

Resolution @ 2023

Fulfill Shri Mataji's Dream

Sahaja Agriculture

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Website: www.sahajkrishi.org/english



Like in many developing nations, in India, about 65 percent people live in villages and are dependent on agriculture and live stocks. Shri Mataji **Nirmala Devi** had said that Sahaja Yoga belongs to the villages. Therefore, in order to honour her vision of developing villages, efforts are being made to create awareness about Sahaja Yoga and Sahaja Agriculture, a zero budget farming, to benefit the farmers of the rural areas of India and other nations.

It is important to understand that Shri Mataji has told during a Pooja at Italy on 06.05.2001, that if we Sahaja Yogis want to save the world from destruction, then we have to give self realization to atleast 40% of global population. Therefore, role of Sahaja Agriculture is very important in spreading Sahaja Yoga in the whole world. Shri Mataji had told that vibrations (Chaitanya Lahariya) is a living process, which thinks and acts - just the way as iron and magnet work and has an effect on a subject.

The vibrations, generated during Sahaja Yoga meditation, besides having an impact on human being, also affect all living beings and other elements of nature like plants and animals, earth, water and environment. Therefore, we can use these vibrations to improve productivity and quality of agriculture, horticulture, forestry, medicinal plants, vegetables, floriculture, fisheries, vermi-compost and dairy etc., therefore improving the economic conditions of the farmers.

Initially in India, the first experiments on Sahaja Agriculture was conducted on sunflower in 1980 at Pune, achieving the sunflowers of 2 kgs weight and 30 cm diameter (250 ml oil content) and ground nuts at Rahuri and Agricultural Universities during 2002-2004. However, in Europe, the first experiment on Sahaja Agriculture was conducted in Austria in 1998.

In order to promote research and adoption of Sahaja Agriculture, a meeting on positive results of some earlier experiments was held with 55 agricultural scientists and officials on 20.05.15 at the Indian Council Of Agricultural Research (ICAR) under the Ministry of Agriculture, New Delhi. ICAR directed its 10 research centres in the states of Rajasthan, Maharashtra, Andhra Pradesh and Telengana, which have reported very promising results on various agricultural crops.

In Rajasthan, National Sahaja Agriculture Programme was initiated through Sahaja Agriculture exhibition during Diwali Pooja in January 2011. Keeping in view of very promising results of Sahaja Agriculture, a detailed Proposal on National Sahaja Agriculture Project was prepared, which was finally approved by National Sahaja Yoga Trust, New Delhi. Consequently, a 7 Members Team was constituted, which prepared the Plan of Action on Sahaja Agriculture for the implementation.

The project was implemented in the whole country through organizing the workshops/seminars and active participation of 780 Sahaja Agriculture Coordinators, who conducted the training programmes within 2 years at district, block, village Panchayat and village levels and trained the farmers and youths in Sahajagriculture techniques. Further, National Sahaja Yoga Trust conducted Sahaja Agriculture programmes and exhibitions during each Sahajayoga Poojas, which also tremendously benefited the participants.

Many farmers, who have followed Sahaja Agriculture, were honoured with Agriculture Excellent Awards during Sahaja Agriculture programmes and Exhibitions in Rajasthan, Maharashtra, Odisha, Haryana, Karnataka, New Delhi and other states. About 512 Sahaja Agriculture Programmes, workshops, seminars, awareness programmes and shivirs, field days etc. were organized during 2012-2023, which has benefited the lakhs of farmers in various states of the country.

The first major programme on Sahajagriculture in a foreign nation was organized as “Sahaja Yoga and Productivity in Agriculture” on 05.05.2015 at Expo, Milan, Italy, which was attended by delegates of 140 nations. Further, Sahaja Agriculture programme and workshop were organized to educate audience during Shri Krishna and Shri Ganesha Poojas at Cabela, Italy from 18th to 28th August 2017, attended by Sahaja yogis and yoginis from 32 nations. It is important to note that sahajagriculture is being adopted in 25-30 nations now, a positive development on global expansion of Sahajagriculture.

It has been scientifically proven that vibrations of Sahaja Yoga meditation improve the seeds germination, yield and quality of agricultural crops. Through using the Sahaja Agriculture technique, seeds of a crop and water are kept in small pots separately before the photograph of Shri Mataji for vibration over night or 24 hours. Seeds germinate 2-3 days earlier and seedlings attain better growth in the field, giving higher yield on harvesting. Further, providing vibrated water period during irrigation in active growth period of crop result into far higher crop yield (averaging about 15-20% higher than non-vibrated crop) and better quality of seeds.

In order to fulfil demand of farmers, a very simple and practically useful website, www.sahajkrishi.org both in Hindi and English has been launched. It provides information on Sajaja Agriculture techniques, research/ experiments conducted and success stories, literature, exhibitions, trainings and extension services in India and other nations. For more information, please visit the concerned website given above. More details please contact:

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