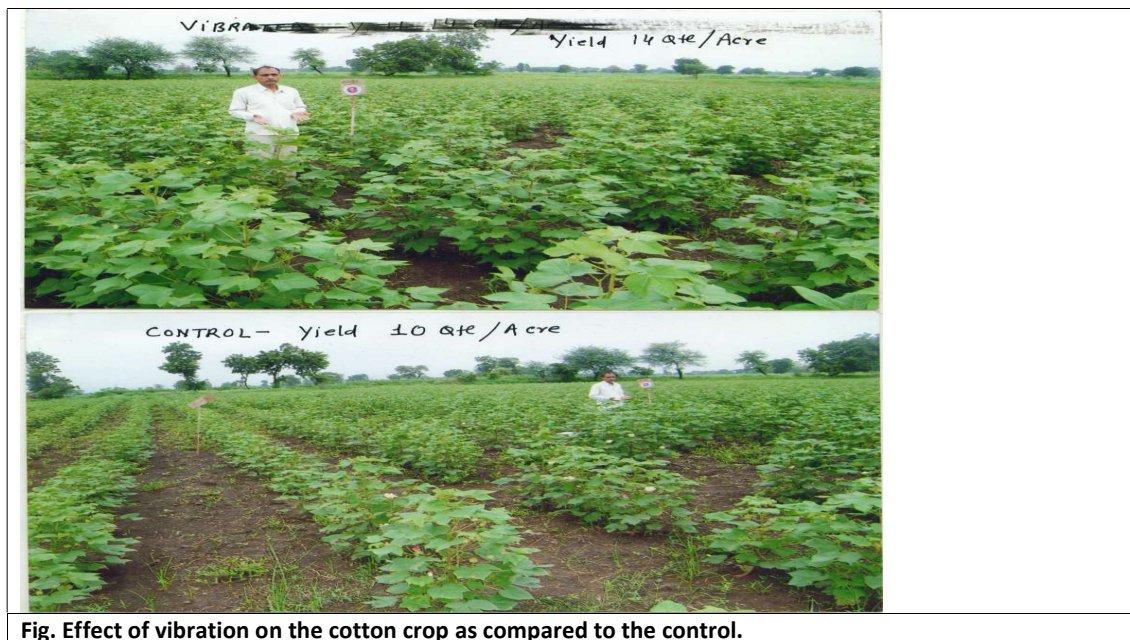


The yield increased in soybeans to 12 quintals/ acre in vibrated crop as compared to 7 quintals/ acre in non-vibrated crop (Fig.).



**Fig. effect of vibration on the soybean crop as compared to the control.**

The crop yield in cotton crop increased to 14 quintals/ acre in vibrated crop as compared to 10 quintals/ acre in non-vibrated crop (Fig.).



**Fig. Effect of vibration on the cotton crop as compared to the control.**

The crop yield in gram crop increased to 10 quintals/ acre in vibrated crop as compared to 7 quintals/ acre in non-vibrated crop (Fig.).



**Fig. Effect of vibration on the gram crop as compared to the control.**

### Overall findings of experiments on agricultural crops

1. Out of 66 farmers, none of the cases showed negative results due to vibrations
2. Mean increased growth in plants in different crops ranged from 0 – 42.9% due to vibrations
3. Increase in germination % due to vibrations was from 0 to 20
4. Different product characters due to vibrations improved by 4 to 80%
5. Yield of crops due to vibrations increased from 14.3% to 50%

### Effect of vibrated feed on growth of Turkey birds (Imu)

Experiments were conducted on the effect of Sahaja yoga meditation vibrations on the growth of body weight of turkey, used for the egg production. The body weight taken twice improved in turkey birds 80-100% higher the control (Table ).

**Table. Effect of vibrated feed on growth of turkey (Emu)**

Animal/Bird	No	Breed	Age	Initial Body weight (Kg)		Final Body weight (Kg)		% increase over initial weight	
				E	C	E	C	E	C
Turkey (Immu)	48	Australian	3 mths	2.25	2	4	4	77.7	100
Turkey (Immu)	58	Australian	20 mths	20.5	20.5	41.5	36.5	105	80



#### 14. Sahaja National Agricultural Project, 2011

As a part of Sahaja Yoga propagation, it was decided at the National Trust level that the Sahaja Agricultural experiments conducted in Maharashtra during 2011 in a planned scientific manner be replicated all over India.

In order to monitor all this activity. It is proposed to constitute a national committee on Sahaja Agriculture.

S.No.	Member Name	Status	Zones
1	Mr. Srichand Chaudhary – National Trustee, Chairman – Prachar Prasar Committee	Chairman	
2	Mr. M.b.Kulkarni – National Trustee Maharashtra State Coordinator	Member	For western India zone (M.S.Gujarath, Goa)
3	Dr. G.D.Pareek – Rajasthan	Member	For Rajasthan Part of Gujarath, Karnataka, M.P.
4	Dr. Mangesh Deshmukh – MS	Member	For M.P., U.P. Zone
5	Mr. T.S.Baba – Andhra Pradesh	Member	For South India- AP, TN, Kerala
6	Dr. Avdhesh Chandra – Rajasthan	Member	For Northern Zone – HP, Punjab, Bihar
7	Dr. Sarangi – Odisha	Member	For Eastern Zone – WB, Odisha, CG, NE States

Dr. G.D.Pareek – Rajasthan will prepare copies of the Sahaja Agriculture Project and will forward a copy each to all the National Trustee who, in turn will forward one copy each to the State Coordinator.

Following the encouraging results of field experiments of 2011 in Maharashtra, the 2<sup>nd</sup> phase of experiments was launched at national level involving universities, scientists and farmers in 10 states of India. Under the second phase of project, 15,000 farmers have been introduced to Sahaja agriculture in the country. To start the second phase of project, 5.0 quintals of high yielding vibrated seeds have been given away to the farmers. The farmers from different states have reported improvement in production by practicing Sahaja agricultural techniques:

1. Better germination and growth of plants/crops
2. Higher crop yields
3. Protection against natural calamities, diseases and pests
4. Improved quality of cattle feed to improve body weight and production
5. Improved health of cattle
6. Increased milk production and egg laying etc.

The National Sahaja Agriculture Project was devised into phases:

**First phase**

1. The model developed on Sahaja Agriculture in Maharashtra may be implemented in other states.
2. At least 100 farmers under National Sahaja Agriculture Project to be involved in Sahaja Agriculture in each state.
3. The first phase of National Sahaja Agriculture Project to be started on kharif crops in 2012.
4. In each state, a team of Sahaja Agriculture scientists, Experts, government officials may be constituted and empowered with basic infrastructure facilities including (posters, literatures, pamphlets, CDs of films and PPPs and internet etc.) for awareness creation, training and extension services to the farmers may be prepared.
5. Tabulation of data and documentation of experiences of stake holders on Sahaja Agriculture.



## **Second Phase**

1. Upscaling the programmes on Sahaja Agriculture in whole country.
2. To submit the project proposals to study the effects of Chaitanaya vibrations on water, soil, climate and environment.
3. To study the effects of Chaitanaya vibrations on the quality of raw materials (fruits, seeds, leaves etc.) and food end products through chemical studies.
4. To study the reasons of farmers committing suicides in Vidarbha region of Maharashtra state and give the solution through Sahaja Agriculture.
5. Preparation of Sahaja Agriculture Implementation booklets with details of Implementation Committees, Nodal officer, training programmes and plans of implementation subject wise (agriculture, horticulture, forestry, animal husbandry etc.) on awareness creation, research and extension, workshops, trainings, collection of feed back, exchanges of information, communication, analysis, monthly plan of action and documentation etc. on Sahaja Agriculture in easy language in each state.
6. The collection of data and information as feed back may be done in proper proforma separately for each field, i.e. Agriculture, Horticulture, Forestry, Animal husbandry and fisheries etc.

Some experiments were conducted on Sahaja agriculture by many researchers in India viz. Dr. M. B. Kulkarni, Ex Professor and Head, Department of Animal Science and Dairy Science, Rauri University, Maharashtra, Sh. G.D.Pareek Joint Director Agriculture, Govt. of Rajasthan, Jaipur, Dr. Avdhesh Chandra, Professor & Head, Department of Agricultural Engineering, SKN college of Agriculture, Jobner, Rajasthan, Dr N. Sarangi, Former Director, Central Institute of Freshwater Aquaculture, Orissa, along with number of progressive farmers of different states. Some of the research trials are discussed here.

**Maharana Pratap University of Agriculture & Technology, Udaipur**

In Rajasthan and Gujarat, ground nut an important crop, used through the country for extraction of oil and for eating roasted seeds. The experiment on effect of vibration on the yield of ground nut was done during 2002. The vibrated plot gave 73% higher yield over control plot, the results being very encouraging for the farmers.



**Ground nut**

#### **RARS LAAM Guntur, Andhra Pradesh**

Experiment was conducted under the supervision of Dr. Adinarayana Sr.Scientist, Pulses RARS, LAAM Farm, Guntur, A.P.

##### **a. Results of vibrated Black Gram: LBG-752**

1. Variety: LBG-752
2. Date of Sowing: 12-12-2014
3. Plot Size: 6 mt x 6 mt.
4. Pods Per Plant Vibrated: 22 Pods, non-vibrated Plant:16 Pods.
5. Total Yield 0.510 Kgs in vibrated a non-vibrated 0.245 kgs from 36 Sq.mt.
6. Vibrated plants are very healthy and having broad leaves, more chlorophyll content, strong root and uniform growth compare to the non-vibrated plants.

##### **b. Results of vibrated black Gram: LBG-623**

1. Variety: LBG-623
2. Date of Sowing: 17-7-2014
3. Plot Size: 6 mt x 6mt.
4. Observation: LBG-623 is susceptible to Yellow Mosaic Virus but in Vibrated Plot up to 50 days, there was no virus attack.
5. Uniform growth, healthy plants, good root growth and Bright Green leaves.



**Fig. Vibrated & Non-vibrated Black Gram seed sowing in RARS LAAM Farm, Guntur, AP**



**Fig. Dr. M.B. Kulkarni's visit during 2<sup>nd</sup> phase of Sahaj Krishi Project at RARS Guntur, AP**



**Fig. Dr.Narayana Edida, ADR and Dr.Adinarayana Sr. Scientist of RARS Guntur, AP, observing the vibrated and non-vibrated Black gram grains on 16-3-2015 at LAMM Farm, Guntur, AP**



**Fig. Vibrated and non-vibrated black Gram Plants in RARS LAAM Farm, Guntur, AP**



**Fig. Dr.Narayanu Edida, ADR and Dr. Adinarayana, Sr.Scientist of RARS Guntur, AP along with Sahaj Krishi team observing the vibrated and non-vibrated blackgram grains on 16.3.2015 at LAMM Farm at Guntur, AP**

### **N.D. University of Agriculture & Technology, Faizabad, UP**

A field experiment was conducted by Dr. Vinod Kumar, Scientist, during *rabi* season of 2013-14 at Crop Research Station at Ghaghraghat, Bahraich, UP of N.D. University of Agriculture & Technology, Faizabad, to study the effect of spiritual power “Paramchaitanya” on growth and yield of wheat crop. The soil of experimental field is sandy loam in texture having pH 8.0, low in organic carbon, available nitrogen, and phosphorus and medium in potash contents. The experiment was conducted in very small plot size 7.5 m<sup>2</sup> (3x2.5m) in kitchen garden with four (4) treatments i.e. T<sub>1</sub>- Non- Sahaj + 75% recommended dose of fertilizer(RDF), T<sub>2</sub>- Sahaj + 75% RDF, T<sub>3</sub>- Non-Sahaj + 100% RDF, T<sub>4</sub>- Sahaj + 100% RDF replicated three times all the treatments. Wheat seed (PBW 273) for sahaj plots vibrated by keeping in front of H.H. shri Mata ji photograph for overnight and next morning sahaj plots

were sown with vibrated seed and non-sahaj plots with non- vibrated seed on 12<sup>th</sup> December, 2013. Vibrated water was sprinkled before sowing as well as during the crop growth in sahaj plots. The recommended dose of fertilizer (RDF) 120 N + 60 P<sub>2</sub>O<sub>5</sub> + 40 K<sub>2</sub> O kg/ha were applied as urea, di ammonium phosphate and muriate of potash. Cultural operations applied same in all the treatments of sahaj and non-sahaj plots.

The data revealed that the grain and straw yield of wheat increased with increase in fertility level from 75 to 100% recommended dose of fertilizer (RDF) of NPK alone and in combination with Sahaj yoga. Application of 75, 100% RDF of NPK in combination with sahaj yoga increased the grain and straw yield of wheat over the corresponding fertilizer doses viz., 75, 100% RDF of NPK by 11.8, 13.8 and 5.8, 7.4% respectively owing to increased availability and absorption of nutrients. Growth and yield attribute viz., plant height and 1000-grain weight were also found higher responsible for increased grain and straw yield of wheat in above treatments. The magnitude of increase in grain yield of wheat with sahaj + 100% RDF of NPK was 43, 27.8 and 13.8% over Non-sahaj + 75% RDF, sahaj + 75% RDF and Non-sahaj + 100% RDF of NPK alone respectively. Higher harvest index was recorded with sahaj as compared to the non-sahaj treatments. The yield obtained with 75% RDF of NPK alongwith treatment of Sahaj yoga was almost same with that obtained with 100% RDF of NPK alone indicating 25% input of RDF of NPK may be saved with the treatment of Sahaj yoga. Overall, there was an increase of 29% in yield of vibrated rice field over the control field.

#### **G.B.P.U.A.T, Pantnagar, Uttarakhand**

Dr. H. R. Jaiswal conducted trials of effect of vibration of Sahaja yoga meditation on pumpkin. The pumpkin was 2.5-3.0 feet taller than the 2 feet in the control. He also got very positive results in tomato, ladyfinger, roses and chrysanthemum.

## 15. Experiments conducted at 10 National Research Centres (ICAR)

On being presentation of Sahaj Krishi work by a team of National trust in Krishi Bhavan, New Delhi on 20<sup>th</sup> May 2015, the DG, ICAR, New Delhi kindly granted permission for conducting Sahaj Krishi Experiments for validation at 10 National Research Centres (NRC) spread over 3 states viz. Maharashtra, Rajasthan and Andhra Pradesh (Telangana). Results of Interim Report on Sahaj Krishi Experiments (IRSKE, 2016) submitted by ICAR is summarised below.



Fig. Meeting with DG, ICAR, Govt. of India, New Delhi



Fig. Meeting with officials at Ministry of Agriculture, New Delhi

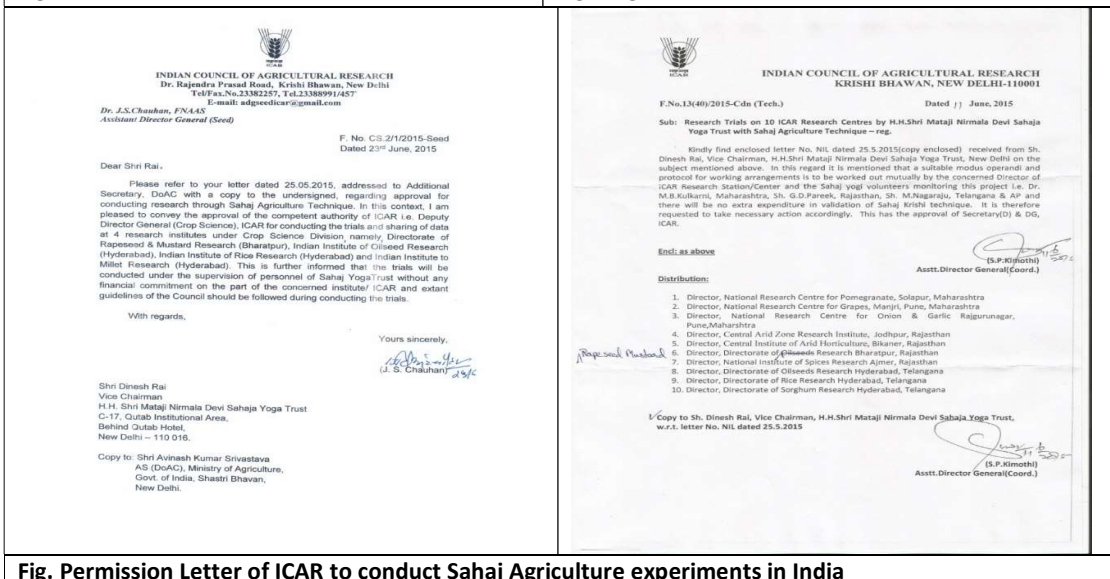


Fig. Permission Letter of ICAR to conduct Sahaj Agriculture experiments in India

### Research Centres involved in Research on Sahaja Agriculture

Accordingly, with initial discussions with the Directors, NRC at all the centres the Sahaja Krishi experiments were laid down and commenced in Kharif 2015 / rabi seasons of 2015. The experiments were conducted as indicated below:

No.	Name of NRC	Crop on which experiment conducted
1	NRC, G, Manjari, Pune, MS	Grapes
2	NRC OG, Rajgurnagar, Pune, MS	Onion & Garlic (Rabi)
3	NRC P, Solapur, MS	Pomegranete
4	IIR, R, Rajendrnagar, Hyderabad, AP (T)	Rice (Kharif)
5	IIOR, Rajendranagar, Hyderabad, AP (T)	Castor & Sunflower (Kharif)
6	IIMR, Rajendranagar, Hyderabad, AP (T)	Sorghum (Kharif)
7	CAZRI, Jodhpur, Rajasthan	Moong (Kharif), Til, Fruit crops
8	National Seed spices Research Centre, Ajmer	Will start in Feb 2016
9	Mustard & Rape seed Research Station, Bharatpur	Mustard (Rabi 2015)
10	Central Institute of Arid Horticulture, Bikaner	Lucerne, Oat



Fig. Meeting on Sahaja Agriculture with Scientists of IIRR, IIOR, IIMR (ICAR)

### Common methodology

At all the NRCs of ICAR, it was decided that the type of experiments, experimental layout, crop, date of sowing/planting, agronomic operations, irrigation schedule, crop protection schedule, lab trials etc will be planned by the scientists I/C nominated by the respective directors. For both experimental (Vibrated) and Control (Non-Vibrated) plots everything will be uniformly done except vibrating the seeds/planting material etc. The vibrating procedure be done openly in the presence of scientists/technicians by a group of Sahaja Yogis from the nearby area. Similarly, while recording observations, a representative each from scientist's side and Sahaja Yoga side will be present. The above protocol was mostly observed at almost all NRCs.

Table. Research trials on Sahaj Agriculture at 10 National Research Centres

Sr. No.	Trials on Kharif crops at the following NRCs (2015)	Trials on Rabi crops at the following NRCs
1	NRC P, Solapur, MS	NRC, G, Manjari, Pune, MS
2	IIRR, Rajendrnagar, Hyderabad, AP/T	NRC OG, Rajgurnagar, Pune, MS
3	IIOR, Rajendranagar,	NSSR, Ajmer, Rajasthan

	Hyderabad, AP/T	
4	IIMR, Rajendranagar, Hyderabad, AP/T	MRSR, Bharatpur, Rajasthan
5	CAZRI, Jodhpur, Rajasthan	CIAH, Bikaner, Rajasthan

### **Results of Sahaja Agriculture at NRCs, ICAR**

The observations on effect of vibration on various parameters such as germination, root growth, plant vigour, plant height, no. of leaves, seedling weights (wet & dry), leaf size, disease resistance etc were recorded from time to time. Similarly, photos were also snapped at various stages of experiments. Although, some crops in these trials are long duration crops, such as grapes, pomegranate, their initial observations have been recorded. Some short duration crops such as Moong, Til, Mustard were harvested and their yield data compiled.

#### **1.NRC, OG, Rajgurunagar, Pune, Maharashtra**

**Observations:** Experiments were conducted on the effect of vibration on the germination rate and growth in the crops Onio and, Garlic.

**Onion:** Onion Seeds were vibrated and sown in the beds on 3<sup>rd</sup> November 2015. The germination test was conducted on 50 seeds on 9<sup>th</sup> November 2015. There was 4% higher germination rate in vibrated over non-vibrated seeds. The observations under nursery conditions were recorded on the growth of 10 plants. There was a 35.5% higher above ground height in vibrated plants than the non-vibrated plants. There were 8.9% more leaves in vibrated plants than non-vibrated plants. There was a 29.3% higher root length in vibrated plants than the non-vibrated plants.

The observations after 65 days of planting on 20 plants found 10.7% higher plant height in vibrated plants than non-vibrated plants on onion. There were 8.5% more leaves in vibrated plants than non-vibrated plants. There was a 85% higher root length in vibrated plants than the non-vibrated plants.

**Garlic:** Onion Seeds were vibrated on 3<sup>rd</sup> November 2015 and sown on 28<sup>th</sup> November 2015 in the beds. There was 20% higher germination rate in vibrated over non-vibrated seeds. The observations after 90 days of dibbling found 18.9% higher plant height in vibrated plants than non-vibrated plants of garlic. There were 14.9% more leaves in vibrated plants than non-vibrated plants.

**Conclusion:** There were significant increase in germination rate and growth of seedlings of vibrated plants than non-vibrated plants of onion and garlic crops.



**Source:** Dr. Kuruppaiah

## **2. NRC, Grapes, Manjri, Pune, Maharashtra**

**Observations:** Experiments were conducted on the effect of vibration on the growth of the Grape crop. Root stocks were vibrated and planted during 1<sup>st</sup> week of December 2015.

The observation of effect of vibration on the growth of plants were taken on 31<sup>th</sup> January 2016 and 26<sup>th</sup> February 2016. The mean of two observations was taken for various parts of the plants. There was a 33.2% higher above ground height in vibrated plants than the non-vibrated plants. There were 61.4% more leaves in vibrated plants than non-vibrated plants. The plant vigour was 31.6% more in vibrated plants than non-vibrated plants.

**Conclusion:** There were significant increase in growth and vigour of vibrated plants than non-vibrated plants of grapes.

**Source:** Dr. Som Kuwar & Dr. Saha

## **3. National Research Centre, Pomegranate, Solapur, Maharashtra**



Effect of vibrated water on management of pomegranate bacterial blight was studied. Vibrated water by itself did not show any inhibition zone. The treatments with chemicals with and without vibrated water formed almost similar zones (33.67 and 34.67mm), thus indicating vibrated water did not have any effect in controlling the blight pathogen *Xanthomonas axonopodis* pv *punicae*. Vibrated water was not found effective in inhibiting *X. axonopodis* in vitro nor reducing bacterial blight in pomegranate plants under challenge inoculation in planta. However, survival rate of cuttings in vibrated treatment showed an increase of 6.68 %. Results on growth studies are awaited.

**Conclusion:** There was no effect of vibration on the control of blight pathogen *Xanthomonas axonopodis* pv *punicae*. The survival rate of Pomegranate cuttings in vibrated treatment showed an increase of 6.68 % over non-vibrated ones. The results on the effect of vibration on the growth studies are awaited.

**Source:** Dr. Singh and Dr. Jyotsna Sharma.

#### 4. Indian Institute of Rice Research (IIRR), Hyderabad

**Observations:** Experiments were conducted on the effect of vibration on the growth of the Rice Variety Hyb. DRRH-3.

All parameters were recorded and analysed. There was no significant difference in the parameters. However, treated (Vibrated) seeds were found promising in terms of most of the parameters except root length. Further critical studies are required.

**Conclusion:** There was no significant difference in the growth parameters of vibrated and non-vibrated plants of rice. Further critical studies are required.

**Source:** Dr. R Mahender Kumar, Dr. K Surekha

#### 5. Indian Institute of Oil Seeds Research (IIOR), Hyderabad



**Observations:** Experiments were conducted on the effect of vibration on the growth of Castor (DCH-519) and Sunflower (KBSH-53) on 3<sup>rd</sup> Aug 2015.

In these experiments too, except one or two parameters, all treated seeds (vibrated) had shown a promising trend of germination and growth.

**Conclusion:** There was positive results of effect of vibrations on the crop in majority of parameters, except few parameters.

**Source:** Dr. S N Sudhakar Babu with his team.

## 6. Indian Institute of Millet Research (IIMR), Hyderabad

**Observation:** Experiments were conducted on the effect of vibration on the growth of Sorghum on Aug. 2015. No significant effect of Sahaja Yoga vibration on seedling growth and vigour. Field experiment vitiated due to heavy shoot fly attack as the experiment was sown very late. We can repeat the same experiment in future.

**Conclusion:** No conclusion due attack of heavy shoot fly and experiment is needed to be repeated.

**Source:** Dr. Raghunath Kulkarni.

## 7. Central Arid Zone Research Institute (CAZRI), Jodhpur, Rajasthan



**Observation:** Experiments were conducted on the effect of vibration on the growth of Til, Moong, Fruits-Aonla, Lasoda during Kharif season of 2015. There was a 42.9% higher yield in vibrated plants of Moong crop than the non-vibrated plants.

**Conclusion:** There was significant increase in yield of vibrated moong crop than the non-vibrated crop. The results of other crops are awaited.

**Source:** Dr. A K Sharma.

**Note:** Results of National Seeds Spices Research Station (NSSR) Tabiji Farm, Ajmer, Rajasthan, Mustard and Rape Seed Research Station (MRSR), Bharatpur, Rajasthan and Central Institute of Arid Horticulture (CIAH), Bikaner, Rajasthan are awaited.

**Overall results**

Overall results of effects of Sahaja yoga meditation vibration on majority of the crops are very positive and more promising in vibrated crops than in non-vibrated crops. Final data and results, yet to be received from the scientists.

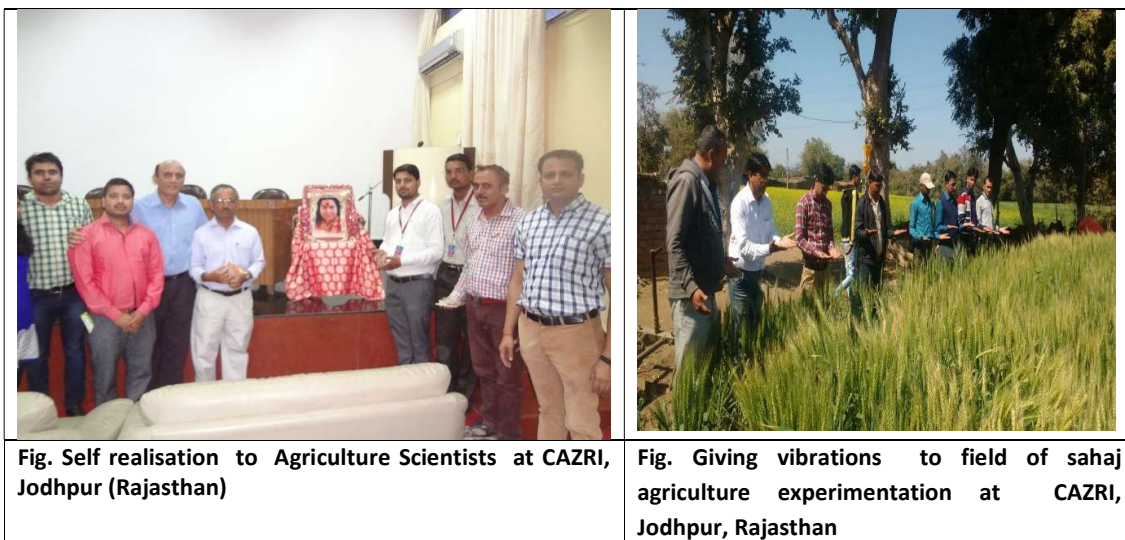


Fig. Self realisation to Agriculture Scientists at CAZRI, Jodhpur (Rajasthan)

Fig. Giving vibrations to field of sahaj agriculture experimentation at CAZRI, Jodhpur, Rajasthan

**Table. Summary of the results of effects of Sahaja yoga meditation vibration on the growth of different crops at 10 ICAR NRCs, India.**

No	NRC	Crop Tested	Differences by means (% increase over control)	Statistical Inference	Remarks
1	NRC, Grapes, Majari (MS)	Grapes	31.6 to 61.44 % in growth parameters	Long term experiment will continue till yield stage.	-
2	NRC, OG, Rajgurunagar (MS)	Onion & Garlic	4.0 to 85 % in growth parameters & 3.4 % in yield of onion	-	In garlic non significant difference in yield
3	NRC, P, Solapur (MS)	Pomegranate	06.68 in survival rate of cuttings	Long term experiment will continue till yield stage.	-
4	IIR, R, Hyderabad	Rice	04.72 in seedling vigour	Non significant.	Only Lab test taken. Field trials up to yield to be tested.

5	IIOR, Hyderabad	Castor Sunflower	11.46 in seedling vigour, 05.67 in germination	Non significant.	Only Lab test taken. Field trials up to yield to be tested.
6	IIMR, Hyderabad	Sorghum	01.0 in germination	Non significant.	Only Lab test taken. Field trials up to yield to be tested.
7	CAZRI, Jodhpur, Rajasthan	Moong, Sesamum, Aonla, Lasoda	42.90 % in yield of Moong. Data on other crops awaited.	-	-
8	NSSR, Ajmer, Rajasthan	-	-	Detailed data awaited.	-
9	MRSRS, Bharatpur, Rajasthan	Mustard	11.0 % in yield	To be continued	-
10	CIAH, Bikaner, Rajasthan	Lecerne & Oats	-	Detailed data awaited.	-

#### ICAR – National Research Centre on Camel, Bikaner



#### Report of findings of a collaborative experiment on studying the effect of vibrated seed and water by Sahaj Yoga Treatment on the yield of green and dry fodder and seed production in Rabi Oats.

An experiment was conducted on Oats Fodder Crop grown at NRC on Camel, Bikaner during 2015 Rabi Season. The treatment consisted of:

1. A-Sowing of vibrated oat seeds irrigated with vibrated water.

2. B-Sowing of non-vibrated seeds irrigated with vibrated water.
3. C-Sowing of vibrated seeds irrigated with non-vibrated water.
4. D-Sowing of non-vibrated seeds irrigated with non-vibrated water.

Each treatment plot had four main replications from 1 to 4 of which 1, 2 and 4 replications were used for studying the fodder production parameters and 3<sup>rd</sup> replication of each treatment plot was kept till maturity of oats crop and seed production and dry fodder production was recorded for each treatment plot. The experiment for fodder production continued till second cut of fodder was obtained i.e. from 103 to 111 days of sowing and first cut was taken at 60 to 68 days after sowing. The green fodder yield (quintals) for 1<sup>st</sup> and 2<sup>nd</sup> cut of oats fodder for A to D treatments was 1556 & 445, 1598 & 480, 1337 & 419 and 1320 & 339, respectively. The dry matter yield (quintals) for the first and second cut for respective groups were 218.77 & 78.38, 233.29 & 77.21, 179.66 & 63.72 and 184.72 & 48.33 indicating that the total green and dry fodder yield was highest in treatment B group followed by A, C and D. The seed production (Kg) was highest for treatment D (36.90) followed by C (33.20), A (31.10) and B (30.20) and dry fodder yield (kg) was highest for D (90) followed by 60 kg obtained in both A and B treatments and 50 kg obtained in C.

**Table . Effect of Vibrated seed and water on the green, dry fodder yield and seed production in Rabi oats**

Treatment	Green Yield (Kg)		DM( %)		Dry yield(Kg)		Seed Yield(kg) A3 TO D3	Dry fodder Yield(kg) A3 TO D3
	I Cut 20-2to 2.3.16(60- 68 d)	II Cut 5.4 to 11.4.16(103- 111 d)	I Cut	II Cut	I Cut	II Cut		
A1	360	195	17.94	21.33	64.58	41.59	31.100	60.000
A2	562	150	14.80	16.82	83.18	25.23		
A4	634	100	11.20	11.56	71.01	11.56		
TOTAL A	1556	445			218.77	78.38		
B1	340	185	14.03	19.61	47.7	36.28	30.200	60.000
B2	619	165	17.13	13.95	106.03	23.02		
B4	639	130	12.45	13.78	79.56	17.91		
TOTAL B	1598	480			233.29	77.21		
C1	365	169	14.02	17.60	51.17	29.74	33.200	50.000
C2	412	150	13.79	13.24	56.81	19.86		
C4	560	100	12.80	14.12	71.68	14.12		
TOTAL C	1337	419			179.66	63.72		
D1	470	134	12.66	14.29	59.5	19.15	36.900	90.000

D2	350	100	16.62	14.10	58.17	14.1		
D4	500	105	13.41	14.36	67.05	15.08		
TOTAL D	1320	339			184.72	48.33		

**Source:** Dr. N. V Patil, Dated 22/11/2016

### **Overall Inferences**

1. Both the teams i.e. scientists and Sahaj Yoga volunteers took lot of and sincere efforts to conduct the experiments at all NRCs during the first year of these trials.
2. Data available from 8 NRCs reveal that various parameters studied on different crops and their initial trend related to vibrated group showed from 1 % to 85 % increase over control group.
3. Laboratory test results from 3 NRCs in Hyderabad and at Solapur (bacterial blight) showed Non Significant results. But the scientists suggested that since the overall growth and vigour of the plants in vibrated group appeared more promising, the experiment should be continued.
4. Moreover, all the trials (at Hyderabad) are related to germination and seedling stage only. Hence, field trials up to yield stage need to be conducted.
5. Three NRCs (Sr. No. 1, 3 and 10) have undertaken experiments on long duration crops. Their validations up to yield stage need to be continued.
6. Last but not the least; the scientists/officers will have to take into consideration the basic principle involved in these experiments.

Sahaj Krishi experiments are fundamentally based on the Spiritual Divine Power (i.e. The Paramchaitanya). The phenomenon of its working, its mechanism and mode of action as well as the stage(s) on which impact will be visually noticed are still unknown and unexplained factors. Similarly, the positive impact observed in a particular case cannot be streamlined and repeated as such as a fixed operational system of the Paramchaitanya. One thing, however, is certain and undisputed i.e. it definitely shows a positive impact on agricultural production as experienced by hundreds of farmers. In this case too an increase in vibrated group ranged from 1% to 85 %. Many of the scientists involved in these experiments are probably unaware of these facts.

Under these circumstances, it is felt sincerely that with proper mutual understanding by both the groups (i.e. the Scientists and the Sahaj Yogi Volunteers)

validation trials could be conducted in the coming years for confirmatory results. It may therefore be inferred that in view of increasing production, productivity and quality of agricultural crops, Sahaj Krishi experiments on the present NRCs be continued till we get the final yield and quality data. Few photographs related to these experiments have been presented in Annexure for perusal.

**Difficulties / Problems faced during 1<sup>st</sup> Year of Sahaj Krishi Experiments:**

During the course of one year (2015-16) certain problems / difficulties that were discussed by the experimenting scientists / Sahaj yogi volunteers verbally are narrated below:

1. Lack of communication and proper understanding between scientists and SY teams
2. Slight negligence on the execution of some of the trials
3. Data recording not up to the expected level
4. Doubts expressed by scientists on certain observations.

**Corrective measures to overcome:**

The above observations, by and large, have been noticed on the majority of the centres except a few. The same could very well be discussed and remedial measures to overcome them found out by mutual understanding in a meeting.

**Conclusions**

Though it will be too early to draw final conclusion on Sahaj Krishi experiments, one fact remains undisputed that the “Divine Power” (Param Chaitanya) emitting from H. H. Shri Mataji Nirmala Devi, which is the base of Sahaj Krishi experiments is certainly working out and creating positive responses in crop production and productivity. Thus, there is a hope now to utilize this technique on large scale spread over large area for the benefit of Indian Agriculture, in general, and the poor farming community, in particular.

**16. Limitations/Requirements of Sahaja Agriculture**

1. The experiments should be divided in three parts like agronomic, horticulture and animal Science.
2. Every Sahaja Yogi participating in experiment must meditate regularly, attend collectivity, keep himself in balanced spiritual state and follow Sahaja yoga



practices.

3. He/she should confirm daily that the vibrations are clearly felt during experimentation.
4. In any of these experiments two identical (with respect to soil, water, temperature, humidity etc.) plots viz. experimental (vibrated) and control (non-vibrated) must be formed for comparison and possibly the control plot should remain on farm of non-sahaja yogi farmer with considerable distance.

## **17. National Programmes of Sahaja Agriculture Parchar and Parshar**

National Programme of Sahaja Agriculture Parchar and Parshar was launched as National Sahaja Agriculture Project by National Trust of Sahaja Yoga, which constituted a team of agriculture scientists and experienced workers under the Presidentship of Shrichand Chaudhary and Secretary Sh. G.K. Pareek in 2012 with aim to upscale the expansion of Sahaja Agriculture in the country.

In India most of our population is still living in villages with farming and animal husbandry as the main source of livelihood. When production and productivity in agriculture has almost stagnated and rather reducing, Sahaja Krishi becomes critical and looking as only resort. This can bring breakthrough in agriculture resulting in second green revolution by adopting Sahaja Krishi in rural community. The experimentations in this context were started in the 1980's and initiated by Shri Mataji herself. Since then it has taken a shape of movement and established as an essential part of Sahaja Yoga practices worldwide.

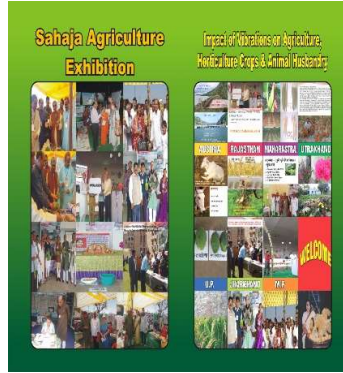
Presently, the Sahaja Krishi Project has been given an umbrella under the name of 'Sahaja Agricultural Project' and a core 'National Sahaja Agriculture Project Team' has been formed to oversee and compile experiments. A plan of action has already been discussed and prepared in the form of 'Booklet on Guidelines' providing scientific base for conducting experiments.

Under the project more than 1,50,000 farmers have been introduced to Sahaja Yoga and Sahaja agriculture through these seminars, workshops, mutual contacts, rallies, chetana yatras, phone/emails etc. to bring momentum in the programme and nearly 15,000 copies of booklets and stickers, 2.5 lakh pamphlets and 4.5 to 5.0 quintals of high yielding vibrated seeds have so far been given away to the farmers, all over India. Several hundred programmes on exhibitions, trainings interaction meetings and workshops were organized for the policy makers, agriculture officials and farmers to popularize the Sahaja Agriculture in the country (Annexure 1).

Posters, training booklets and training materials were prepared and exhibitions on Sahaja agriculture were organized in Krishi melas (Annexure-2). Contacts were made and self-realization was given to policy makers, agriculture officials and farmers. Further,

awareness about the potential of sahaaja agriculture was created through newspapers. The visits of officials and progressive farmers were conducted to the fields of Sahaaja farmers.

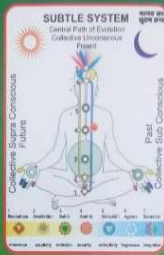




Books of Sahaja Agriculture Guide and Developments of National Sahaja Agriculture Project

**SAHAJA YOGA** Today's  
Maha Yoga

Experience  
the Joy  
and  
Peace of  
Self-realization



**Let us teach Rural India to take up  
Sahaja Yoga & Sahaja Agriculture**

**Benefits of Sahaja Agriculture**

- Higher Food Production
- Better Growth of Plants
- Germination Improved
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**गाँव-गाँव में अलख जगाओ  
सहज योग/सहज कृषि फैलाओ**

**सहज कृषि से फायदा**

ज्यादा खाद्यान्न उत्पादन, पौधों की अच्छी बढ़वार/विकास प्राकृतिक आपदाओं से सुरक्षा, पशु आहार की क्वालिटी में सुधार, पशुओं के स्वास्थ्य में सुधार, रोग प्रतिरोधकता, दुग्ध उत्पादन में बढोतरी

**सहज योग आज का महायोग**

आत्म साक्षात्कार  
द्वारा  
जीवन में संतुलन,  
शांति  
एवं  
आनंद प्राप्त करें



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# SAHAJA YOGA Today's Maha Yoga

Experience the Joy and Peace of Self-realization

7. Sahasrara (Integration) Ego  
 6. Agnya (Forgiveness/Sacrifice) Ida Nadi  
 5. Vishuddhi (Collectivity) Pingala Nadi  
 4. Anahat (Love/Security) Sushumna Nadi  
 3. Nabhi (Sustenance) Atma - Spirit  
 2. Swadhisthan (Creativity) Void  
 1. Mooladhara (Innocence) Kundalini

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## गाँव-गाँव में अलख जगाओ सहज योग/सहज कृषि फैलाओ

### सहज कृषि से फायदा

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 पौधों की अच्छी बढ़वार/विकास  
 प्राकृतिक आपदाओं से सुरक्षा  
 पशु आहार की क्वालिटी में सुधार  
 पशुओं के स्वास्थ्य में सुधार, रोग प्रतिरोधकता  
 दुग्ध उत्पादन में बढोत्तरी

### सहज योग आज का महजयोग

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 द्वारा  
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Pamphlets on Sahaja Agriculture



**H.H. Shri Mataji Nirmala Devi**

**What is Sahaja Yoga ?**

Sahaja means 'in-born, spontaneous' and Yoga is 'Union of our attention with the Divine'. Every human being is born with a subtle mechanism inside, which, when awakened, gives Sahaja Yoga - 'Spontaneous Union with the Divine'. This experience, also called Self-realization, is described in the teachings of all the religions; the difference in Sahaja Yoga, is that self-realization is the starting point of our spiritual ascent, rather than the distant goal. The conditions for awakening of the dormant Spiritual Energy Kundalini to take place are only a genuine desire to know the truth and the presence of one who already has this energy awakened.



On awakening, the Kundalini emerges from the Sacrum bone, as shown on the chart. It rises through the Sushumna (Central Channel), piercing the six Chakras, nourishing and enlightening these subtle energy centers. When the Kundalini passes through the Ajna Chakra in the head, the seeker experiences the peace and silence of 'Thoughtless Awareness'. This is the first stage of true meditation. Entering this state of Nirvicharita, for even a few moments every day transforms all areas of our lives: Physical, Mental, Emotional and Spiritual. We come into harmony with the world around us and feel less affected by the ups and downs of our everyday lives.

Passing through the Sahasrara Chakra, 'Thousand-petalled Lotus' in the limbic area, the Kundalini pierces the Fontanelle bone (Tala) at the top of the head and unites us with the Param-chaitanya - 'The All pervading power of God's Love'. This is felt as a cool breeze on top of the head and on the palms. Identifications with the body, mind, emotions and ego fall away and we realize our true nature as Atma - 'Spirit'. This is Atma-sahajatar - 'Self-realization'. It is beautiful and liberating experience.

With meditation centers established in more than 130 countries, Sahaja Yoga has become a global phenomena experience of Self-realization and ascending into a higher state of awareness. They are finding the freedom and happiness that comes from spiritual fulfillment.

"You cannot know the meaning of your life until you are connected to the Power that created you"

H.H. Shri Mataji Nirmala Devi

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5. Bad habits such as smoking, drinking, roving eyes, etc. drop out automatically.
6. Deep spiritual states can be enjoyed while living the normal life of a householder.
7. Through Inner Awareness, we are able to guide ourselves.

**National Sahaja Agriculture Project**

Sahaja Yoga is probably one of the most subtle lesson that mankind could get in this age of extreme modernism and virtually bursting at the seams pressure of life and free flowing negativity which seeps through every nook and corner of the very crust that we humans have been on this very dear huge space shuttle and our home "The Earth". Every sphere of life is inflected by billions of unseen vibrations that it is virtually impossible to segregate the good from the bad here primarily because the bad comes more perfectly disguised and camouflaged.

Sahaja Yoga has been the savior. It is that intense feeling of being a part of the supreme and being able to then easily differentiate any odd energy because here though everything might be perfectly disguised, doesn't originate from the Divine. In fact, it manifests here and works within the boundaries of human habitat.

Vibrations from the supreme touch every aspect of life on earth be it Agriculture, A garden, Trees, Animals, bees, food grain, medicine, fruits, vegetables, meat, tissue culture and virtually everything that has to do with life on earth.

Imagine, what would happen if all these forms are vibrated by the supreme mother herself and then they support us humans as our means of survival? Wouldn't things change dramatically? Anybody and everybody in these professions would thrive and prosper. This is exactly what we are trying to do here in India.

Agriculture, has responded to Shri Mataji's exposure and we are on the mission to give realization to the Indian farmer. Sahajis are on the move to teach the Indian farmer the nuances of following Sahaja yoga in daily life and to sow his seed with the mother's photograph before him. The seed and water are both vibrated and sown with the mother's blessings.

Clay pots with vibrated water with a small hole under it is placed at the source of the water used to irrigate the crop daily, chanting the Shukambhari and Rihambara mantra's while also praying to Shri Mataji that she is the creator and that all life lies in her hands and that these fields are divinely blessed, and also that by doing so the farmers will not only harvest a great crop but will also bring back the quality of food grain, reduce their destruction because of natural calamities and also reduce the risk of chemical fertilizers. Sahaja Agriculture is doing all this because it has been experimented that this works, and that the mother's blessings actually does wonders.

We are bound by the motto

**LET'S TEACH RURAL INDIA TO TAKE UP SAHAJA YOGA AND SAHAJA AGRICULTURE**

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Agriculture Coordinator : 09829451514 • E-mail : gdpareek@yahoo.com  
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**सहज योग आज का महायोग**  
**गाँव-गाँव में अलग जगाओ सहज योग/सहज कृषि फैलाओ**

**सहज योग से फायदा**

- ♦ शारीरिक स्वास्थ्य में सुधार
- ♦ जीवन में संतुलन, शान्ति एवं आनन्द प्राप्त
- ♦ तनाव कम एवं गहरी नींद आना
- ♦ भ्रूपान, मद्यपान, ऑर्जा की अस्थिरता, हृदय विकार, डायबिटीज, वायु विकार इत्यादि दूरिण दूर होना। व्यसनो से मुक्ति।
- ♦ गृहस्थ जीवन में आनन्द प्राप्त
- ♦ सुख, शान्ति व आनन्द की प्राप्ति

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- ♦ दुग्ध उत्पादन में बढ़ोत्तरी

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**सहज योग आज का महायोग**  
**जो करे सहज कृषि हर बार जीवन में आये सुगियाँ अपार**

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**Pamphlets on Sahaja Agriculture**



## Guidelines of trials on Sahaja Agriculture

**सहज कृषि से फायदा:**

- 1- ज्यादा खाद्यान्न उत्पादन
- 2- पौधों की अच्छी बढवार / विकास
- 3- प्राकृतिक आपदाओं से सुरक्षा
- 4- पशु आहार की क्वालिटी में सुधार
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- 6- दुग्ध उत्पादन में बढोत्तरी

2x1

**सहज योग कृषि अपनाओ**  
**चैतन्य, खाद्यान्न उत्पादन बढाओ**

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2x1

**सहज कृषि को अपनाये, अपना कृषि उत्पादन बढाये**

- चैतन्यमयी बीज व पानी से उत्पादन-में वृद्धि
- शुद्ध वातावरण, प्राकृतिक खेती को बढावा
- उर्वरक, दवा का कम उपयोग
- उत्पादन लागत में कमी

2x1

**गांव-गांव में अलख जगाओ**  
**सहज योग कृषि फैलाओ**

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2x1

**चैतन्य लहरियों का कृषि, उधानिकी एवं पशुपालन में प्रभाव**

M.P. MAHARASHTRA U.P. UTRAKHAND MAHARASHTRA RAJASTHAN AUSTRIA welcome

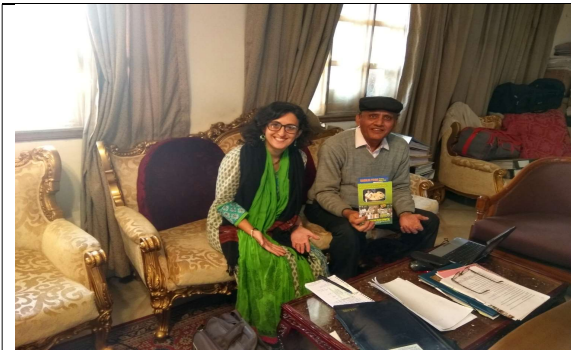
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**“सहज कृषि को अपनाये, अपना कृषि उत्पादन बढाये”**

- चैतन्यमयी बीज व पानी से उत्पादन में वृद्धि
- शुद्ध वातावरण, प्राकृतिक खेती को बढावा
- उर्वरक, दवा का कम उपयोग
- उत्पादन लागत में कमी

16-Size -4x3

Posters and banners etc. on Sahaja Agriculture



**Fig. Educating senior officials about Sahaj Agriculture**



**Fig. Director, Agriculture Scientist Recruitment Board New Delhi Visited Sahaj Agriculture Stall at District Ajmer, awarded II<sup>nd</sup> best Prize.**



**Fig. Giving self realization to farmers before starting sahaj agriculture**



**Fig. ICAR Awardee Farmer Sh.Nekkanti Subbarao visited Sahaj Krishi Plot**





Fig. Taking Sahaja Agriculture villages to villages

## 18. National Seminars on Sahaja Agriculture

### Proceedings of meeting of National Seminar on Sahaja Agriculture, Jaipur on 12.02.2012

National Seminar on Sahaja Agriculture was organized at Sahaajyoga Centre at Jaipur on 12.02.2012. It was attended over 225 participants from Rajasthan, Maharashtra, Gujarat, HP, Bihar, UK, etc., comprising Sahaja Agriculture experts, scientists and farmers associated with Sahaja Yoga. At this occasion, Sh. G.D. Pareek that about 70% people of India live in the villages. The majority of the farmers are marginal. The inputs to the agriculture are getting expensive and return from modern agriculture to the is going down. He told practicing Sahaja Agriculture would prove very beneficial as there is no expenditure and purely organic. Dr. M. V. Kulkarni, shared his experience on increase of yield upto 14.3-50% in crops like Soyabean, cotton, maize, onion, jawar and bajra etc. in Maharashtra. Sh. Romel Verma told that second green revolution is possible through sahaja agriculture in the country. Experiences and results of National Sahaja Agriculture Project were shared with delegates from other states.



Sh. G.D. Pareek told that the National Sahaja Agriculture Project was designed into two phases, i.e. First phase dealing with implementation of project in whole country and collection of data on experiences of scientists and farmers; second phase dealing with upscaling of the project, while learning from the experiences of the first phase.

The participants like Sh. Jagpal Singh, Dr.R.N. Basu, Col. (Retd.) Partap Singh Khera etc. discussed the aspects of both phases and some useful suggestions were given various participants:

**Some useful suggestions:**

1. Effect of level of spirituality of Sahajayogi on agriculture etc. should be studied.
2. To give vibrations to tools, machines, tractor, FYM etc. at the time of using them in agriculture.
3. To study the effect of Sahaja vibrations on productivity of domestic animals like dairy, poultry, fisheries, pigs etc.

Some participants made queries on issues as below:

1. Whether ajwain, Kapoor and Gugle dhuni can be used in place of chemicals for crops affected by diseases and pests.
2. Whether vibrated water can be used in place of chemicals for crops affected by diseases and pests.

3. Whether vibrated water can be sprayed over the crops with the help of some machines.
4. Should we place photograph of Shree Mataji in the agriculture fields.
5. Results of trials on vibrated crops in comparison of control crops should be used for extension programmes of Sahaaj Agriculture.
6. Vibrations should be used by different methods like placing seeds before photo of Shree Mataji, spraying of vibrated water in the field, vibrating field before and after showing of seeds and before seed maturation in crops etc.

**Sh. Jagpal Singh**, State Coordinator of Uttarakhand told that there is immediate need to constitute state wise committees for implementation of programmes of Sahaja Agriculture. He shared his experience and told that vibrated fodder given to cow gave 12 kgs of milk as compared to 5 kgs in cow with non-vibrated feed. The yields in vibrated wheat, rice, sugarcane increased significantly as compared to control. The girth of 4 years old vibrated poplar trees was equal to 5-year-old non-vibrated trees.

**Sh. Chand Chaudhary**, national trustee thanking organizers of the seminar and all participants told that there was a need to organize such seminar in all the states. He also told that there should be International Seminar on sahaja agriculture to promote global development of sahaja Agriculture. He also advised that Sahaaja Agriculture programmes should also be included in national Seminars of Sahaja yoga. Directions in this regard should be given to State Coordinators of Sahaja yoga and Sahaja Agriculture.

**Sh. G.D. Pareek** made power point presentation on research findings of Sahaja Agriculture in the country. He informed that a booklet on Sahaja Agriculture has been prepared and distributed in the country. The programmes need to extend to other allied field of Agriculture like animal husbandry, Fisheries and vermicompst etc. He gave following suggestions:

1. Constitution of Sahaja Agriculture Committees at State, District and Block levels in each state.
2. Launching of nationwide “Sahaja Agriculture Awareness Rath Yatra” in the country learning from the experience of “Sahaja yoga Rath Yatra”.

3. Preparation and distribution of Sahaja Agriculture literature, booklet, posters and pamphlets in simple local languages and Launching of Sahaja Agriculture programmes at state, district, block and village Panchayat levels.
4. Distribution of Sahaja Agriculture literature and booklet etc. to policy makers, officials of Ministry of Agriculture and ICAR, officials and scientists of Agricultural, Horticulture and Forestry universities and their research Stations and Krishi Vigyan Kendra, officials of State departments of Agriculture, Horticulture and Forest, NGOs.
5. Distribution of pamphlets and information on Sahaja Agriculture to above agencies through email and whatsapps etc.
6. To organize the workshop/seminars on Sahaja Agriculture at state and district levels before start of the kharif and rabi seasons (Pre seasonal Sahaja Agriculture seminars/Workshops).
7. To identify the serious agricultural issues in each state and prepare the Work plan to carry out research to address those issues.
8. To organize Farmers Field Days on Sahaja Agriculture to address the issues of the farmers.

**Dr. S.P. Singh**, Botanist, Saharanpur gave following suggestions on Sahaja Agriculture:

1. Soil testing should be done at university/institute/state govt labs.
2. Seeds and biofertilizers should be vibrated before sowing in the fields.

**Sh. J.D. Kaushal**, Saharanpur

1. To communicate the results of research already done by ICAR with a request to state Agricultural universities/ICAR institutes to start local experiments and extension activities under the guidance of Sahaja Agriculture Experts.
2. Agricultural universities/ICAR institutes to organize the Sahaja Agriculture programmes/exhibitions during their Agricultural workshops/melas for the farmers.
3. To organize the Sahaja Agriculture programmes/exhibitions at district and block levels in collaboration with Agriculture/Horticultural officials.

**Sh. T.S. Baba**, Hyderabad gave following suggestions:

1. Making a documentary film on Sahaja Agriculture after collecting all inputs on research and training and experiences of farmers.

2. To get the Sahaja Agriculture included in the syllabus of schools, colleges and universities.
3. To start the Toll free service on Sahaja Agriculture.
4. To establish Printing press on Sahaja Agriculture at National level.

**Sh. Kuldeep Mehta**, Chopal, HP told that apple is an important crop of HP and Special workshop should be organize to issues (e.g. yield and diseases) of the growers of apples.

**Sh. Amar Singh Chaudhary**, Jaipur told that vibrations should be used for preparation of vermicompost for organic agriculture.

**Sh. Shrivastav**, Agriculture Engineer, Jaipur, told that research at some suitable university should be done on biochemical and physiological changes in plants of various crops.

**One Sahajyogi** told some especial trial should be held to study effects of vibration on bee farming at some research organization.

**One Sahajayogi** advised to invite the non-sahajayogi Veterinary doctors, horticulture, Forestry and bees experts.

**One Sahajyogini** told that Shree Mataji had advised not to use hybrid varieties for Sahaja Agriculture.

At the end of the Seminar, **Sh. Chand Chaudhary**, organizer of this seminar told that we should adopt practical approach dealing with government officials and farmers, as they are not aware of the importance of Sahaja agriculture and educate them with patience. The success of the programmes will depend on the dedication, hard work and use of modern technologies and development of rapport with farmers and various stake holders. He told that production and use of vibrated agriculture produce will also be of better-quality food with divine vibrations, giving us better health and peace, besides bring prosperity to the farmers. He told that Shree Sakumbri Devi has an important role in the enhancement of agriculture production as she came on the earth to bless the farmers of the country, as Shree Mataji, had told in her speech during Gudi Padwa pooja on 5<sup>th</sup> April 2000 at Noida. He also informed that Sahaj Agriculture would be initially practiced in 15 bigha of land near Jaipur. He thanked all the team members for organizing this highly successful Sahaja agriculture seminar and participants for attending the seminar at Jaipur.

**Proceedings of meeting of Sahaja Agriculture held during the International Birth Day pooja, 19<sup>th</sup>-20<sup>th</sup> March 2012, Chindwara, MP**

**Lt. General Sh. V.K. Kapoor**, while addressing the participants, to prepare the Work Plan on Sahaja Agriculture.

**Sh. Dinesh Rao**, National Trustee told that National trust would have to promote Sahaja Agriculture Project. He also told after research trials on Sahaja Agriculture at University level, the recommendations will be approved by ICAR for Sahaja Agriculture.

**Sh. Chand Chaudhary**, National trustee and Incharge of Sahaja Agriculture Project told that there was a need to take the training and Extension Programmes to the village.

**Dr. M.V. Kulkarni**, National trustee gave information on the progress of work of Sahaja Agriculture Project on Kahrif season of 2012. He also advised to prepare a Work Plan of Sahaja Agriculture Project by taking inputs from State and district Coordinators of Sahaj Agriculture.

The State Coordinators, who attended the meeting assured for the cooperation in the preparation of work Plan on Sahaja Agriculture.

**Sh. G.D. Pareek**, Member of National Sahaj Agriculture Project, made a presentation of 62 slides on progress of work done on Sahaja Agriculture at National level. He informed that Shree Mataji had given suggestions for using vibrations for improving Sahaja Agriculture in her speeches during public programmes at Lucknow in 1986, Mumbai on 26.12.75 (Cassette on Parmatma Key Prem Kaa Anubhav Vigyan Sey Agey, CD on Sankranti Avam Surya Dev Kaa Mahatav, 14.12.96, Gudipadwa pooja on 6.4.2000 at Noida.

The organizer the meeting of Sahaja Agriculture thanked for the participation of the Sahaj Agriculture delegates.

**Proceedings of meeting of Meeting of Sahaja Agriculture held during the National Sajaja Yoga Seminar, 7-10<sup>th</sup> June 2012, Renuka Jheel, HP**

**Sh. Romel Verma, Sh. D.C. Rao, Sh. Chand Chaudhary, Sh. Jagpal Singh, Sh. Deepak Verma, Dr. Rajesh, Dr. Sh. Simple, Sh. Sunil Sharma, Sh. Natraj**, and National Trustees and State and district Coordinators and other Sahaj Agriculturists and Sahajyogi visited the exhibition on Sahaja Agriculture. At this occasion, several farmers shared their experiences

on effect of vibrations on production of agriculture. Some of these farmers informed the results as below:

**Sh. Krishna Pal Singh**, Village Firshal, Baghpat told that wheat production increased to 27.5 quintals/acre in vibrated field as compared to 19.5 quintals in non-vibrated field. (Tel: 82736272990).

**Sh. M.N. Shrivastav**, 3A, Utica, Sonmiti, Bareilly, UP (9319481833) produced wheat on marginal land, which produced 3 times more yield in wheat crops than the control crop.

**Mrs. Asha Gupta**, Delhi (9013067935) observed tremendous increase in the number and size of vibrated rose flowers as compared to control.

**Sh. Atma Ram Mishra**, 95/A New Basti, Hardoi, UP (9897165467) produced more yield in vibrated pea crop than un-vibrated field.

**Sh. M. J. Tamway**, Agriculture Officer, Shrirampur, Maharashtra (9422728385) obtained 100% germination in the vibrated seeds of French bean crop.

#### **Proceedings of meeting of National Seminar on Sahaja Agriculture, at Jaipur on 14-15<sup>th</sup> November 2012**

National Seminar on Sahaja Agriculture was organized at Shree Bhavani Niketan Parishar, Sikar Road in Jaipur on 14-15<sup>th</sup> November 2012. It was attended by national trustees, state coordinators and participants from Maharashtra, Rajasthan, Gujarat, HP, Bihar, UK, UP, HP etc., comprising Sahaja Agriculture experts, scientists and farmers of 14 states.

#### **On 14<sup>th</sup> November 2012**

**Sh. Chand Chaudhary**, President of Sahaja yoga Awareness and Expansion Committee, inaugurated the 2 days National Seminar on Sahaja Agriculture and Col. R.V. Singh, Coordinator, Rajasthan welcome the participants of the seminar.

**Sh. G.D. Pareek**, Member Secretary, National Sahaja Agriculture Project Committee highlighted the achievements on awareness creation, literature and field visits and training programmes of the Sahaja Agriculture Project.

**Dr.M.V. Kulkarni**, National Trustee, shared his experience on Sahaja Agriculture in Maharashtra and some other states.

Several participants of 14 states shared their very encouraging results of Sahaja Agriculture:

**Sh. C. Mohan**, Kerala told that there was tremendous improvement in yields of mango, amwla, kazu and anaar due to adopting techniques of Sahaja agriculture.

**Sh. Naji Kuchankar**, Maharashtra stated that wild pigs could not enter his fields of maize, wheat and gram, when the vibrated seeds were sown in the fields. He informed that there was 13-13.5 quintals/acre of cotton production as compared to the 8-9 quintals/acre in the control.

**Sh. Ravinder Jaware**, Amrawati, Maharashtra reported better yields in onion and chukander crops as compared to the control.

**Sh. Babu Ram**, Hardoi, UP reported 20 quintals rice/bigah in vibrated field as compared to 14-15 quintals rice/bigah in non-vibrated field. There was no attack of any diseases, which were observed in other adjacent fields.

**Sh. Ashish Raot**, Yavatmai, Maharashtra informed that there was production of 6 quintals of soyabean per acre in vibrated field than 3.5 quintals in control field.

**Prof. V. K. Mohanti**, Agricultural Univesrity, Udisa told that there was higher yield in crops like mango, rice and anaar with better quality of fruits/seeds than the control crops.

**Sh. Aashish Joshi**, Amravati, Maharashtra informed the improvement of health of wounded cow which gave birth to healthy calf.

**Sh. Bahadurmal Saini**, Khedi, Rajasthan told that there was 25-30% increase in vibrated wheat crop than the control. The cows given vibrated forage produced higher milk as compared to control.

**Sh. H.P.Chaudhary**, Faridabad reported 15-20% higher yield in vibrated wheat crop than the control crop.

**Sh. Hardas Kukurdey**, Vardha, Maharashtra informed that he was spreading awareness about Sahaja Agriculture in 26 villages since 2006. **Mrs. Sakshi Mohanti**, Orrisa told that farmers engaged in Sahaja Agriculture should daily meditate and visit sahaaj Yoga Centre and attain deep state of meditation, which had better effect on agriculture. **Sh. I.P.**



**Sarashwat**, State Coordinator, UP told that 150 farmers have been trained in Sahaja Agriculture.

It was suggested that State Sahaja yoga Coordinators should appoint State Sahaja Agriculture Coordinator in each state.

**On 15<sup>th</sup> November 2012**

1. **Sh. G.D. Pareek** displayed the 45 Posters on Sahaja Agriculture. There were demonstrations of effect of vibration on the germination and growth of seedlings of what, barley, gram and sarso in comparison of their controls. He also assured to participants to guide and help them in adopting Sahaaj agriculture.
2. **Kits with literature** on sahaja agriculture were provided to the sahajayogi working in spreading sahaaj Agriculture in the country.
3. **The vibrated Seeds** of wheat, gram, barley and sarso were given to the farmers.
4. The Participants were taken to the crop fields and trained with techniques of sahaja Agriculture.
5. At the end of seminar, Shreechand Chaudhary, President, National Parchar avam parshar and National trustee thanked the organizing team and participants of the seminar. Dr. M.V. Kulkarni also gave certificates and sari to women participants. The seminar ended with meditation and thanks to Shree Mataji, Adiskhti for her blessings.

**Following decisions were taken for work Plan for 2013 in the seminar:**

**Work Plan-I:**

1. Committee of National Sahaaj Agriculture Project will analyses the research findings of sahaja Agriculture in the following states:  
1.Maharashtra (Uvatmal, Amravati, Nashik districts), 2. MP, 3.Rajasthan (Udaipur, Nagor, Kota), 4. UP, 5. Bihar, 6.Kerela, 7.AP, 8. Gujarat 9. UK 10. Haryana 11. Orrisa 12. J&K 13. HP and 14. Nepal.
2. To spread Sahaja Krishi in all 33 states.
3. Three districts in each state will be selected.
4. Sahaja agriculture Expansion in 10-12 tehshils and 300-400 villages.
5. Awareness creation in 35-40 tehshils

6. 400 teams of experts in each state.
7. There will be 3-4 members in each team.
8. The participants of this Seminar will guide the teams in each states.
9. The National Trustees and State Coordinators will constitute above teams and implement the programmes in above 14 states.
10. The above programme will be started in January 2013 and training programmes of 400 teams would be completed by May 2013.
11. By May and June, all the teams will go to respective villages and train the farmers and help them in vibrating and sowing the seeds in the fields of farmers.
12. These teams had to go the villages and with the help of village Pradhan, give self realization to interested farmers and train them in meditation and complete this work during January-May 2013.
13. After above preparations, Sahaja Agriculture Project will be implemented in June 2013 (Kharif season) in 3500-4000 villages of India.
14. The information on above implementation of programmes have to be collected along with photos and analyzed.
15. All National Trustees and State Coordinators will send all above information to Sh. G.D. Pareek at [gdpareek@yahoo.com](mailto:gdpareek@yahoo.com), Tel: 9828451514) for compilation.

#### **Action Plan-II**

1. On the basis of experiences on above villages, Sahaja Agriculture Fairs will be organized in each state.
2. These Sahaja Agriculture Fairs will be organized in those districts, where no work on Sahaja Agriculture has been done.
3. The farmers who have benefited from their experiences on Sahaja Agriculture will be invited and share their experiences with the farmers in these fairs and also work to expand Sahaja Agriculture in more districts of their state.
4. The above work will be completed during November 2013 to January 2014.

#### **Annual Report of 2014-15, National Trust**

#### **Report on Sahaj Krishi Programme:**

By the grace of our Divine Mother, the way of Sahaj Krishi was opened for prachar and prasar of Sahaja yoga, particularly in the rural India. Through HER Divine Planning, H.H. Shri Mataji guided us to start programme on Sahaj Krishi on large scale w.e.f. 2011-12.

#### **Initial Work:**

Initially this programme was limited to a few states viz. Maharashtra, Rajasthan, Uttar Pradesh etc being done sporadically by a few Sahaj Yogi Farmers.

#### **Workshops and Meetings:**

When reports from different corners started receiving and indicating Shri Mataji's Divine power giving positive responses in increasing Agricultural production, a decision at National Trust level was taken to hold All India workshops and meetings on this subject.

Accordingly, the first National Level seminar on Sahaj Krishi was held at Jaipur (Rajasthan) in February 2012. Thereafter, on various occasions almost every year such meetings / workshops were held and Sahaj yogis were guided and motivated to undertake Sahaj Krishi work so that through it Sahaj Yoga propagation could take place.

#### **Status up to 2014-15:**

Again, due to H.H. Shri Mataji's blessings and collective work, this message spread very fast amongst the Sahaj Yogi and Non Sahaj Yogi farmers spread over different states in India. Hence, a National Level Sahaj Agriculture Committee was formed involving interested and active Sahaj Yogis from various states.

Guidance and proper counselling was done at regular interval and up to the year 2014-15, the Sahaj Krishi work which was limited to a few states had spread in 20 states in India. Through collective efforts we could estimate that in the last 4 years almost 3 to 4 Lakhs farmers throughout India received the message of Sahaj Krishi and nearly 1 Lakh farmers had started adopting Sahaj Krishi and achieving its benefits.

#### **Breakthrough:**

The Divine Mother led us to a breakthrough, when our Vice Chairman of the National Trust explained the entire work to officials and scientists of Krishi Bhavan, New Delhi in April – May 2015. Impressed by the whole work and approach helping the common farmers, the Ministry of Agriculture, New Delhi arranged a joint meeting of Sahaj Yoga team and officials and scientists of Krishi Bhavan / ICAR on 20<sup>th</sup> May 2015, where a decision was taken to undertake Sahaj Krishi experimental work on 10 selected National Research Centres (NRCs) of the ICAR.

### **Proceedings of All India Sahaj Krishi Workshop, Chindawada (MP), 21<sup>st</sup> -22<sup>nd</sup> March 2015**

All India Sahaj Krishi Workshop for all Sahaj yogis/yoginis actively engaged in this programme was conducted at Chindawada (MP) during the Birthday Puja of H.H. Shri Mataji Nirmala Devi. The programme was organized in two parts, on 21<sup>st</sup> March evening and on 22<sup>nd</sup> March '15. In all, 192 participants (Ladies and Gents) representing 15 states of India took part in the workshop.

The National Trustees, **Mr. Dinesh Rai (Vice Chairman), Mr. B. N. Tiwari, Col. B. J. Mankotia, Mr. Shrichand Chaudhari** (I/c Prachar Prasar) along with **Dr. M. B. Kulkarni** took active part in the discussions and decision making.

#### **The following issues were discussed and decisions taken:**

On the evening of 21<sup>st</sup> March general feedback from all the participating farmers was obtained. An overall consensus was that by the blessings of H.H. Shri Mataji, every farmer doing Sahaj Krishi has been getting unbelievable positive and encouraging results. Some farmers actually brought crop samples to show the difference between vibrated and non-vibrated crops. It was suggested that in every seminar (National Level) topic on Sahaj Krishi must be included with at least 1 – 2 Hrs of deliberations.

On 22<sup>nd</sup> March morning 7 am all of them assembled in the Puja

pendal. **Mr. G. D. Pareek, Mr. Nagaraju and Mr. Mohanti** demonstrated all essential and required aspects of Sahaj Krishi – including prachar – prasar in villages. Dr. M.B. Kulkarni briefly explained the action plan for all for the year 2015-16 and also future research on some important aspects. After prolonged discussions, the following decisions were taken:

Every participant will demonstrate to his/her neighboring farmers benefits of Sahaj Krishi, motivate them, give them self realization and will bring at least 5 new farmers to Sahaja yoga collectively during 2015 –16

**Dr. M. B. Kulkarni, Mr. G. D. Pareek, Mr. Nagaraju and Mr. Mohanti** will adopt one village each in their respective states and will convert that entire village farming community into Sahaj yogis, encourage them to do Sahaj Krishi and will turn that village into “Sahaj Krishi Gram” in the year 2015-16. (Action All concerned)

In order to meet emergency expenses, printing expenses (Krishi literature/pamphlets etc) a token budget/financial provision be made to each state so as to boost up this programme. Details will be worked out and proposal will be submitted to the National Trust. (Action- **Dr. M. B. Kulkarni**)

So far, data collection, gathering feedback information has been unsatisfactory. Hence, a mechanism to streamline this aspect was developed. Every farmer will be sent a printed reply paid post card to get needed data (brief). The farmer has to fill up information in that card and send it back to **Mr. G. D. Pareek.** (Action-**Mr. G. D. Pareek**)

**Dr. M. B. Kulkarni** proposed an experiment to deal with the climatic changes that harm crop production of farmers bringing heavy economic losses. He proposed to create a “Simulation Model” (most probably at the Pratishthan, Pune) to study this aspect. It was expressed that by the blessings of H.H. Shri Mataji, this would provide a divine solution for

farmers.

**Mr. G. D. Pareek** will prepare a detailed note (Paper) on Sahaj Krishi (On the lines given to him) for discussion and presentation to the Secretary, Agriculture – Govt of India. This is as per the suggestion of **Mr. Dinesh Rai (VC)**

Such workshops will be organized zone wise (Action – **Mr. Shrichand Chaudhari**)

The meeting was concluded with a prayer of gratitude to our Divine Mother, to all participants and National Trustees.

#### **Proceedings of Sahaja Agriculture Workshop of 21-22 March 2015 at Chchinwada MP**

**Sh D.C. Rai**, Vice-Chairman of National Trust stated progress of Sahaja Agriculture. He told that to achieve 5 to 10 % growth of agriculture in India can be achieved through Sahaja Agriculture. Project.

1 **Shrichand Chowdhary**, Chairman, NSAP advised to organize Sahaja Agriculture Workshop in 5 Zones of India annually.

2 Feedback and progress of Sahaja Agriculture Project was presented for Sonipat (Haryana), Kotputali (Rajasthan), Hyderabad, Guntur (Telangana), Orissa, Naded, Nasik, Pune (Maharashtra), Gwalior (MP), West Bengal, have shown benefits of using Sahaja Agriculture techniques, which are low cost, pollution free and increase in yield 10-15% even more.

3.**Sh. Nagaraju**, Hyderabad stated that there is no effect of yellow mosaic in Urd crop upto 55 days as per experiment conducted at ICAR project at LAM, Farm Guntur .

4. In last **Dr. M.B. Kulkarni**, National Trustee stated that every state should adopt 500 villages under Sahaja Agriculture Project, subject to provision of budget by National Trust of Sahaja yoga, New Delhi.

**Action plan of National Sahaj Agriculture Project for Year 2019**

Name of State or Union Territory	Sahaj Agriculture Workshop		Sahaj Agriculture Demonstration 10 per District	Village level Sahaj yoga/Krishi prachar program @ 200 Village per State
	State Level	District Level		
Manipur	1	16	160	200
Meghalaya	1	11	110	200
Mizoram	1	8	80	200
Nagaland	1	11	110	200
Odisha	1	30	300	200
Punjab	1	22	220	200
Rajasthan	1	33	330	200
Sikkim	1	4	40	200
Tamil Nadu	1	32	320	200
Tripura	1	8	80	200
Uttar Pradesh	1	75	750	200
Uttarakhand	1	13	130	200
West Bengal	1	23	230	200
Telangana	1	31	310	200
Andaman and Nicobar	1	3	30	50
Chandigarh	1	1	10	50
Dadra and Nagar Haveli	1	1	10	50
Daman and Diu	1	2	20	50
Lakshadweep	1	1	10	50
NCT Delhi	1	11	110	50
Puducherry	1	4	40	50
<b>Total</b>	<b>36</b>	<b>722</b>	<b>7220</b>	<b>6150</b>





Sahaj agriculture in News Papers

## 19. Impact of Sahaja Agriculture Project on farmers

As a result of awareness creation through meetings, exhibitions, workshops, seminars and trainings etc. by the teams of Sahaja Agriculture Project, thousands of the farmers adopted Sahaja Agriculture almost in all the states of the country. Particularly, farmers are participating in practicing Sahaja Agriculture in large numbers in Maharashtra, Rajasthan, Gujarat and Andhra Pradesh, although efforts are on bring farmers on board in other states too. The farmers participated in the various programmes of exhibitions and trainings on Sahaja



Agriculture and started growing crops as per guidelines of the trainers. The experience on Sahaja Agriculture of some of the farmers from various states are given below.

**Table. Experiences of farmers in crop production through Sahaja Krishi**



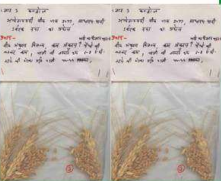
Sr.No.	State	Name of farmer/address	Experience	Telephone No.
1.	Maharashtra	Ms. Sobha Umesh Vani, Sakdi, Jalgaon, Maharashtra	Improved production in banana, wheat and pulses	9096601464
2.	Maharashtra	Ms. Yasoda Pundlik Suryavanshi, Nasik	Improved production in soyabean, wheat and maize	9763606379
3.	Maharashtra	Sh. Atul T. Chandurkar, Thakalmeshvar, Nagpur	Germination increased from 60% in control to 99% in vibrated Seeds and weight of Phulghobhi increased from 2 kg to 3 kg respectively.	7893128407
4.	Maharashtra	Ms. Sadhna Julankar, Vardha	Improved production in red hibiscus flowers	9975189393
5.	Maharashtra	Sh. Vinod Namdev, Kuchankala	Increased production in cotton	9923809609
6.	Maharashtra	Sh. M. J. Tamway, Agriculture Officer, Shrirampur,	Obtained 100% germination in the vibrated seeds of French bean crop.	9422728385
7.	Gujarat	Sh. Girish Jhaveri, Village Jalotra, Bnaskuntha	Improved double production in wheat and lauki	9889028613
8.	Gujarat	Sh. V.K. Gol, Delana, Palanpur	Improved production in papaya with out any diseases	9978906729
9.	Haryana	Sh. B.L. Sharma, Faridabad	Adopted Sahaj Krishi in 10 acres. Produced 11 feet tall sugarcane, production increased from 235 to 290 quantals/acre.	9991953979
10.	Haryana	Sh. Harsh deep Sawhney, Yamuna	Vibrated crop infected pest and crop totally	9729716777

		Nagar	became healthy	
11.	MP	Sh. Vijay Patel, Chindwara	Crop like maize, wheat, rice production increased by 50-100%.	9039833800
12.	MP	Sh. Manoj Ram, Bhopal	Increased production in vegetables	9425372308
13.	UP	Sh. Ramchandra Yadav, District Sahaja yoga Coordinator, Kanpur	Improved production in wheat	9889028613
14.	UP	Sh. Satya Pal Singh, Saharanpur	Increased production in Basmati rice by 50%	9675487393
15.	UP	Dr. Krishna Pal Singh, Phirsal, Baghpat	Increased wheat production increased to 27.5 quintals/acre in vibrated field as compared to 19.5 quintals in non- vibrated field.	8273627299, 82736272990
16.	UP	Sh. M.N. Shrivastav, 3A, Utica, Sonmiti, Bareilly	Produced wheat on marginal land, which produced 3 times more yield in wheat crops than the control crop.	9319481833
17.	UP	Sh. Atma Ram Mishra, 95/A New Basti, Hardoi	Produced more yield in in vibrated pea crop than un-vibrated field	9897165467
18.	Rajasthan	Sh. Nirlesh Goyal, Bara	Increased production in til seeds	9414191036
19.	UK	Mrs. Manju Chauhan, Dehradun	Increased production in papaya	9456708886
20.	UK	Sh. Jagpal, Haridwar	Vibrated polar trees gained girth of 2.5 feet in 4 years earlier than in 5 years in non- vibrated trees. Vibrated wheat crops produced 4 times higher crop yield than non vibrated crop.	8057820937
21.	HP	Ms. Shalini, ADO, Dharamshala	Improved the production in rice and	8628958965

			maize crops	
22.	AP	Sri.V.Subbarao, Vill.Amujuru, Mandal.K.Gangavaram, E.Godawary	Increased production in Crop in rice field by 70% and better aroma Excellent Aroma, good cooking quality in vibrated plot.	
23.	AP	Sri. Golugoori Prabaker Reddy and Sri. G.Suresh Reddy	Increased production in Crop in rice field. No Rodents attack, less insect and diseases Infestation.	9963177356
24.	AP	Sri. Balusu Srinivas, Achanta, West Godawary	Increased growth in Crop in rice Variety: IR-64, MTU-1064	9491236245
25.	Delhi	Mrs. Asha Gupta Delhi	Improved the number, size and production of rose flowers	9013067935

**परीक्षण-1 दैवीय चैतन्य का गेहूँ की बढवार/उत्पादन पर प्रभाव वर्ष 2002-03 जयपुर**  
परिणाम- चैतन्यमय क्षेत्र में गेहूँ का उत्पादन 25 से 30 प्रतिशत बढा।

क्र.सं.	प्लॉट विवरण	अंकुरण दर %	प्रभावी किल्ले/पीपे	दानों की संख्या/बाली	1000 दानों का वजन (ग्राम)	उत्पादन कि.घ./हे.
1.	चैतन्यमयी उन्नत बीज, पानी बिना उर्वरक	100-115	3-4	48-54	38.20	32.10
2.	चैतन्यमयी बीज, पानी उर्वरक के साथ	75-80	2-3	45-50	32.15	30.25
3.	बिना चैतन्य बीज, पानी बिना उर्वरक	49-55	2-3	40-44	29.80	24.75
4.	चैतन्यमयी लोकल बीज, पानी मय उर्वरक	65-77	2	38-42	29.10	24.00

7-Size-4x3

### सहज कृषि से उत्पादित तीन फिट लंबी लौकी

जागरण कार्यालय, बाजपुर: सहज कृषि तकनीक से हरसान के प्रेम सिंह बसेड़ा ने ढाई से तीन फिट लंबी लौकी का उत्पादन किया। तीन माह पूर्व पंतनगर कृषि विश्वविद्यालय के सब्जी वैज्ञानिक डॉ. आरएच जैसवाल ने हरसान कपकोट में लौकी के बीज का वितरण किया था। बीज प्राप्त होने पर पूर्व सैनिक प्रेम सिंह बसेड़ा ने इन्हें वैतन्यमय होने के लिए रखे बीजों का रोपण करने के बाद इनमें लगातार वैतन्यमय पानी का छिड़काव किया। इसके परिणामस्वरूप लौकी के पांच बेलों पर अभी तक 100 से अधिक लौकी प्राप्त हुईं। इनमें 15 लौकी ढाई से तीन फिट की लंबाई की हैं।

सब्जी वैज्ञानिक डॉ. रघुआर जैसवाल ने बताया कि ऐसे बीजों से अभी तक अधिकतम दो फिट तक की लौकी प्राप्त हुई है। पहली बार इनसे तीन फिट की लौकी प्राप्त हुई है, जो शोध का विषय है। सहजयोग की प्रेरणा माता जिर्मला देवी ने बताया कि वाइब्रेशन (वैतन्य लहरियां) एक जीवंत प्रक्रिया है, जो प्रत्येक जीवंत चीजों पर प्रभाव डालती है। इससे पैदावार में 15 से 20 प्रतिशत की वृद्धि होती है। गांव के अन्य किसानों ने भी वहीं बीज सामान्य तरीके से लगाये थे, परंतु किसी भी किसान के पास इतनी बड़ी मात्रा में उत्पादन नहीं हुआ। किसान प्रेम सिंह बसेड़ा ने बताया कि लौकी को उन्होंने गांव के रिश्तेदारों में भी वितरित किया। उन्होंने सब्जी को ज्यादा स्वादिष्ट व पौष्टिक बताया। अब यह सहज कृषि विधि का प्रयोग पान की खेती पर करने जा रहे हैं।



**Table. Effect of divine vibration on the growth of wheat crop during 2002-2003 at Jaipur (Rajasthan)**

Plot	Treatment	Germination 1 x 1 m	Effective tiller/per plant	no of grain per year	Weight (gms/1000 grains)	Yield qtl/ha
1	Vibrated in put without fertilizer	100-115	3-4	48-54	38.2	32.1
2	Vibrated input with fertilizewr	75-80	2-3	45-50	32.1	30.2
3	All input but without vibration seed & water	49-55	2-3	40.44	29.8	24.7
4	Vibrated local input with fertilizer	65-77	2	38-42	29.1	24.0

**Result-** In vibrated area the yield of wheat crop increased by 25-30% bold & shining grain over control plot. Source: G.D. Pareek, Sahaj Yoga Centre, Jaipur

**Table. Effect of divine vibration on the growth of wheat crop during 2003-2004 at Jaipur (Rajasthan)**

Plot	Germinatio n/m <sup>2</sup>	Root develope ment	Effective tiller/ plant	No. Of grain per year	Weight (gms/100 0 grains)	Yield q/ha
Vibrated input without fertilizer	96-103(10)	Profus e	3-4	45-56	37.39	36.80
Non vibrated input with fertilizer	75-77 (10)	Less profus e	2-3	39.44	30.32	29.8

**Result-** In vibrated area wheat yield increased by 20-25% bold & shining grain over control plot. Source: G.D. Pareek, Sahaj Yoga Centre, Jaipur



**Smt.Vani with Vibrated Plants Sri. Adinarayana with non Vibrated Plants ,Crop: Paddy, Variety: MTU 1010 Extent:60 Cents Date: July 2014 Yield : 16 Bags 4 times more. They are cultivating in 10 Acres after their successful experiment**



**Baby Corn cultivation**



**Sahaj Krishi trial plot at Manokollai Tamilnadu by Shri.Sampath Kumar ADA Kadaloor**



**Sahaj Krishi AT Mr.M.Nagaraju Farm Jowar and Onion crop in Gatpally R.R. District**



**Non-vibrated crop**



**Vibrated crop**

**Sahaj Agriculture at Jaheerabad, Non-vibrated Crop**



**Farmers getting bumper crop of rice by adopting Sahaja Krishi in MP**



**Bumper crop of sugar cane, Maharashtra**



Bumper crop of gram in Madhya Pradesh

श्री. राजेश जयशम पवार.  
 श्री. जयशम निंबा पवार.  
 सु.पो- भऊर. ता. देवणा. जि. नाशिक.  
 केंद्र- भऊर (पूर्व मळा) मो. नं- 9970470383.  
 9404985513.  
 पिन :- मका. जात :- 8255 येरणी. ता- 15/6/11



शेतव्यासह



विना शेतव्यासह



Farmers also have very encouraging experiences in animal husbandry. The health as well as milk production increased in milking animals.

**Table. Improvement in animal husbandry and fisheries through Sahaja Krishi by farmers**

Sr.No.	State	Name of farmer/address	Experience	Telephone No.
1.	Maharashtra	Sh. Laxman, Janglu, Farki, Chandrapur	Improved health of bull	9689066315
2.	Maharashtra	Mrs. Bina Ramesh, Sortan, Vardha	Cured skin diseases of a dog by feeding and bathing vibrated water	9680520498
3.	Rajasthan	Sh. Mangi Lal Majeri, Village Kanod, Uadapur	Improved health and milk production in buffaloes	9309026741
4.	AP	Sh. M.M. Raju, AP	Improved health and production of fishes	9948231926
5.	MP	Sh. Vijay Patel, Chindwara	Wild animals like wild pigs stopped entering fields, when vibrated water sprayed around the agriculture field.	9039833800
6.	Uttarakhand	Sh. Jag Pal Singh, Haridwar	Milk production in bufallowes fed vibrated fodder increased from 5 kgs/bufallow to 12 kgs/bufallow	





**Awards won by farmers on practicing Sahaj Agriculture**

## 20. Sahaj Agriculture – Success Story

Many of the farmers who were initiated into Sahaja Yoga Meditation have tried the divine vibrations on their crops and other plants and shared their success stories!

<p> <b>Result of Sahaj Agriculture on Crops</b></p> <p>Shri Mangi Lal Gayari Village Kanod, Udaipur, Rajasthan mob. 9309026941</p> <p><b>Result -</b> By adopting Sahaj Krishi vibrated water, no damage is noticed to the crop. More production is noticed in Neelgau (Rojede), wheat, gram and isagol,</p> 	<p> <b>Result of Sahaj Agriculture on Crops</b></p> <p>Shri Vijay Pal Singh Chindhara, M.P Mob. 9806231877</p> <p><b>Result -</b> Double production of sugarcane 16 - 18 feet length of sugarcane</p> 
<p> <b>Result of Sahaj Agriculture on Crops</b></p> <p>Shri Anil Yadav Village Bagrana Kotputali Raj</p> <p><b>Result -</b> More production of citrus. No attack of any disease (citrus canker)</p> 	<p> <b>Result of Sahaj Agriculture on Crops</b></p> <p>Shri Shamal Bhai Patel Palanpur Gujarat mob : 9429088269</p> <p><b>Result -</b> Cauliflower 5kg weight. More production of vegetables like potato, Pumpkin, Kasifal and Cucumber</p> 


<p><b>Result of Sahaj Agriculture on Crops</b></p>  <p>Shri Chetan kale badner gane the.akot Akola</p>  <p>Result - Good Production of moong crop</p>	<p><b>Result of Sahaj Agriculture on Crops</b></p>  <p>SY Retired Captain Rajesh Kumar Sahu Village Machlai Distt, Badau UP</p>  <p>Result- More production of sugarcane 70-80 tonne per acre (20 feet sugarcane length and minimum length is 15 feet)</p>
<p><b>Result of Sahaj Agriculture on Crops</b></p>  <p>Shri Purkha Ram Captain Osia Jodhpur Rajasthan Mob: 9829811819</p>  <p>Result - More production of Cotton, Cumin,Mustard, Wheat, Bajra, Moong, Moth,Til etc</p>	<p><b>Result of Sahaj Agriculture on Crops</b></p>  <p>Shri Prakash Patel Dhar Mob: 9617262117</p>  <p>Result - Double production of Gram</p>
<p><b>Result of Sahaj Agriculture on Crops</b></p>  <p>Shri C.Mohan Palkhad Kerala Mob. 9447839465</p>  <p>Result - Adopted Sahaja Agriculture technique in 600 acres of land.Achieved increased production and income .</p>	<p><b>Result of Sahaj Agriculture on Crops</b></p>  <p>Shri Somnath Kamley Hugali Kolkata, West Bengal</p>  <p>Result - Activities 10 quintal from vibrated and 4.5 quintal control plot yield</p>
<p><b>Result of Sahaj Agriculture on Crops</b></p>  <p>Shri Ganpat Singh Mulana Jaisalmer, Rajasthan Mob. 8094419233</p>  <p>Result - Locust did not harm the crops due to spraying of vibrated water (Locust attack severely damaged crops in a nearby field). Better production of crops</p>	<p><b>Result of Sahaj Agriculture on Crops</b></p>  <p>Shri Gaje Singh Babadi Jodhpur Mob: 92144 59467</p>  <p>Result - Good production of Cumin, Bold and Attractive seeds</p>
<p><b>Result of Sahaj Agriculture on Crops</b></p>  <p>Shri Somnath Kamley Hugali Kolkata Mob: 8918633035</p>  <p>Result - More production of rice in Vibrated crop</p>	<p><b>Result of Sahaj Agriculture on Crops</b></p>  <p>Ms.Shalini Mob.918628958965</p>  <p>Result - Started agriculture Green House Project at ISPS Talnu Dharamshala produced cucumber, tomato, lady finger.Production was very good</p>

 **Result of Sahaj Agriculture on Crops**

Ms. Shalini  
Mob. 918628958965


**Result -**  
Started agriculture Green House Project at ISPS Talnu Dharamshala produced cucumber, tomato, lady finger. Production was very good



 **Result of Sahaj Agriculture on Crops**

Shri HRJaiswal Pantnagar  
Uttarakhand  
Mob: 941429732

**Result -**  
Use of Vibrated water results in attractive & scented flowers



 **Result of Sahaj Agriculture on Crops**

Shri Somnath Kamley  
Hugali Kolkata  
Mob: 8918633035

**Result -**  
More yield of vibrated crops over non vibrated



 **Result of Sahaj Agriculture on Crops**

Shri Dharmendr Basera  
Uttarakhand  
Mob: 6375892030

**Result -**  
Glance of vibrated flowers in their Garden



 **Result of Sahaj Agriculture on Crops**

Shri Bara Nepal

**Result -**  
More production in Wheat and Paddy



 **Result of Sahaj Agriculture on Crops**

Shri Hanuman Gayakwad  
Parbhani Maharashtra  
Mob: 9503826148

**Result -**  
By using Sahaja Vibrated water production becomes double



## 卐 जय श्री माताजी 卐

- ❖ कृषक का नाम : नरेश कुमार साहू
- ❖ पता : ग्राम पारोलिया, तहसील छबड़ा, जिला बारौ (राजस्थान)
- ❖ व्यवसाय : कृषि एवं पशुपालन
- ❖ आयु : 36 वर्ष
- ❖ खेती : 3 बीघा
- ❖ फसल : गेहूँ एवं अन्य सब्जियाँ
- ❖ मोबाइल नं. : 90792-38021
- ❖ सहजयोग में आरम्भ : वर्ष 2016 से

जय श्री माताजी, मैंने सन् 2016 में श्रीमान रामदयाल जी से जो कि छबड़ा, बारौ (राजस्थान) के निवासी है, सहजयोग के बारे में समझा और वही पर आत्मसाक्षात्कार प्राप्त किया। आत्मसाक्षात्कार प्राप्त करने के बाद से ही मेरी सभी गलत आदतें (तम्बाकू, धूम्रपान, व्यसन इत्यादि) श्री माताजी की असीम कृपा से छूट गई। उसके



बाद आज तक मैंने इसके हाथ नहीं लगाया। मेरा पूरा परिवार, मेरे अन्दर हुये इस आश्चर्यजनक परिवर्तन को देखकर सहजयोग में जुड़ गया। धीरे-धीरे मुझे सहज कृषि के विषय में पता चला तो मैं भी सहज कृषि करने लगा। सहज कृषि से पहले मुझे गेहूँ की फसल प्रति बीघा 8 से 9 विक्टल हुआ करती थी परन्तु सहज पद्धति से वहीं फसल बढ़कर 14 से 15 विक्टल तक पहुँच गई है।

इससे प्रेरित होकर मैंने सब्जियों की खेती भी शुरू करी तो मेरे खेत में पत्तागोभी भी काफी बड़ी साइज की आने लगी जिसे देखकर आस-पास के किसान भी देखकर आश्चर्य चकित रह गये। अब मेरा पूरा जीवन सहजयोग में ही समर्पित है।

!! जय श्री माताजी !!

- ❖ कृषक का नाम : छोटू लाल सुमन
- ❖ पता : ग्राम अर्जुनपुरा, तहसील लाडपुरा, जिला कोटा (राजस्थान)
- ❖ व्यवसाय : कृषि एवं पशुपालन
- ❖ आयु : 60 वर्ष
- ❖ खेती : 4 बीघा
- ❖ फसल : आलू, बैंगन, चावल एवं अन्य सब्जियाँ ।
- ❖ मोबाइल नं. : 91166-04049
- ❖ सहजयोग में आरम्भ : वर्ष 2018 से

जय श्री माताजी, वर्ष 2018 में कोटा के सहजयोगी गाँव में आकर ध्यान एवं आत्मसाक्षात्कार का कार्यक्रम करने लगे वहाँ पर मैंने सर्वप्रथम आत्मसाक्षात्कार प्राप्त किया और धीरे धीरे ध्यान की तरफ मेरी रुचि बढ़ती चली गई। आत्मसाक्षात्कार प्राप्त करने के उपरान्त मेरे अन्दर काफी परिवर्तन होने लगे।



सहजयोग में आने से पूर्व मैं और मेरी पत्नी हर महिने डॉक्टर के पास जाते रहते थे। मुझे Prostate की समस्या थी एवं मेरी पत्नी का भी B.P. एवं Sugar की समस्या थी जो अब धीरे-धीरे ठीक होने लग गयी। अब हम किसी भी डॉक्टर के पास नहीं जाते और श्री माता जी की कृपा से हम स्वस्थ रहते हैं।

इसी बीच कोटा के सहजयोगी भाईयों ने मुझे सहज कृषि के बारे में जानकारी दी तो मैंने भी पूर्ण उत्साह से सहजकृषि करने की ठान ली। मैंने सहज पद्धति से 2018 में पहली बार खेती करी। सर्वप्रथम मैंने मेरे 4 बीघा खेत में आलू की फसल करी तो मैंने देखा पहले 4 बीघा खेत में आलू 200 से 250 विक्टल होते थे परन्तु श्री माताजी की कृपा से इस वर्ष 400 विक्टल तक पैदावार पहुँच गई और आलू की साइज भी काफी बड़ी थी, जिसे देखकर पूरा गाँव हतप्रभ रह गया। मेरा उत्साह और बढ़ा, मैंने 2018 में 4 बीघा खेत में बैंगन की फसल करी। बैंगन की फसल इतनी अधिक हुई कि हमारा पूरा परिवार मिलकर भी एक दिन में पूरे बैंगन नहीं तोड़ पाता था। हर साल उस खेती से हम 1½ से 2 लाख रुपये की आमदनी प्राप्त करते थे। परन्तु इस वर्ष हमने इस फसल से 5 लाख रुपये प्राप्त किये।

मैं अपनी सभी भाई-बहिनों से यही कहना चाहता हूँ कि माँ की कृपा को पूरे विश्व में फैलाये। सहज योग और सहज कृषि को बढ़ावें।

!! जय श्री माताजी !!

- ❖ कृषक का नाम : बनवारी लाल
- ❖ पता : ग्राम इकलेरा, जिला बारां (राजस्थान)
- ❖ व्यवसाय : कृषि एवं पशुपालन
- ❖ आयु : 35 वर्ष
- ❖ खेती : 4 बीघा
- ❖ फसल : सोयाबीन, लहसुन
- ❖ मोबाइल नं. : 99283-92412
- ❖ सहजयोग में आरम्भ : वर्ष 2017 से



जय श्री माताजी, वर्ष 2017 में सहजयोग में ध्यान एवं सहज कृषि की शुरुवात करी। मेरी बेटी स्कूल जाती थी वहाँ पर अध्यापक श्री विष्णु जी शर्मा ने मेरे बेटियों को सहजयोग के बारे में जानकारी दी। उसके अन्दर परिवर्तन देखकर हम भी सहजयोग को समझने लगे तभी वहाँ के कुछ सहजयोगियों ने मेरे खेत पर सहजकृषि करने की इच्छा प्रकट करी। मैं बहुत खुश हुआ, मैंने उत्साह से इस वर्ष सहज पद्धति से कृषि करने की टानी ली।

हमने सहजयोग पद्धति से माँ की कृपा से मेरे खेत पर नारियल स्थापित किया एवं बारां के सहजयोगी भाई एवं बहन हर सप्ताह (शुक्रवार) को ध्यान करने आने लगे। मैंने उस 4 बीघा खेत पर सोयाबीन की फसल बोई थी। मैंने देखा की उस खेत में पहले हर साल 1½ बीघा की फसल गल जाया करती थी और मात्रा 2½ की फसल ही बच पाती थी।

परन्तु इस वर्ष बड़े ही आश्चर्य की बात रही कि मैंने पूरे 4 बीघा में सोयाबीन की फसल प्राप्त करी। ये सब श्री माताजी की कृपा थी। फिर मैंने लहसुन की फसल करने की टानी परन्तु बारां के सहजयोगियों ने मुझे लहसुन की फसल करने की मना कर दी उन्होंने इस बात को वाइब्रेशन के आधार पर कहा था परन्तु मैंने उनकी बात नहीं मानी और मैंने लहसुन की ही फसल करी। बारां से आने वाले सहजयोगी भाई-बहन फिर भी हर सप्ताह मेरे यहाँ ध्यान करने आते थे मैं और मेरा परिवार भी ध्यान करने लग गया और प्रसन्न रहने लगा।

लहसुन की फसल तो अच्छी हुई परन्तु उस वर्ष लहसुन के भाव जमीन पर आ गिरे। जिससे मुझे काफी नुकसान सहना पड़ा। तब से मैं समझ गया कि माँ की बात नहीं मानने से ही ऐसा हुआ है।

!! जय श्री माताजी !!

- ❖ कृषक का नाम : नाथूलाल
- ❖ पता : ग्राम इकलेरा, जिला बारां (राजस्थान)
- ❖ व्यवसाय : कृषि एवं पशुपालन
- ❖ आयु : 40 वर्ष
- ❖ फसल : सोयाबीन, सरसों
- ❖ मोबाइल नं. :
- ❖ सहजयोग में आरम्भ : वर्ष 2017 से

जय श्री माताजी, मैंने वर्ष 2017 में सहजयोग में ध्यान एवं सहज कृषि की शुरुवात करी। मेरी बेटियाँ स्कूल जाती थी वहाँ उन्होंने आत्मसाक्षात्कार प्राप्त किया। उन्हें देखकर हम भी सहजयोग में ध्यान करने लगे।



तभी बारां के सहजयोगियों ने मेरे खेत पर सहजकृषि करने का प्रस्ताव दिया। मैंने भी उत्साहपूर्वक प्रस्ताव स्वीकार किया। सहजयोगी भाई एवं बहन हर सप्ताह मेरे खेत पर ध्यान करने आने लगे। मैं और मेरा परिवार प्रसन्न रहने लगा।

सर्वप्रथम मैंने 4 बीघा खेती पर सोयाबीन की फसल बोई और सहज पद्धति से सोयाबीन की फसल करने लगा। श्री माताजी की कृपा से सोयाबीन बम्पर पैदावार प्राप्त हुई। जहाँ 10 विंक्टल फसल मैं हर वर्ष प्राप्त करता था वहीं इस वर्ष मुझे 16 विंक्टल फसल प्राप्त हुई जबकि मेरे पड़ोसी के 4 बीघा खेत में मात्रा 6 विंक्टल सोयाबीन की फसल हुई। ये देखकर पूरे ग्राम वाले आश्चर्य चकित हो गये।


!! जय श्री माताजी !!



### सहज तरीके से फसल एवं पशुपालन से फायदा

कृषक का नाम :- गजेसिंह, पता-ग्राम धनारी खुर्द (शहीद गणपत सिंह नगर), तहसील बावडी,  
जिला जोधपुर (राजस्थान)

व्यवसाय :- कृषि एवं पशुपालन, आयु- 45, खेती-40 बीघा, फसल गेंहु, बाजरा, मुंग, मोट, प्याज,  
तिल, जीरा, रायडा, कपास। मोबाइल नम्बर :- 9214459467, 8107754533

सहजयोग में वर्ष-2017 से जोधपुर के सहजयोगी गांव आकर ध्यान एवं आत्म-साक्षात्कार का कार्यक्रम करने लगे, मेरी दीदी जो कि जोधपुर से है तो और वो सहजयोगी है, उन्होने हनारे परिवार मे सबको बताया एवं मेरी चाचीजी जो कि गांव मे ही रहती है वो भी सहजयोग करती थी तो मेरी भी रुचि बढी और मेरे अन्दर काफी परिवर्तन होने लगा। मेरे पशुओं और खेती बाडी मे भी काफी फायदा होने लगा। पहली बार जब जोधपुर के सहजयोगी भाई बहनो के बताये अनुसार मैंने जीरा की फसल बोई जिसमे 8 बीघा में साधारण खेती के तरीका अपनाया एवं 2½ बीघा में सहज पद्धती से फसल बोयी गई। उस वर्ष जीरे की फसल मे लोगो को काफी नुकसान हुआ, परन्तु मेरे सहज पद्धती मे की गयी खेती मे बहुत अच्छी फसल हुई, मेरी साधारण खेती जो कि 8 बीघा मे जीरा बोया था वो 2½ क्विंटल हुआ एवं मेरे सहज खेती से 2½ बीघा मे 2½ क्विंटल हुआ और  बहुत ठोस एवं मोटा दाना हुआ। इसी तरह मेरे रायडे (सरसों) की फसल भी इतनी अच्छी हुई। जिसका बाजार मे मेरे को अधिक मुल्य प्राप्त हुआ। सभी कहने लगे की आपके फसल मे इतना अच्छा बीज निकल रहा हैं। मैं अपने सभी भाई बहिनो से यही कहना चाहती हूँ कि श्रीमाता जी की कृपा को पूरे विश्व मे फैलावें। सहज कृषि अपनाये। ।।जय श्रीमाता जी।।



## 21. List of Some of Contributors to National Sahaj Agriculture Project

There are large number of Sahajayogi and Sahajayogini, who have contributed in various ways in the implementation of National Sahaj Agriculture Project. However, for the convenience, names of some of the contributors are given below:

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## 22. Output of Sahaja Agriculture

Numbers of farmers by practicing Sahaja Agriculture technique and scientific observations from different states have reported the following improvements:

1. Adoption of Sahaja Agriculture by 2-3 lakhs of farmers in over 16 states of the country.
2. Higher production of Agriculture
3. Better germination and growth of plants/crops
4. Yield of agricultural crops due to vibrations increased from 14.3% to 50%.
5. Protection against natural calamities and insects/pests
6. Improved quality of cattle feed to improve body weight & production
7. Improved health of cattle
8. Increased milk production and egg laying etc.
9. Improvement in body weight gain in birds
10. Improvement in egg laying capacity.

### Out Come of Sahaj Agriculture Project

1. Increased awareness about the importance of Sahaja Agriculture.
2. Sahaj Agriculture adopted by the farmers in majority of the states of the country.

3. Sahaja yoga spread in rural areas of the country due to adoption of Sahaja Agriculture.
4. Higher Production
5. Pollution Free agriculture produce.
6. Quality of produce improved in taste and Aroma
7. Reduced Farmer's Suicides in the affected states.
8. Zero in puts in production of agriculture.
9. Great Demand for Organic products
10. Free Technology for all farmers
11. SAP can go with all traditional and new technology.
12. Spiritual growth, peace and harmony in the family and society.

### **23. Recommendations**

The experiences of farmers and the initial observations at different research centres, we feel an encouraging trend of boosting production of various crops and hence we suggest the following points for future line of action:

1. Based on the scientific findings and experiences of farmers, it is recommended that Sahaja Agriculture is highly successful and zero budget farming system.
2. There is a need to Agricultural Universities and ICAR institutes for conducting the Sahaj Agricultural experiments for the validation. KVKs can demonstrate this to the farmers. Experiments on the present 10 NRCs should continue.
3. One scientist at each of NRCs and Agriculture Universities be entrusted with the responsibility of closely observing these experiments.
4. Agricultural Universities and ICAR institutes must also carry out studies on other crops.
5. Further research by R&D institutions should cover the studies on the impact of Sahaj Agriculture techniques on the control of diseases and pests, quality of produce and physiology and Genetics etc. of the crops.

6. To give vibrations to tools, machines, tractor, FYM etc. at the time of using them in agriculture
7. The techniques of Sahaja Agriculture should also be studied and practiced in the other allied areas like vermicompost, Horticulture, Forestry, medicinal plants, animal husbandry, poultry, fisheries and bee keeping etc.
8. To study the effect of giving vibrations on materials like tools, machines, tractor, FYM etc. at the time of using them in agriculture.
9. Sahaj Agriculture must be expanded to other states like J&K, Ladakh, Punjab, Bengal and north-eastern states.
10. There should be special efforts for promotion of Sahaj Agriculture on the lands of marginal farmers and "Suicidal Zones" (particularly from Vidarbha and Marathwada area of Maharashtra State) for encouraging Sahaj Krishi to provide respite to the ongoing problems of mass suicides.
11. The scientific results and experiences of farmers on beneficial effects of Sahaja Agriculture should be shared with global Sahaja Yoga community through country Head in respective countries.
12. Constitution of Sahaja Agriculture Committees at State, District and Block levels in each state.
13. Launching of nationwide "Sahaja Agriculture Awareness Rath Yatra" in the country learning from the experience of "Sahaja yoga Rath Yatra".
14. Preparation and distribution of Sahaja Agriculture literature, booklet, posters and pamphlets in simple local languages and Launching of Sahaja Agriculture programmes at state, district, block and village Panchayat levels.
15. Distribution of Sahaja Agriculture literature and booklet etc. to policy makers, officials of Ministry of Agriculture and ICAR, officials and scientists of Agricultural, Horticulture and Forestry universities and their research Stations and Krishi Vigyan Kendra, officials of State departments of Agriculture, Horticulture and Forest, NGOs.
16. Distribution of pamphlets and information on Sahaja Agriculture to above agencies through email and whatsapps groups etc.

17. To organize the workshop/seminars on Sahaja Agriculture at state and district levels before start of the kharif and rabi seasons (Pre seasonal Sahaja Agriculture seminars/Workshops).
18. To identify the serious agricultural issues in each state and prepare the Work plan to carry out research to address those issues.
19. To organize Farmers Field Days on Sahaja Agriculture to address the issues of the farmers.
20. To communicate the results of research already done by ICAR with a request to state Agricultural universities/ICAR institutes to start local experiments and extension activities under the guidance of Sahaja Agriculture Experts.
21. Agricultural universities/ICAR institutes to organize the Sahaja Agriculture programmes/exhibitions during their Agricultural workshops/melas for the farmers.
22. To organize the Sahaja Agriculture programmes/exhibitions at district and block levels in collaboration with Agriculture/Horticultural officials.
23. Making a documentary film on Sahaja Agriculture after collecting all inputs on research and training and experiences of farmers.
24. To get the Sahaja Agriculture included in the syllabus of schools, colleges and universities.
25. To start the Toll free service on Sahaja Agriculture.
26. To establish Printing press on Sahaja Agriculture at National level.

## 24. Plan of Action for next 10 years (2021-2030)

After taking inputs from the recommendations of various National Seminars on Sahaja Agriculture, following Plan of Action for spread of Sahaja Agriculture in India and globally during next 10 years (2021-2030) is proposed, which is subject to be reviewed from time to time by the experts:

Sr. No	Plan of Action	Remarks	Action
1.	Constitution of Sahaja Agriculture Committees at 1. National, 2. State, 3. District and 4. Block levels	1. Committee Members should be Sahajayogi, preferably retired officials and scientists/ Progressive farmers of Agriculture/horticulture/ animal husbandry etc.	Country In-charge of National Sahaja Agriculture Project
2.		The State Coordinator of Sahaja yoga should recommend the name of State Sahaja Agriculture Coordinator to Central Committee of Sahaja Agriculture Project	The State Sahaja yoga Coordinator
3.		The district level Sahaja Agriculture Committees will be constituted by State Sahaja Agriculture Coordinator in consultation with district Sahaja yoga Coordinator	State Sahaja Agriculture Coordinator
4.		The Block level Sahaja Agriculture Committees will be constituted by District Sahaja Agriculture Coordinator with Block level Sahaja yoga Coordinator	District Sahaja Agriculture Coordinator
5.	Preparation and transmission of training materials to various states	The <b>uniform</b> package and practices, posters, pamphlets, video films, CDs etc. to be prepared SAP and provided to state/district/Block Coordinators through post and email.	National Expert Committee of SAP, comprising various disciplines
6.	To continue experiments on Sahaja Agriculture in 10 NRCs of ICAR	The Core Committee of SAP will collect the inputs and will continue the experiments through State Coordinators.	State Coordinators
7.	Continue efforts to engage State Agricultural Universities and institutes of ICAR in research & training	<ol style="list-style-type: none"> <li>1. Contact the State Agriculture universities/ICAR institutes etc.</li> <li>2. Research on different crops validation of Sahaja Agriculture at Research Farms and</li> <li>3. Establish demonstration trials</li> </ol>	State Coordinators (Through District Coordinator)



		<p>for training of farmers on Sahaja Agriculture through their Krishi Vigyan Kendras.</p> <ol style="list-style-type: none"> <li>4. Conduct training programmes during the trainings and Extension programmes often done by universities/institutes.</li> <li>5. Diversify the research on effect of vibrations on yield and control of diseases of local crops of Agriculture, Horticulture, Forestry, medicinal plants, vermicompost, animal husbandry, poultry, fisheries and bee keeping etc.</li> <li>6. One scientist, nominated as “Nodal Officer” at each of NRCs and Agriculture Universities be entrusted with the responsibility of closely observing these experiments.</li> </ol>	
8.	Publish the results of Sahaja Agriculture	The scientists universities/ICAR institutes should submit the research papers on research findings for publication in reputed international and national journals. The technical problem of term “divine vibrations” not acceptable to scientific journals may be replaced with “electromagnetic vibrations” till there is a solution at the level of journal.	The State Coordinators
9.	Policy intervention at government level	<ol style="list-style-type: none"> <li>1. Make visits of policy makers and senior government officers to experimental fields at research institutions and farmers’ fields for their education.</li> <li>2. Submit and pursue the policy change for acceptance of Sahaj Agriculture as “<b>Part of Zero budget Natural Agriculture/Horticulture etc.</b>” at Central and State Government level through scientific evidences of scientific publications and recommendations of Research</li> </ol>	

		organizations	
10	Global Network of Sahaja Agriculture	The Director of SAP will develop global e-network of Sahaja Agriculture of all nations and share training materials etc. and results of sahaja Agriculture conducted at research organizations and farmers' fields.	The Director/Incharge of SAP
11	National Network of Sahaja Agriculture	SAP will be connected with State Coordinators through, telephone, whatsapp and email.	The Director/Incharge of SAP
12	Newsletter on Sahaja Agriculture	1.A monthly Newsletter will be published providing information on the trainings/workshops, brief information on research findings, future events etc. 2.The Newsletter will be distributed globally and in India to State/district/Block Coordinators through email.	The Director/Incharge of SAP
13	Preparation of recommendations for adoption by development agencies	Scientists of univesrities/institutes to prepare the recommendations based on research finding of the trials on Agriculture/horticulture etc. and submit with evidences to SAP.	The State Coordinators
14	Upscaling of Sahaja Agriculture through Department of Agriculture/Horticulture etc.	<ol style="list-style-type: none"> <li>1. Scientists to recommend and provide literature and train Agriculture Officers (ADO etc.) In sahaja Agriculture at university/institute/farmers fields in collaboration with District/Block Coordinator of Sahaja Agriculture</li> <li>2. The ADO etc. will train the farmers in collaboration with District/Block Coordinator of Sahaja Agriculture</li> <li>3. To spread Sahaja Krishi in all 33 states.</li> <li>4. Three districts in each state will be selected.</li> <li>5. Sahaja agriculture Expansion in 10-12 tehsils and 300-400 villages of each state. Revise and make realistic targets achievable.</li> </ol>	The State Coordinators

		<p>6. Teams of experts at District/Block level in each state.</p> <p>7. There will be 3-4 members in each team.</p> <p>8. The team should also comprise local progressive farmers</p> <p>9. Fix and revise the targets achievable.</p> <p>10. Raise and share resources to organize the workshop/training locally in collaboration department of Agriculture/Horticulture/ Animal Husbandry etc.</p>	
15	Popularization of success stories	Prepare the documents and films of some success stories and distribute them globally and in different states with large impacts	The director of SAP
16	“Sahaja Agriculture Awareness Rath Yatra”	Launching of nationwide “Sahaja Agriculture Awareness Rath Yatra” in the country learning from the experience of “Sahaja yoga Rath Yatra”.	The Director of SAP
17	Organize the Seminar/Conferences	To organize the Global the Seminar/Conferences after every 4 years in nations like India, Russia, China, Germany etc.	The director of SAP
18	National Seminars/Conferences	To organize the National Seminars/Conferences after every 2 years	The director of SAP
19	Annual State Workshop	To organize the state and district levels workshops before the start of the kharif and rabi seasons (Pre seasonal Sahaja Agriculture seminars/Workshops) in collaboration with local university/institute/Department of Agriculture/Horticulture/Forestry/Animal Husbandry	The State Coordinators
20	To identify the serious agricultural issues	<p>1. To identify the serious agricultural issues in each state</p> <p>2. Prepare the Work plan to carry out research to address those issues.</p>	The State Coordinators

21	To organize Farmers' Field Days	To organize Farmers's Field Days on Sahaja Agriculture to address the issues of the farmers by District/Block Coordinators in collaboration with Local departments of Agriculture etc.	The State Coordinators
22	To make documentary film on Sahaja Agriculture	Making a documentary film on Sahaja Agriculture after collecting all inputs on research and training and experiences of farmers.	The director of SAP
23	Inclusion in syllabus of schools/college	To get the Sahaja Agriculture included in the syllabus of schools, colleges and universities on the pattern of inclusion of Sahaja yoga meditation in MBBS after publication of data of scientists in Agriculture journals.	The director of SAP
24	Toll free service	To start the Toll free service on Sahaja Agriculture.	The Director of SAP
25	To establish Printing press	To establish Printing press on Sahaja Agriculture at National level for publication few copies of newsletters, Annual reports, progress reports, circulars of seminar and workshops etc.	The Director of SAP

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## 13 : कृषि

‘सर्वशक्तिमान परमात्मा ही सारा जीवन्त कार्य करते हैं, आप तो एक बीज भी अंकुरित नहीं कर सकते। अंकुरित करने के लिये बीज को पृथ्वी माँ में डालना पड़ेगा।’ परन्तु श्रीमाताजी बीजों को अंकुरित कर सकती हैं और मृत्युन्मुख फूलों को पुनर्जीवित कर सकती हैं। वर्ष 1991 में उनकी उड़ान सिडनी बहुत देर से पहुँची और उनका स्वागत करने के लिये प्रतिक्षा करते हुए सैंकड़ों योगियों से पुष्प वे स्वीकार न कर सकीं। अगली प्रातः उन्होंने किसी को फूल लाने के लिये भेजा परन्तु फूल तो मुरझा चुके थे। अपने स्नान की टब में उन्होंने फूलों को डाल दिया और पानी को चैतन्यित किया। शाम तक सारे फूल इस प्रकार ताजे और खिले हुए थे मानों उन्हें अभी तोड़ा गया हो। सभी जीवों के विकास को वे अपने परानुकम्पी नाड़ी-तन्त्र पर महसूस करती हैं..... ‘ग्लेडियोलि फूलों की शक्ति का बहुत अधिक हास हो रहा है, अच्छा होगा कि इनकी कलियों को खोल दो, इन गुलाब के फूलों को धूप की बहुत आवश्यकता है, यह पौधा मर रहा है, इसकी चैतन्य लहरियों को बढ़ा दो....’ मानव से कहीं अधिक पौधे और पशु उनकी चैतन्य लहरियों के प्रति संवेदनशील हैं, सम्भवतः इसलिये क्योंकि उनमें अहम् नहीं है।



उन्होंने पुणे में एक अनुसंधान फार्म की स्थापना की। चैतन्य लहरियों से सूर्यमुखी एक फुट व्यास से भी बड़ा हो गया और कृषि विभाग की रुचि सहजयोग विधियों में बन गई। महाराष्ट्र सरकार ने उन्हें अमिश्रित बीज पैदा करने के लिये सहजयोग विधियों पर प्रयोग करने को नीरा नरसिंहपुर में भूमि प्रदान की। मिश्रित

बीज प्रारम्भ में अधिक उपज तो दे सकते हैं, परन्तु गरीब किसानों के लिये ये अत्याधिक महँगे हैं और इनमें विषाणुओं से मुकाबला करने की शक्ति भी बहुत कम है। इन पर बहुत बड़ी मात्रा में रासायनिक छिड़काव की आवश्यकता होती है जिस पर बहुत धन खर्च होता है। चैतन्यित पानी में भिगोकर श्रीमाताजी अमिश्रित बीजों की शक्ति को विस्मयकारी ढंग से बढ़ा देती हैं। विश्व स्वास्थ्य संस्था (WHO) के एक ऑस्ट्रेलियायी वैज्ञानिक ने इस विधि को अपनाया और उसके शोध ने दर्शाया कि चैतन्यित पानी से सींचे गए खेतों में साधारण पानी से सींचे गए खेतों की अपेक्षा दुगुनी उपज हुई है।

चैतन्य लहरियाँ देने से देशी गायों के दूध की मात्रा में भी सुधार हुआ। यह पाया गया कि भारतीय गायों के चैतन्यित दूध के गुण विदेशी किस्मों के दूध से कहीं उच्च थे।

सन 1982 में महाराष्ट्र के लिये हरे पेड़ बनाने के लिये राहुरी कृषि विश्वविद्यालय ने एक विशेष अनुदान दिया। रूस के कृषि वैज्ञानिकों को चैतन्य लहरियों द्वारा अपनी कृषि को सुधारने की विधियों का भी श्रीमाताजी ने परामर्श दिया है।

श्रीमाताजी फूलों से प्रेम करती हैं और विश्वभर से पौधे लायी हैं। पहली बार सन 1993 में उन्होंने पुणे में बल्ब के आकार की कुमुदिनी (Tulips) उपजायी और उनके खेत के गुलाब के फूलों ने पुष्प प्रदर्शनियों में बहुत से इनाम जीते हैं। बंगलौर में चैतन्य लहरियों के माध्यम से ऊतक संवर्धन प्रक्रिया (Process of Tissue Culture) में क्रान्ति लायी गई है।

किसानों को आत्मसाक्षात्कार द्वारा आनन्द और वैभव प्रदान कर, सहजयोग विधियाँ, कृषि के क्षेत्र में मूक क्रान्ति ला रही हैं।

**26. List of Foreign Farmers / Sahaj Yogi's Email / Phone of different countries shown interest in Sahaj Agriculture and working under project.**

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	Petevslurg		
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## 27. SAP Exhibition & Presentation at Milan EXPO 2015 and cabella (Italy) dated 18-28 August, 2017.

to National Trust, New Delhi  
cc Mr. GD Pareek  
Mr. Rajesh Dasari

### Presentation on Sahaj Krishi Project - India in Cabella

Jai Shri Mataji

Respected all

We request Mr. GD Pareek and Mr. Rajesh Dasari, with whom we are in touch since 2014, to give a presentation in Cabella, during the World Festival between Shri Krishna and Shri Ganesha Puja regarding the amazing successes in spreading Sahaja Yoga through the "Sahaj Krishi" Agricultural project, in the rural areas of India.

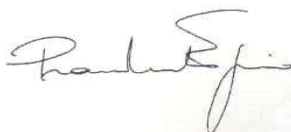
We are trying also in Cabella to experiment Sahaj Agriculture on the land being bought by HH Shri Mataji here in Italy, and we would be very happy to learn by the Indian experience.

Mr. Rajesh Dasari could spend some month as volunteer with us, and know our environment and climate, and could join Mr. GD Pareek in give us good solution to reach same results as in India, by HH Shri Mataji grace.

We would also set up a stall where to show posters and presentations to all the Sahaja Yogis interested.

Many thanks in advance, with Nirmal Love and respect,

Ezio Prandini



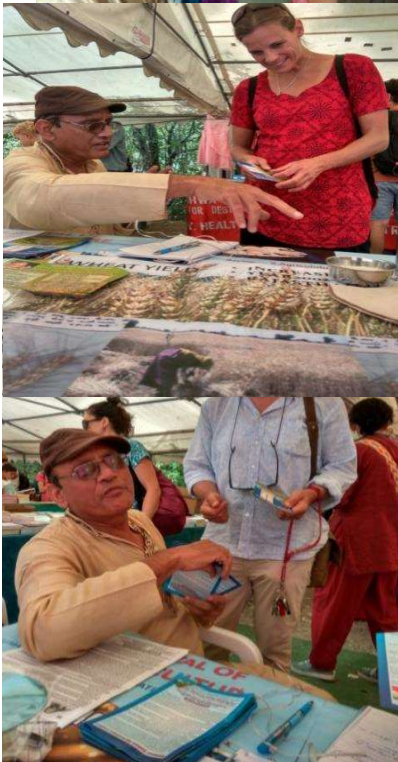
General Manager  
Shri Mataji Nirmala Devi Sahaja Yoga World Foundation  
Palazzo Doria - Cabella Ligure - Italy

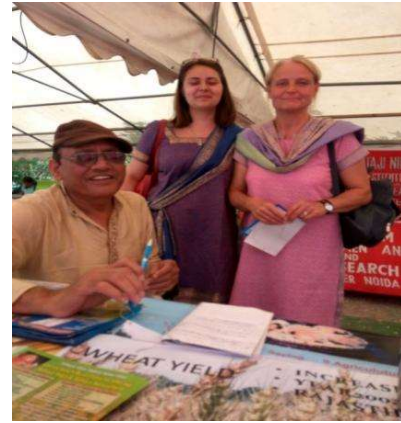
Iscritta al Registro Regionale centralizzato provvisorio delle Persone Giuridiche in data 08.11.06 (Prot. n° 747)

For details of presentation, please visit website:

<https://sahajkrishi.org/english/2021/03/16/sahaj-agriculture-mission-abroad/>

SAHAJA AGRICULTURE EXHIBITION INSTALLED DURING KRISHNA AND GANESHA PUJA 18 TO 28 AUGUST 2017 AT CABELLA AND DICUSION WITH SH. EZIO PRADINI ,GENERAL MANAGER WORLD FOUNDATION CABELLA REGARDING SAHAJA AGRICULTURE PROJECT.

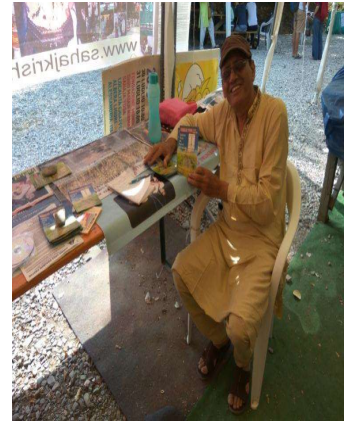


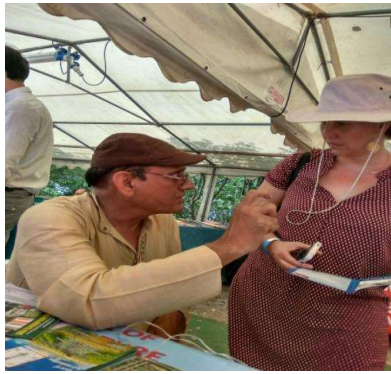
















## 28. Annexure-1

### Promotional activities of Sahaja yoga and national Sahaj Agriculture Project [NSAP]

Sr. No.	Place	Self Realisation (SR)	Awareness about Sahaja Agriculture	Total Benefices (No.)
1.	Sahaja Yoga District Coordinator Tonk (Raj.) at State Institute of Agriculture Management [February 2001 to July 2008]	33 Districts SR given to 3480 trainee (One session for SY in each training)		3480
2.	Two year (2002-04) Research experimentation on wheat	Result very encouraging		
3.	Jagatpura [Jaipur] city coordinator SY w.e.f. July, 2012 to continue.	Regular meditation every Sunday		
4.	Organised 3 National Level Sahaja Agriculture Seminar	On 12 February 2012, 14-15 November 2012 and 28 April 2013		473
5.	Chetana Yatra 10-15 August 2013	-	2000	2000
6.	Ganesh Puja Nasik 3-8 September 2013	-	1500	1500
7.	School, Kama (Bharatpur) 18-19 September 2013	500	50	550
8.	Massive rural campaign Dist. Bijnor (U.P.) 28-09-2013 to 03-10-2013	10000 (20 Villages)	10000	10000
9.	Massive rural campaign Bhinder (Udaipur) Raj. (4-8 October 2013)	5000 (10 Villages)	5000	5000
10.	Navratri Puja Jaipur (6-13 October 2013)	(Awarded best in Agriculture by C.M. Rajasthan)		1500
11.	Diwali Puja Luck now (U.P.) 7-11 November 2013	-	2500	2500

12.	Campaign SY/SA International Pushkar Mela Ajmer (13-17 November 2013)	10000	10000	10000
13.	Christmas Puja Nargol (21-26 December 2013)	-	3000	3000
14.	7 State farm fair at National Research Centre of Seed Spice Ajmer (4-7 February 2014)	3120 (Awarded AWARD by VC Agri. University)	5000 EXCELLANCE	5000



Sr. No.	Place	Self Realisation (SR)	Awareness about Sahaja Agriculture	Total Benefices (No.)
15.	Massive rural campaign Shiv Puja Ranchi (Jharkhand)	3000 (15 villages)	3000	3000
16.	International Birthday Puja Chhinwada (M.P.) (21-23 March 2014)	-	1000	1000
17.	Inauguration of New website <a href="http://www.sahajkrishi.com">www.sahajkrishi.com</a> during International Birthday Puja Chhinwada on 23 march 14			
18.	(M.P.) (21-23 March 2014)			
19.	4 days massive rural programme Udaipur (Raj.) (19-22 April 2014)	2500 (10 villages)	2500	2500
20.	Seminar at Village Doondlod (Jhunjhunu) (Raj.)	-	95	95
21.	Adi Shakti Puja Raiwala (Utra Khand) (4-8 June 2014)	-	3000	3000
22.	Kama Tehsil district Bharatpur Public Programme 20 June 14	150	150	150
23.	Mass rural campaign North East 30.6.14 to 6.7.14	400	400	400
24.	Mass rural campaign Ratlam (M.P.) (9 July to 14 July 2014)	1500 (8 villages)	1500	1500
25.	Ganesh Puja Pure (28 August to 1 September 2014)	-	1100	1100
26.	Ten days massive Rural campaign Kerala State and Navratri puja Palekhad [KERALA] (26 September to 5 October 2014)	900 (8 villages)	900	900
27.	Seminar, press conference & Public Programme Bijnor (U.P.) (4 to 13 October 2014)	1200 (35 villages rural awareness campaign)		
28.	Massive mass awareness of sahaj yoga/sahaj agriculture at Rohtak [Haryana]	15 village, 3schools	2300	2300

	18 to 25 Jan. 2015			
29	Sahaja Narvada Basantosav\Mahasaraswati Puja BARWAHA[Nimad] MP 30-31 Jan & 1 Feb 2015	Presentation and exhibition	1300	1300
30	Shiv Puja Chandrapur [Maharashtra.]13-15 Feb.2015[ 450 village ,40000 sahajis]	Presentation and exhibition	4000	4000
31	KRISHI VIGYAN MELA [UJAIN] M.P.2-4 March.2015	Presentation and exhibition	1500	1500
32	Sahaj agriculture Mass awareness campaign at CHCHINWADA and International birth day Puja15-21 March 2015	Self realization in villages, Presentation and exhibition	5 villages 500 SR, TOTAL 3400	3400
33	NATIONAL SAHAJ AGRICULTURE WORKSHOP ON 22 MARCH 2015		192	192
34	Meeting at MINISTRY OF AGRICULTURE GOI NEW DELHI ON 20.05.15, Presentation on sahaj agriculture by DR. MB KULKARNI, G.D.PAREEK AND55 M.NAGRAJ			55 scientists
35	Special programme on sahaj agriculture at greater NOIDA\Village kama 21-23 May 2015 more than 600 sahajis trained .			
36	SAHAJ AGRICULTURE EXPERIMENTATION 2015-16	ICAR RESEACH INSTITUTES	10 RAJASTHAN, MAHARASTRA, TELGANA	
37	Rural motivation awareness campaign of SA ,SY IN 8 Districts of Bharatpur and Kota division 20-23 July 15 and 3-6Aug.15	Presentation and exhibition	192	192
38	International Diwali PUJA ON 14-15 Nov 2015	Presentation and exhibition	2200	2200
39	NATIONAL SAHAJ AGRICULTURE WORKSHOP ON 16 Nov.15	Presentation and exhibition	200	200

40 Sahaja Exhibition/ presentation – Nagaur[Raj.] on 17 Jan..16 [2300 benefitted]

41 National sahaj prasar and prachar seminar- Sawaimadhopur on 13-14Feb.[150 benefitted]

42 Sahaja Exhibition/ presentation Ludhiana on 4-6 March 16

43 Sinhust kumbh Mela Ujjain on 22 April to 22 May16 [10000 benefitted]

- 44 Sahaj krishi workshop Meerut UP on 17 April 16 [800 benefitted]
- 45 Sahaj krishi awareness sahastra puja Dharmashala HP on 6-10 May[300 benefitted]
- 46 Sahaj krishi workshop Chandigarh on 22 May [350 benefitted]
- 47 Sahaj krishi workshopat Indri- Karnal on 21 May [250 benefitted]
- 48 Sahaja krishi Exhibition/ PPT in Adi guru puja Auli DEHARADUN [ UK] on 9-12June[3000 benefitted]
- 49 Sahaja krishi Exhibition/ presentation in Guru puja Ratlam [MP] on 14-16 JULY [2000 benefitted]]
- 50 Sahaja krishi Exhibition/ presentation in Ganesh puja Gangasager[ WB] on 2-4Sept. [185 benefitted]
- 51 Sahaja krishi presentation with USA delegation NT Office N.Delhi on 5 Dec.2016
- 52 Sahaja krishi Exhibition/ presentation in Viratpuja Noida - on 20 Nov.16
- 53 Sahaj agriculture program Nagpur on 22 Nov.2016
- 54 India premier agriculture exposition KRISHITHON Nasik on 24-28 Nov,16
- 55 International Diwali Puja Exhibition/ presentation 14-15 Nov. 16 Jaipur Rajasthan[2200 benefitted ]
- 56 Sahaj krishi workshop Indore on 8Nov.16 [155 benefitted]
- 57 Sahaj krishi PICNIC village Madav ghorad tah Hinana on 10-11 Dec.16
- 58 Sahaj krishi PICNIC village Nandkhed takali Akola on 10-11 Dec.16
- 59 Sahaj krishi PICNIC village Chikali Mah. Dated 10-11 Dec.16
- 60 Sahaj krishi seminar Togalabad [Amrawati Dated 17-18 Dec.16
- 61 Sahaj krishi PICNIC village Mamadapur[Ahmadnager Dated 16 Dec.16
- 62 Massawareness agriculture and self realization village Mendra[Bilaspur]MP Dated 7Dec
- 63 Sahaj krishi program village Limbala distt.Hingoli Dated 10 Dec 16
- 64 Yuva shakti sahaja krishi camp village Mamadapur distt. Ahmadnager Dated 18.12.16
- 65 Sahaja krishi camp village Devanhalli distt. Banglore Dated 11 Dec 2016
- 66 Sh. Subhash snap village karanjgan tah. Chalisgaon distt.jaljaon Mah. Donated 3 Acre land sahaja krishi experimentation Dated 12 Dec.2016.
- 67 Sahaja krishi program village Gardanibag Patnabihar Dated 12 Dec 16
- 68 Sahaja krishi program village Gadandi distt. Hingoli Dated 12 Dec 16
- 69 Nagpur Yuva sahaja krishi Picnic Dated 9-12 Dec 16

- 70 Sahaja krishi follow up program village Mandrupgaon tal.south Solapur distt. Solapur  
Dated 13 Dec 16
- 71 Self realization to farmers Hoskote Banglore 17 Dec.16Thanjavur, Naga pattinam  
Cuddalore
- 72 Sahaja krishi program village Newari tah. Depalpur MP Dated 19 Dec 16
- 73 Sahaja krishi Abhiyan Amrawati MAH .Dated 19 Dec 16
- 74 Sahaja krishi Abhiyan Dhargaon distt.Bhander mah. 22 Dec.16
- 75Sahaja krishi Self realization program Dhargaon tah. Osian distt.Jodhpur Raj20 .12.16
- 76 Sahaja krishi program village Ekhkheda distt Budaun UP Dated 23 Dec 16
- 77 Sahaja krishi Android Apps on google play spiritual farming 26 Dec 2016
- 78 concert by Austraian Musician on 27.12.2016 at Jaipur Raj briefing National sahaja  
agriculture Project and provided sahaja krishi literature to all sahajis of 7 country .
- 79 East India yuva workshop [sahaja agriculture] 21-22 Jan.17
- 80 Sahaja krishi program village Buldhana Dated 30 Dec 16
- 81 Sahaja krishi program Ranchi Jkarkhand Dated 4 jan 17
- 82 Sahaja krishi program village Brambe Dated 7 and 14 jan 17
- 83 Sahaja krishi program HIMACHAL Pradesh [HP ] Dated 7 jan 17
- 84 Sahaja krishi seminar village Ugaon tah. Niphad Nasik Dated 9 - 10 jan 17
- 85 Sahaja krishi program village Tandulwadi [ Kolhpur] Dated 11 jan 17
- 86 Shri shakambhari PUJA Prathithan Pune 12 Jan.17[goddess of all vegetables and food]
- 87 Sahaja krishi Horticulture Dev. program village Theour MahDated 13 jan 17
- 88 Krishak sangothi Digthan distt, Dhar MP 15 Jan.17[ 2500 farmer/ scientists benefitted]]
- 89 Sahaja krishi workshop village Kallachi distt. Kazhikode Kerala Dated 15 jan
- 90 Sahaja krishi workshop at bandager, bundikala, kadchha Ujjain MP 20-22jan.17[ 1000  
benefitted]
- 91 Sahaja krishi FARMERS REALISATION PROGRAM Dabal chowki distt Sewani 16 Jan.2017
- 92 Sahaja krishi program 10 villages of Barwani Distt,Indore MP Dated 16 jan 2017
- 93 Sahaja krishi workshop Manassaeri Ashram Kerala Dated 15 Jan 20 17
- 94 Indore awareness tour program for sahaja agriculture Indore 5-13Jan17[180 village-4 lac  
seeker]
- 95 Sahaja krishi program village Deogaon Mah Dated 16 jan 17
- 96 Sahaja krishi program village Devrla MP Dated 22 jan 17[80 farmers benefitted]

- 97 Sahaja krishi program Badaun UP Dated 19jan 17
- 98 Sahaja krishi program village Maarapur distt. Prdharpur MP Dated 22 jan
- 99 Self realization in Training centre Indore 23 Jna.17
- 100 Krishi samridhi national krishi exhibition 2017 krishi mahavidyalay Jora- RAIPUR chittishgarh 27-31 Jan2017.
- 101 Krishidhan krishi exhibition 25-29 Jan Ahmednager MAH. 200 farmers of 10 villages.
- 102 Sahaja krishi program Perambra , distt. Prdharpur distt. Kazhikode Kerala 26 Jan
- 103 Sahaja krishi program Urmura village Shikhohabad UP 28 Jan 17.
- 104 Sahaja krishi mela Raipur chittisgarh 31 Jna.17
- 105 SHETKARI MELAWA KRISHI EXHIBITIONS –AHMEDNAGER MAH. 6-7 FEB.17  
EXCELLANCE AWARD
- 106 Self realization to farmers Rajpur Roshanager [Bilsa] Budaun UP 4 Feb.17
- 107 Sahaja krishi workshop PAZHAYANNUR TRISSUR Kerala Dated 5 Feb.17
- 108 Sahaja krishi workshop VILLAGE Mohammadpur distt. KANPUR DEHAT Dated 5 Feb.17
- 109 Sahaja krishi AT Bilara, segam, mhaeshwar, karhi, petlawad, barwaha, sanawad village MP 7 Feb.17
- 110 Farmer Meet village Madhil Burhanpur MP on 9 Feb.17
- 111 Sahaja krishi workshop VILLAGE Lamachod [Halwani] UK Dated 10 Feb.17
- 112 Sahaja krishi workshop Mainpuri UP Dated 19Feb.17
- 113 Sahaja krishi slogan song composed and sung by shri sandeep Dalalji sahaj krishi abhiyan program 12 Feb.17
- 114 Kisan Mela- SY and sahaja krishi program 26 Feb.17 Bikaner 3500 farmer benefitted
- 115 Self realization to farmers Raninagal Bazpur Uttarakhand 12 Feb.17
- 116 Sahaja krishi program Melur [Tamilnadu] 13 Feb.17
- 117 Sahaja krishi program village Raatu Ranchi 15Feb.17
- 118 Sahaja krishi program village Guru Ranchi Jharkhand 15Feb.17
- 119 Sahaja krishi exhibition chandpur Mah. 20 Feb.17
- 120 Mass awareness of sahaja krishi at Rajkot, Dwarka [Gujrat] 10-16 Feb.17
- 121 Madesh krishi exhibition Sangola Solapur Mah. 23-27 Feb.17
- 122 Sahaja krishi exhibition chandpur Mah. 20 Feb.17
- 123 Sahaja krishi VILLAGE Gana nagla [Bahedi] Halwani. 21 Feb.17

- 124 Krishi Mahotsav-Krishi exhibition Kothaligaon tah.Muktainager Jalgoan Mah. 20-24 Feb.17
- 125 Regional sahaja krishi seminar Kodungallor Thrissur Kerala Dated 22-24Feb.17
- 126 Plantation of Rajanigandha at Barwah centre MP 5.3.17
- 127 Sahaja krishi program village Lamchod Halwani 5 March 17
- 128 Sahaja krishi program village Raiger Indore MP 5Feb.17
- 129 Sahaja krishi program village SEGAN Barwah Indore 9Feb.17
- 130 Sahaja krishi program village Ozar Barwah Indore 17Feb.17
- 131 Sahaja krishi program village Katam tah. Kanke Ranchi Jharkhand 17Feb.17
- 132 ICAR NEW DELHI –KRISHI EXHIBITION 15-17 MARCH17 EXCELLANCE AWARD
- 133 AGROTECH 2017 - KRISHI EXHIBITION RANCHI JHARKHAND 20-22MAR.17
- 134 Sahaja krishi STALL CHHINWADA MP 19-21 MARCH 17
- 135 Smt. Sadhana didi planted sapling at chhinwada MP on 21.3.17.
- 136 Sahaja krishi program village Tatri Bokaro Jharkhand Ranchi Jharkhand 26,3.17
- 137 SR and sahaja krishi program village Vikrampur charsora Badaun UP on 27.3.17
- 138 Sahaja krishi programme Mamdapur by Rahuri krishi team dated 8 April.17
- 139 Sahaja krishi programme village Keldamal [jharsuguda] Odisha dated 10April.17 and follow up benefitted 100 farmers .
- 140 Sahaja krishi programme at village Hoskote [ Karnataka] dated 10.04.17
- 142 Sahaja krishi programme at village Tatri Bokaro [ Ranchi] dated 10. 04.17
- 143 Sahaja krishi programme at village Tamor [ Ranchi] dated 11 April.17
- 144 Sahaja krishi programme at village kinamkum [ Ranchi] dated 12April.17
- 145 State Level Krishi Mahotava Odisha 11-13 April 17 Excellence Award By Govt. Of Orisha.
- 146 Sahaja Agriculture seminar at main centre Noida [UP] on 23 .4.17 [ 600no.]
- 147 Sahaja krishi programme village Allahapur , Budaun [ UP] dated 25.4.17
- 148 Sahaja krishi exhibition ay krishi upaj Mandi Ujjain MP dated 1-3 May .17
- 149 Sahaja krishi programme village Tudi [srikakulam] AP dated 17 May 2017
- 150 Sahaja krishi programme village Allahapur , Budaun [ UP] dated 18 May 2017 [ 3 follow up program]
- 151 Sahaja krishi programme Kolkata WB dated 19 May .17
- 152 Public program/ sahaja krishi programme West Bengal dated 17 .5.17.17[150SR]]

- 153 Sahaja krishi programme village Andimadam, Ariyalur [ Tamilnadu ] on 20.5.17 [25 self realization]
- 154 Public programme / sahaja krishi village PIPALIYA KALA , Pali[ RAJ.] ON 1 May 17 [25 self realization]
- 155 MAHARASTRA SAHAJA KRISHI RESEARCH PROJECT,KARAJGAON TAL.CHALISGAON-INAGURATION, JAL PUJAN SA ACTIVITY ON 22 MAY
- 156 Sahaja krishi trail at Allahabad [ UP] -guidance required by email aviralfriend @ gmail.com
- 157 Yuva shakti/ sahaja krishi programme Visakhapatam AP dated22-23 May 2017
- 158 Sahaja krishi programme at newly Ashram, bhumi puja at Sangareddy 24.5.17
- 159 Sahaja krishi programme NSYS village Unhanal, Burdwan [ WB] dated 26.5.17
- 160 Sahaja krishi programme village Unhanal, Burdwan [ WB] dated 26 May 17
- 162 Sahaja krishi programme village Greater Noida dated 27 May 17
- 163 Sahaja krishi programme village chidiya kheda UP dated 29 May 17
- 164 MAHARASTRA FIRST YUVA SHAKTI SAHAJA KRISHI TRAINING WORKSHOP AT NIRMALNAGRI CHANDRAPUR [MAH.]ON 27-28 MAY 2017 Mr. Parlewar [IAS joint secretary Nagpur addressed.]
- 165 Sahaja yoga/ sahaja krishi programme CSIR PALAMPUR [HP] dated 1JUNE 17 [120 self realization ]
- 166 sahaja krishi programme village Reonai ,Badaun [UP ] dated 31 May 17
- 167 Sahaja krishi programme village saray saval, Badaun [UP ] dated 31May 17
- 168 Sahaja krishi programme village SAGUR , PALAMPUR [HP] ] dated 2 JUNE 17
- 169 Sahaja krishi programmeAT DEUPTY DIRECTOR AGRICULTURE OFFICE DISTRICT BHARATPUR [ RAJ.] dated 1JUNE 17 [90 agriculture officer self realization ]
- 170 Sahaja krishi programme village Parevita district Sangali dated] 4 JUNE 17
- 171 Sahaja krishi programme village bakultala ,Goghat Hooghly , WB] dated 4 JUNE 17[65 FARMERS].
- 172 National trusts India letter dated 20july 2017 regarding SAHAJ AGRICULTURE and Prasar Prachar training camp to all trustees, state coordinators and city coordinators as follows.  
JAIPUR 5-6AUGUST 2017,HYDERABAD 11 AUG.17 ,J AND K 25 AUG.17

PUNE 2-3 SEPT. 17 , LUCKNOW 16-17 2017 KOLKATTA 4-5 NOV.17 NOIDA 18-19 NOV.17  
GUHATI 2-3 DEC2017.

173. Sahaja krishi stall in south INDIAN SEMINAR AND REGIONAL SHRI KRISHNA PUJA at  
Hyderabad on 11 Aug.17 .

174. On invitation of GENERAL MANAGER, WORLD FOUNDATION CABELLA ITALY SAHAJA  
AGRICULTURE ORGANISED IN KRISHNA AND GANESHA PUJA HELD 15TO 28 AUG.2017 at  
Cabella 32 countries participated. Discussion with sh. Ezio Prandini GM, WORLD  
FOUNDATION regarding sahaja agriculture Project and sharing experiences of Indian sahaj  
agriculture .

175 Mass awareness Agriculture campaign shakambhari devi temple 40 Km away from  
Saharanpur UP during Navaratra puja .

176. Mass awareness Agriculture campaign district Udaipur for 9 during Navaratra puja by  
installing sahaja agriculture stall and distribution of literature ..

177 Sahaja krishi exhibition and presentation during National puja and seminar Kanpur UP  
on 29 Sept.to 1 oct.17 .

178 Sahaja krishi exhibition and presentation during International Dewali puja and seminar  
Jaipur Rajasthan on 20to 22 oct.17 .Eight country sahaji Columbia, Russia ,France, México,  
Dubai, and Australia participated and1600 sahajis benefitted.

179. Sahaja krishi Gosthi and bhumi pujan at sahaj agriculture demo and research project  
Karanjgaon post Talegaon tehsil chalishgaon District Jalgaon Maharastra on 29.10.2017.

180 Sahaja krishi exhibitionin kishan mela TTC[NRDMTTI], Sirasa road, Hissar on 28-30  
oct.17

181 Sahaja krishi exhibitionin during kapal mochan Yamuna Nager Haryana on 1-3 Nov.

182 Sahaja Agriculture seminar at Chandrapur on 26-27May 2018 .

183 Sahaja yoga and sahaja agriculture prasar ,prachar work at Jhanshi UP 2-6 May 18

184 H.P .Agri. Uni . Palampur 10.5.18. About 70 Students B.Sc.Ag Got Sr.

185 GRUHA LAKSHMI – shooting started 21.3.18 by NGO IMMACULATE IDEAL HUMAN  
FOUNDATION [Sh. Sanjay Roshan Talwar managing trustee ] To fulfil the vision of our divine  
mother with theme song of JAGO KUNDILINI MA.

186 Workshop on sahaja agriculture Luck now 19-20 May 18[ RM TRIPAHI S.A.C. UP  
829941956, MANOJ MITTAL 9719337898,DEEPAK AGRAWAL 9286300754,UP WEST  
8052534324]



- 187 Workshop on sahaja agriculture PUNE 27.05.18
- 188 Workshop on sahaja agriculture VETARANA MAH. 19 to 20 .05.18
- 189 Sh. Sandeep Deshmukh ji sangali [ Mah.] sahaj yogi awarded Adhar Maharashtra Krishi Bhushan Puruskar 2018 on 15.05.18
190. Sahaja krishi programme village Tarup district RANCHI JHARKHAND 16.05.18
191. Sahaja krishi programme village KATAMKOLI KANKE district RANCHI JHARKHAND 16.05.18
- 192sahaj krishi gyan and self realisation village Bhudanpur Indri Karnal .
193. Workshop on sahaja agriculture AHMADNAGER JHAMKHEDE [MAH.] 19 to20.05.18
194. Workshop on sahaja agriculture teduah distt Hardoi UP 21.05.18
195. Workshop on sahaja agriculture VILLAGE KELAWALI DISTT. PUNE 24.05.18
- 196.Workshop on sahaja agriculture village Marakuta jharsugada Orisha 29.05.18.
197. Sahaja Krishi Media App- You Tube Channel Launched On 31.05.2018 Sh. Raj Vaghela 7405323548,8200909318, Email – sahaja [krishi1986@gmail.com](mailto:sahaja.krishi1986@gmail.com)
- 198.Sahaja krishi programme village Faltana[Mah.] 2.06.18
- 199.Sahaja krishi programme village ugala[Ambala Haryana.] 3.06.18
- 200.Sahaja krishi programme village Rairangpur [Orisha .] 3.06.18[ 800 benefitted]
- 201Sahaja krishi programme village PADOLIYA, LALBHUIA [BADAU UP]] 8.06.18
- 202.Sahaja krishi Gyan yatra UP BANARAS,AJAMGARH,JAUNPUR AREA 20-24 JUNE 2018 village Belkhara,Mohauddinpur,Mohadipur,Dehpur ,Kuda,Gajna,Gopalpur
- 203.Sahaja krishi programme village Dewarala Dhar MP.] 10.06.18
- 204.Sahaja krishi programme village sahebgang W.B. and JHARKHAND 27 to 30 june 18
- 205.Sahaja krishi programme kyari Ramnager Utarakhand Mah.] 14 to 17.06.18
- 206.Sahaja krishi programme and kavita patha [Mah.] 28.06.18
- 207.Sahaja krishi programme baksena, sejni distt. Badau UP on 28.06.18
- 208.Sahaja krishi workshop Lucknow on 12-14 oct.2018
- 209.Sahaja krishi programme at kashipur, Jaspur, Aspur Utarkhand on 5.07.18
- 210.Sahaja krishi programme at onidhi,budu naxalite area of Ranchi on 10.07.18
211. Sahaja krishi programme at haripal, gopinager Hugali W.B. on 13.07.18
- 212.Sahaja krishi programme at BAIKUNDAPUR, PURSURAH Hugali W.B on 15.07.18
- 213.Sahaja krishi programme at karegaon village [Bangi] shrirampur ,Pachegaon [Newasa] Ahemandnager MAH. on 15.07.18

214.Sahaja krishi programme at Ahemandnager, Aurangawad beed, parbhagi MAH. on 17 to 25 .July .18.

215 Sahaja agriculture team met to Governor smt. Anandi ben patel regarding sahaja agriculture project on 20.07.18.

216. Promote plantation of trees, tree per head is lowest in India 28 as compare to Canada 8953, Russia 4461, USA 716, CHINA 102.

217. China delegation visited Jaipur on 22 July 2018 ,Discussed sahaja agriculture project in depth technical practical issues with chaiman and member secretary to national sahaja agriculture project.

218.New centre established in village Barbara khede,kashipur utrakhad dated 27.7.18

219 Sai baba Agriculture exhibition,mega Agriculture expo at sirdi 15-23 August 18 sahaja Agriculture exhibition.

220. Excellence work in sahaja Agriculture at patakpur Hyderabad unnav UP on Paddy crop adopting organic farming on 1.08.18

221.Excellent work sahaja yoga and sahaja Agriculture at bhisdhan,bilore kanpur City UP.

222. PP sahaja yoga and sahaja Agriculture at hubali,parshura,dakhin bakundpur village Kolkata on 5.08.18.

223. Muradabad dhyam centre did demo on Paddy crop with out fertilizer,shown vibrated crop among sahajis farmers.

224.Raised plant nursery, vibrated at Ranchi jharkhand and awareness campaign and distribution on 10.9.2018.

225 sahaja yoga and sahaja Agriculture program at khuti district jharkhand dated 14.9.18

226. sahaja yoga and sahaja Agriculture program at shakambhari Devi temple in saharanpur UP every year since 2010on 15-22oct.18.

227.Display demo on organic farming by Sahaja Agriculture techanaque at Shri rishi Pal Indri, Hariana on 8oct18.

228. lanuached Agriculture green house/Poly house project at ISPS talnu

Dharmashala by growing vibrated carrot, capsicum, cucumber, tomato and okrab by miss Shalini scientist.

229 Farmer sh namdev rahane village Mamadapur Ahmed nager grown sugarcane variety KO265 by Sahaja Agriculture techanaque on 15.11.18

230.sahaja Agriculture exhibition at Diwali puja kolahpur Mah.dated16-18 nov.18.

231.sahaja Agriculture abhiyan village arjoonpura distt Kota Raj.on potato crop farmer sh chchotu Lal yield 400 quantal in vibrated and 175 quantal control plot.

232.prachar and Prasar of sahaja yoga and sahaja Agriculture in Nepal 25 Nov to 1 Dec 2018 sh somnath kamley mobile 8918633035.

233. Farmer gordhan Dass tiwari bhagfal bhadgaon MP demo nstrated bee keeping, dairy farming,fish farming at his farm on 25.11.18.

234.wheat sowing through sahaja Agriculture techanique at subhankheda ,Unnav UP on 28.11.18

235.Kapal mochan Agriculture Mela at yamunanager Haryana sahaja Agriculture exhibition installed.

236. Sahaja Agriculture prachar and prasar at Bhutan 24-29Dec18.

237 sahaja Agriculture program village arjunpura Kota Raj on 18.12.18

238.kumbha Mela 14jan to 4 mar.at prayraj Allahabad sahaja Agriculture exhibition installed.

239. Sahaja Agriculture exhibition at Christmas Puja Nargol on 25.11.18

240 farmer demo planted lemon variety gandhraj hugali Kolkata on 27.12.18

241 sahaja Agriculture training at MVPs kar maveer dulaji sita ram patil Agriculture college Nsik on 15jan 19.

242.progressive farmer sh sandip sangli Maharashtra raised pomegranate through sahaja Agriculture techanique demo on 19.1.19 exported in Europe.

243. Impact of vibrations on potato crop grown by farmer sh somnath kamley hugali Kolkata did not affected with leaking cold storage gas (blast)on potato crop while side plot non vibrated ruined completely on 29.1.19

Potato yield reported vibrated 10.5 quantal and last year 4.5quantal on same field.

- 244 . Krishi mahastav 7 -11Feb-19 at Nasik
245. Collective vibrations to crops at patia Unnav UPon 17.2.19
- 246.sahaja Agriculture program at farmer sh maheshwari Lal Chowdhary village lahan Nepal by Sahaja Agriculture techniqe 19 Feb 19.
- 247 sahaja Agriculture program at bara district Nepal on 21.2.19
248. Sahaja yoga and sahaja Agriculture apprised to water resources and medical Minister sh Girish bhau Mahajan and tourism Minister sh Jay kr.parwalon 22.2.19
249. Progressive farmer sh naresh sahu village parelia kolukhedi teh.chchawada district Baran Raj. Demo on sahaj agriculture techniqe on different crops and it's impact on 23.2.19
- 250 sahaja Agriculture exhibition at shiv puja sonbhadra on 3.3.19
- 251.sh Romel Verma progressive farmer and son in law Shri Mataji with sahaja Agriculture team at lahan Nepal on 3.3.19.
- 252 sahaja yoga and sahaja Agriculture program at makenda Ji Mela taluka chamoshi District gadchirili on 5.3.19
253. Sahaja Agriculture program at Dr. Bazi Rao shaluke village Mamadapur Ahmedabad pur Mah
254. Sahaja Agriculture exhibition in international birthday Puja Chchinwada 21.3.19
- 255 sahaja Agriculture seminar village patiyara dated.27.3.19
256. Sahaja Agriculture program village ranwad,pempal mah .sh Dilip Ji farmer field of grape on 27.3.19.
- 257 sahaja Agriculture workshop on 20-21 April 19 at P.K.salve academy of music and fine art pipala,savner road Nagpur Maharashtra.
258. Sahaja Agriculture program at village urhar Unnav UP on 31.3.19 sh Akhilesh 9121612898.
- 259 sahaja Agriculture program village mirpura,Arambagh hugli Kolkata WB on 1.4.19
- 260 sahaja Agriculture program village sukkar , dharmashala Uttarakhand on 1.4.19

- 261 practical program of sahaja Agriculture at Tajpur ,gosepara WB Guma collectivity on 1.4.19
- 262 sahaja Agriculture program village Guma distt.barsat hugali WB on 4.4.19
- 263 sahaja Agriculture program village munarul,betgram,medanipurWB on 7.4.19
264. Sahaj Agriculture program village markundi sonbhadra UP on 8.4.19
- 265 sahaja Agriculture program village birchi, Doha, Unnav UP on 8.4.19
266. Sahaj Agriculture program village teduo,mallava,hardoi UP on 9.4.19
267. Sahaj Agriculture program village mudunur,vuyyuru mandal Krishna District AP on 12.4.19 ,(yield Paddy 40 bags per acre in vibrated field while 30 bags in control plot, yield of black gram 6 bags per acre in vibrated crop while control plot 4 bags per acre).
268. Sahaj Agriculture program village ubari maharashtra on 13.4.19
269. Sahaj Agriculture program village arjunpura Kota Raj (vegetables crops) on 14.4.19
270. Sahaj Agriculture program village mirpura hugali Kolkata WB on 19.4.19
- 271 sahaja Agriculture program Haryana 17-19May19.
- 272 sahaja Agriculture program in North East 15 -26 June 19 (16-17 June Agartala,18-19 June tripura,21-22 June silture, 24-25 June shilong and 25 June Guhati.)
- 273 sahaja Agriculture program village manora ,ballarshah distt.chandrapurMah. on 1.7.19
- 274 sahaja Agriculture program village bhognadi , District sahebgang jharkhand on 2.7.19
- 275.Sahaj Agriculture Project village arjunpura Kota Raj on 2.7.19
276. Sahaj Agriculture exhibition Adiguru Puja ,Amarawati on 12-14 July 19
277. Sahaj Agriculture workshop 23-25 August 19 Ranchi jharkhand Shri Krishna Puja.
278. Sahaj Agriculture program village Anjan on 24.7.19
279. Progressive farmer sh P. Bihade Akola on 21.7.19 Arhar yield 10 quantal per acre, Gram 14 quantal per acre in vibrated crops and control plot yield less..
280. Workshop sahaja Agriculture in Agriculture department Gorakhpur UP on 24.7.19
281. Sahaj Agriculture program village budu,anjora, Ranchi jharkhand on 23.7.19

282. Sahaj Agriculture program village golalamdid APon 10.8.19
283. Sahaj Agriculture program village arjunpura Kota Raj on 13.8.19
284. Sahaj Agriculture program village pathakpur Unnav at sugarcane field sh Dharmendra Singh on 27.8.19
285. Sahaj Agriculture program village behata Unnav UP at farmer sh Vijay Shankar Paddy crop on 29.8.19
286. Sahaj Agriculture program village badner ganae teh.akot Akota Maharashtra at farmer sh Chetan kale moong crop o 5.9.19
287. Sahaj Agriculture program village cheradih Ranchi jharkhand on 8.9.19
288. Sahaj yoga and sahaja Agriculture seminar village nibe basti ,kolhar the.raheta Ahmednager Maharashtra on 10.9.19
289. Sahaj Agriculture program village ishwari kheda Unnav UP on 4.10.19
- 290 sahaja Agriculture program village Prasad khera Unnav UP on 4.10.19.
- 291 sahaja Agriculture program village papita chitwan Nepal on 5.10.19.sh tanka Prasad Gautam papaya yield increase.
292. Sahaj Agriculture exhibition at Hissar tractor training,krishti darshan expo dated 12-14oct.19
293. Sahaj Agriculture program village alti hugali WB 16.10.19.
294. Sahaj Agriculture program village lab Kari Indri Haryana on 22.10.19.
295. Sahaj Agriculture program at sh priyaranjan progressive farmer daltanganj jharkhand on 22.10.19
296. Sahaj Agriculture program village pardi shirpur kagagnager alilabad telgana on 17.11.19
297. Sahaj Agriculture program village vivakanand inter college Unnav UP on 14.12.19.
298. Experiment at Rahuri Agriculture vidhapeeth agreed to conduct sahaja Agriculture research work on 30.12.19.
299. Reserved 1 acre land for sahaja Agriculture Experiment to Agriculture department sonbhadra UP on 7.1.20 wheat variety WB 02 sown .

300. Sahaj Agriculture program village parner Ahmednager Maharashtra on 11.1.19
301. Sahaj Agriculture program Bhutan 29 Jan to 2 Feb 20.
302. Sahaj Agriculture exhibition installed at Anand Mela at Farraka WB on 9-10 Feb 20
303. Sahaj Agriculture program village mahapatra , Badu,sataki, jharkhand on 5.3.20.
304. Sahaj Agriculture program village derabendhu,satta ki thanks ,barnojura, birsa munda ,devgar,rajsara,deori,damar jharkhand Ranchi on 17.3.20
305. Sahaj Agriculture program village jhashiguda ,orissa on 15-17 March 20.